

to give the necessary impacts which act as a stimulus to action on the lower life wave on which the impact is directed, all development being the result of some kind of musical activity.

Summarizing the foregoing, we find:

Divine Spirit, keynote A# (Bb) major, ruling Life Wave Leo.

Life Spirit, keynote G# (Ab) major, ruling Life Wave Cancer.

Human Spirit, keynote F# major, ruling Life Wave Gemini.

Physical Body, keynote A# (Bb) major, ruling Life Wave Leo.

Vital Body, keynote C natural, ruling Life Wave Virgo.

Desire Body, keynote D major, ruling Life Wave Libra.

Mind, keynote F major, ruling Life Wave Sagittarius.

The chords related to the three powers of the Spirit and man's four vehicles, also all music written in the keynote of the chords can be effectively used in developing man's three spirit powers and the powers of his four vehicles.

## CHAPTER VIII

### THE HARMONY OF THE SPHERES

**T**HE Harmony of the Spheres is not a monotone; it varies from day to day and from month to month as the Sun and planets pass from sign to sign. There are also yearly epochal variations due to the pre-

cession of the equinoxes. There is truly an infinite variety in the Song of the Spheres, as indeed there must be, for *the constant change of spiritual vibration* is the basis of all physical and spiritual evolution. In spring the tones of Aries and Mars, stirring, active—conducive to germination, newness of life and growth in all kingdoms, from man to plant inclusive, predominate. If you would catch a faint idea of what the Music of the Spheres is like at this time listen to such Easter songs as:

*Jesus Christ is risen today, Alleluia!*  
*Our triumphant holy day, Alleluia!*  
*Who did once upon the Cross, Alleluia!*  
*Suffer to redeem our loss, Alleluia!*

Christ Jesus is the personification of spiritual love; therefore music written in the key of Libra (D major), ruled by Venus, the planet of love, is quite in harmony with His vibration, and tends to lift up and harmonize one's own vibration with that of this great Being.

In midsummer the tones produced by Cancer and the Moon take the lead, abetted by those of Leo and the Sun, all of which are conducive to maturing the processes started by the energizing spring tones. Through the summer, love and life toil exceedingly with joyful hearts, for they are Masters in the struggle for existence while the Sun is exalted in the northern heavens at the maximum of his power at the time of the summer solstice. This is the time when the Christ, having reached the throne of the Father (the World of Divine Spirit) after completing His earth work for another year, is welcomed by the heavenly host, the Lords of Wisdom, who also abide there. In honor

of this great One who has given His life to the point of exhaustion, it is appropriate that we join that celestial band in singing:

*All hail the power of (Christ) Jesus name!  
Let angels prostrate fall;  
Bring forth the royal diadem,  
And crown Him Lord of all.*

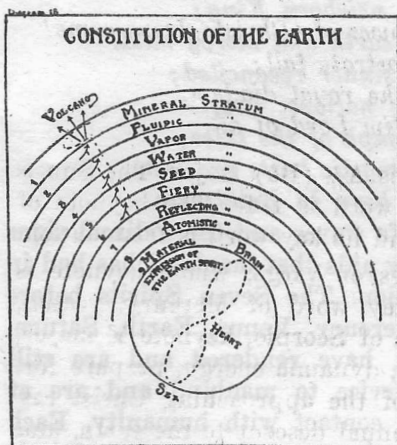
The keynote of Leo is A# (Bb) major. The Sun is its ruler and its key word is Life. The keynote of Cancer is G# major and its key word is fecundation.

In the fall the tones of Virgo, whose keynote is C natural, and the key word of Mercury, reason, energized by the tones of Scorpio, keynote E major, and key word of Mars, dynamic energy, prepare for, and meet the power of the approaching Christ ray which is making its annual descent to the earth, and whose powerful spiritual vibrations are in the earth's atmosphere and capable of use by mankind to a much greater advantage if they know the facts and redouble their efforts to render loving, self-forgetting service to others. Here are the words and music which can be of great assistance to each one in furthering his or her evolutionary development:

*O worship the King all glorious above,  
And gratefully sing His wonderful love;  
Our Shield and Defender, the Ancient of Days,  
Pavilioned in splendor, and girded with praise.*

This is truly so; for all the while Christ is descending to earth a harmonious, rhythmic, vibratory song, a hosanna, is being sung by the celestial hosts, which fills the earth's atmosphere and acts upon all as an impulse to spiritual aspiration.

During winter the tones of the philanthropic Sagittarius, keynote F major, ruled by the optimistic, benevolent planet Jupiter, key word idealism, and the



quiet, orderly Capricorn, keynote G major, ruled by the conservative, enduring Saturn, key word obstruction, with his systematic building activities prepare the earth to receive the love ray of the Christ and nurture it until it is ready for liberation at the center of the

earth and starts on its outward journey toward the earth's periphery, reaching it at the time of the spring equinox. When the days are shortest and the nights longest, on Holy Night, the Christ Spirit ray reaches the very center of the earth. Here He spends three days and nights liberating from Himself the Holy Spirit germinating force which is slowly to permeate the earth and fructify it for another year.

Without this vitalizing, energizing power released by the Christ the earth would remain cold, barren, and drear; all living things would soon perish and all orderly progress would be frustrated so far as our present scheme of development is concerned. It is most fitting, therefore, that at the holy Christmas season we should pour forth our sincere appreciation and adoration by joining the heavenly hosts in songs

of praise attuned to the celestial music given to us by that master musician, the great Felix Mendelssohn

*Hark! the herald angels sing,  
Glory to the newborn King;  
Peace on earth and mercy mild,  
God and sinner reconciled;  
Joyful all ye nations, rise,  
Join the triumph of the skies;  
With th'angelic hosts proclaim,  
Christ is born in Bethlehem.*

The Hierarchical life waves and the zodiacal signs have not been the only aids that mankind has had in furthering his evolution. The Seven Spirits before the Throne, Mars, Mercury, Venus, Earth, Saturn, Jupiter, and Uranus, have rendered and are still rendering a great service to mankind and are at present in very close contact with humanity. Each of these planets has a keynote of its own and it is through the vibratory power of each of these keynotes that the planets are able to render assistance.

During the time the Spirit is coming to rebirth it forms the creative archetype of its physical form in the Second Heaven, the World of Concrete Thought, with the assistance of the Seven Spirits before the Throne. This archetype is a singing, vibrating model, mould—a hollow cavity which is set into action by the Spirit with a certain force commensurate with the length of life to be lived on earth. Until the archetype ceases to vibrate the corresponding form which is built of the chemical elements of the earth will continue to exist.

The Region of Concrete Thought is the realm of sound, where the Harmony of the Spheres, a truly celestial music, pervades all that is there, as the

atmosphere of the earth surrounds and envelops everything here. All things there may be said to be wrapped in and permeated with music—to live and grow by music.

All of this clearly demonstrates that our earth music did not just happen, but that it has been established on a basis found in the higher spiritual worlds, the origin of which is the spoken word of God, the Creator of our solar system.

## CHAPTER IX

### THE ARCHETYPE AND THE PHYSICAL BODY

**N**OTE that the letters of the musical alphabet are: C, D, E, F, G, A, B, which form an interval of seven tones, the basis of the Harmony of the Seven Spheres. Uranus and Neptune's vibrations had no part in man's material progress until much later than Pythagoras' time. However, the most advanced of mankind are beginning to sense their vibrations. The tones of these two planets, added to the seven, make nine, the number of humanity.

The seven major tones of the scale, when correctly sounded, have within them the creative, building powers of God. The manifestation of the minor tones are subjective or assimilative in nature, and do not create. The home of the 5 minor tones is the Third Heaven (Region of Abstract Thought).

When the Spirit leaves the dense body at the time of death it passes through the Desire World, the Concrete Thought World (Second Heaven), and Abstract Thought World (Third Heaven), where it remains



for a time before it returns to rebirth on the earth. When the time for rebirth comes, it leaves the Abstract Thought World and enters the Concrete Thought World.

There the Music of the Spheres at once sets the seed atom of the dense body vibrating, and one of these planets vibrates in particular harmony with the dense body seed atom of the Spirit. Each planetary tone is so modified that it conforms to the basic tone of the planet in harmony with the dense seed atom of the physical body of the Spirit, and is therefore the planetary ruler of that particular earth life of the Spirit.

When the tones of the various planets impinge upon the seed atom of the dense body they each in turn aid in building the Spirit's archetype, and the vibratory lines of force thus formed in the archetype later attract and arrange in proper form the dense atoms of the physical body. Thus both the archetype and the physical body express accurately the Harmony of the Spheres as it was played during this period of archetypal construction.

The length of time which expires from the moment the Spirit leaves the Third Heaven (Abstract Thought Region), until it enters the body of its future mother is much longer than the actual period of gestation (9 months), and varies according to the complexity of the structure required by the Spirit seeking birth. Nor is the process of construction of the archetype continuous; for under certain aspects (squares, trines, et cetera), the planets may produce notes to which the vibratory powers of the seed atom cannot respond; and again, the Spirit simply hums over tones which it has already learned, and thus engaged waits for a new sound which it can use to build

more of the organism by means of which it desires to express itself.

Time is also required to attract the needed material in the various regions of the Desire World (7) out of which to build a new desire body, the archetype controlling the quantity and the desire body seed atom the quality. In the Etheric Region of the physical world not only must material be attracted for a new vital body, but the Recording Angels and their agents must separate a portion of this material from the rest, out of which they form the etheric matrix for the physical body which is to be built later.

Let us remember that we are now working under the influence of the seven tones in the middle of the piano keyboard, which is the middle octave, there being three octaves on each side of it. The lessons belonging to the three lower octaves we should have completed. The lessons belonging to the middle octave we are now learning. Note that the lessons belonging to the lowest octave tones on the piano keyboard, Saturn Period, were on dense body building (Leo keynote is A# (Bb) major) and the awakening of the negative powers of the Divine Spirit.

The lessons belonging to the second piano keyboard octave, Sun Period, were correlated to the tones produced by that octave and were on vital body building (Virgo, keynote C natural), and the awakening of the negative powers of the life spirit, Cancer life wave, keynote G# (Ab) major.

The lessons belonging to the third octave tones on the piano keyboard, Moon Period, were correlated to the tones produced by that octave. They pertained to the building of the desire body (Libra, keynote D major) and the awakening of the negative powers of



the human spirit (Gemini, keynote F# major).

The lessons belonging to the fourth or middle octave tones, Earth Period, have to do with the construction of the mental body and the development of the mind; the most important of these tones to present day humanity is F major, the keynote of the Lords of Mind, the Sagittarians. Man having acquired his dense, vital, desire, and mental bodies, must during the Earth Period learn how to care for them and keep each one in a healthy condition, which depends almost altogether upon the state of mind.

Ordinarily the mind forms a perfect connection between the Spirit and its four vehicles, but it is possible for this connection to become faulty or even entirely disconnected. Then serious mental trouble is likely to be the result. Mental diseases are traceable to the union of the uncontrolled mind with the desire body, or the prolonged violent sounding of any or all of the planetary vibrations either of the Moon, Mercury, Uranus, or Neptune. Used in this way they have the power to wreck not only the mind itself but also the desire body, the vital body, and the physical vehicle, while low, gentle, rhythmic vibrations of those planets will both soothe and heal.

## CHAPTER X

### THE CURATIVE POWER OF MUSIC

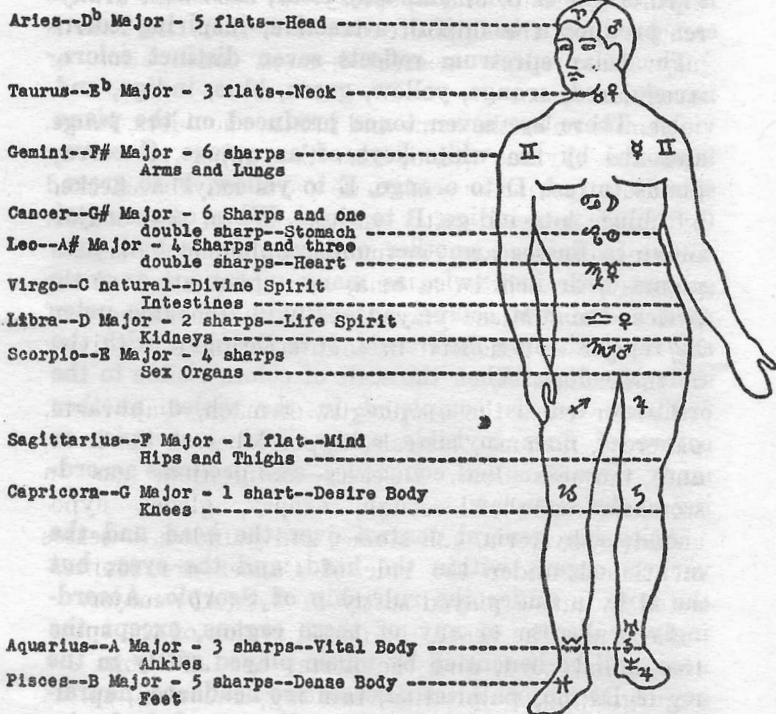
**V**IBRATION is life manifested, and is the origin of all created things that are, or ever have been. Inertia, its opposite, results in separation, disintegration, and decay. Music and color are both the

product of certain rates of vibratory power. Harmonious vibratory rates are healthful, constructive, and building; but discordant ones are destructive and disintegrating even to the point of dissolution. Sound is the origin of color and only clear, melodious sound can produce a beautiful, attractive, inspiring color.

The solar spectrum reflects seven distinct colors, namely, red, orange, yellow, green, blue, indigo, and violet. There are seven tones produced on the piano keyboard by the white keys of an octave. C corresponds to red, D to orange, E to yellow, F to green, G to blue, A to indigo, B to violet. When one musical octave is finished another one commences and progresses with just twice as many vibrations as were used in the first octave. Accordingly the same notes are repeated on a finer scale. It is the same with the scale of colors. When the scale of colors visible to the ordinary eye is completed in the violet, another octave of finer invisible colors, with just twice as many vibrations will commence, and progress according to the same law.

Aries has general control over the head and the various organs within the head, and the eyes; but the nose is under the rulership of Scorpio. Accordingly a disease of any of these organs, except the nose, will be benefitted by music played softly in the key of  $D^b$  major. Aries diseases are headache, neuralgia, coma and trance conditions, diseases of the brain, and cerebral hemorrhages. The remedy used to combat these diseases is music played softly in the key of  $A^b$  major.

Taurus rules the neck, throat, palate, larynx, tonsils, lower jaw, ears, occipital region of the brain, the cerebellum, the atlas, cervical vertebrae, carotid



Right Cerebrum - Mercury  
Left Cerebrum - Mars  
Sensory nerves - Mercury  
Motor Nerves - Mars  
Sympathetic nerves - Moon

Pineal gland - Neptune  
Spinal fluid - Neptune  
Spinal cord - Moon, Mercury, Mars  
Pons Varolii - Sun

The Keynote of the divine spirit is A#.  
The Keynote of the life spirit is G#.  
The Keynote of the human spirit is F#.

arteries, jugular veins, and some minor blood vessels. Music played softly in the key of E $\flat$  major is of great benefit when any of these organs begins to show signs of disease. Taurus diseases are goitre, diphtheria, croup, and apoplexy. As each sign always reacts upon the opposite one, afflictions in Taurus may also produce venereal diseases, constipation, or irregular menses.

Gemini rules the arms and hands, shoulders, lungs, and the thymus gland, also the upper ribs. Any disease attacking one of these parts may be checked by music played softly in the key of F $\sharp$  major. Gemini diseases are pneumonia, pulmonary diseases, pleurisy, bronchitis, asthma, and inflammation of the pericardium. Music played softly in the keynote of F $\sharp$  major is beneficial in counteracting the activity of these diseases.

Cancer rules the œsophagus, stomach, diaphragm, pancreas, mammæ, lacteals, upper lobes of the liver, and thoracic duct. Diseases—indigestion, gas in stomach, cough, hiccough, dropsy, gloom, hypochondria, hysteria, gall stones, and jaundice. Diseases mentioned under the rule of Cancer are counteracted by music played softly in G $\sharp$  (A $\flat$ ) major.

Leo rules the heart, the dorsal region of the spine, the spinal cord, and the aorta. Leo afflictions are regurgitation, palpitation, fainting, aneurism, spinal meningitis, curvature of spine, arteriosclerosis, angina pectoris, hyperæmia, anæmia, and hydræmia. Music played softly in the key of A $\sharp$  (B $\flat$ ) major brings relief to sufferers of these diseases.

Virgo rules the abdominal region, the large and small intestines, the lower lobes of the liver, and the spleen. Afflictions of Virgo produce peritonitis, tape-

worm, malnutrition, interference with the absorption of the chyle, typhoid fever, cholera, and appendicitis. The music best played to relieve any of the foregoing afflictions is that of C natural softly rendered.

Libra rules the kidneys, the suprarenals, the lumbar region of the spine, the vasomotor system, and the skin. Libra diseases are polyuria, or suppression of the urine, inflammation of the ureters which connect the kidneys with the bladder, Bright's disease, lumbago, eczema, and other skin diseases. Music for the treatment of these diseases is played softly in the keynote of D major.

Scorpio rules the bladder, urethra, genital organs in general, also the rectum and descending colon, the sigmoid flexure, the prostate gland, and the nasal bones. Scorpio diseases are nasal catarrh, adenoids, and polypi, diseases of the uterus and ovaries, various venereal diseases, stricture, and enlargement of the prostate gland, irregularities of the menses, leucorrhœa, rupture, renal stones, and gravel. The keynote of Scorpio is E major. Music played softly in this key dispels Scorpio diseases.

Sagittarius rules the hips and thighs, the femur, ilium, the coccygeal and sacral regions of the spine, the iliac arteries and veins, and sciatic nerves. Music played softly in the key of F major is the best treatment for these diseases.

Capricorn governs the skin and the knees, and also has a reflex action on the stomach which is governed by the opposite sign, Cancer. Music played softly in the key of G major is best for healing Capricorn diseases, which are as follows: eczema and other skin diseases, erysipelas, leprosy, and digestive disturbances.

Aquarius rules the ankles, the limbs from the knees to the ankles, and also has a reflex action on its opposite sign, Leo; hence afflictions in Aquarius produce varicose veins, sprained ankles, irregularities of the heart action, and dropsy. The keynote of Aquarius is A major. Music played softly in that key is best for healing the diseases common to Aquarius.

Pisces governs the feet and toes. It also has a reflex effect on the abdominal region governed by the opposite sign Virgo, hence afflictions in this sign indicate trouble and deformities of the feet, intestinal diseases and dropsy; also desire for drink and drugs which may bring about delirium tremens. Music played softly in the keynote of B major is best for combating the diseases herein mentioned.

## CHAPTER XI

### INVISIBLE HELPERS AND HEALING

**S**PIRITUAL healing as carried on by the Rosicrucian Fellowship is done by the probationers, who work at night while out of their dense bodies which are asleep. They are called Invisible Helpers, because they cannot be seen by ordinary vision. Their healing work depends on the following prime factors: The vital body pitch of the patient and that of the probationer Invisible Helper healer must be in perfect harmony. (This is taken care of by the Elder Brothers.) The probationer Invisible Helper in his or her waking consciousness must have decided to



become a ready healing helper on the invisible plane. Such helpers must be probationers for the reason that at the time they dedicate themselves to probationership they begin to vibrate in unison with the Elder Brothers of the Rose Cross Order, and each morning, when they perform their morning exercise of concentration, they strengthen this vibration.

Invisible Helpers are of inestimable value for the following reason: The vital body of the patient in which the Helpers work has a tone all its own (which is determined by the rising sign), and Invisible Helpers are selected by the Elder Brothers and sent to work on the patients whose vital body pitch or tone is in perfect harmony with that of the Invisible Helper selected. This is the key to the success of Invisible Helper work. The probationer Invisible Helper in his or her *waking consciousness* has made up his *mind* to be a ready worker on the invisible plane, and being attuned to the vibration of the Elder Brothers, they, the Brothers, then supervise the work.

This is the reason why a probationer nurse in our own sanitarium is of inestimable value, for note: such a nurse is tuned to both the keynote of the patient's vital body and to the vibration (tone) of the Elder Brothers, who are the head of all the *spiritual* work carried on here. As no one ever becomes an Invisible Healer until he or she has made up his *mind* to become one, and since the development of the mind is the principal work of the Earth Period, it is quite necessary that we give some attention to how mental development is accomplished.

No spiritual development can be accomplished without the aid of the mind, for the mind is the

link between the Spirit and its lower vehicles. The Spirit's powers are developed by the soul essence, pabulum, food extracted from the threefold body; the mind is the only means of transmitting this food essence to the Spirit. The more developed the mind is, the more efficient it becomes as a conductor of pabulum from the three vehicles, physical, vital, and desire bodies, to the Spirit.

In the Earth Period the Lords of Mind radiated from themselves into man's being the germ of a mind. The keynote of the Lords of Mind (Sagittarians) is F major. Its scale has one flat, namely Bb. Any music written in the key of one flat will tend both to influence and to develop man's mental powers. Examples: *America; Work, for the Night Is Coming; Where He Leads Me I Will Follow*. The chords of F major are:

					Bb	
A	G	A	Bb	A	G	A
F	E	F	F	F	E	F
C	C	C	D	C	C	C
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F ch.	C ch.	F ch.	Bb ch.	C ch.	C7th ch.	F ch.

The Spirit is entirely in the physical world while it lives its earth life, *except* when the body is asleep or unconscious for any other cause. During waking hours the Spirit is *indwelling* and contacts the outside world consciously through the power of the mind. The more developed the mind, the better the Spirit is able to contact the outside world. At the present time the mind is an unformed cloud which penetrates and surrounds the head. The mind has not as yet evolved any organs. It acts like a mirror

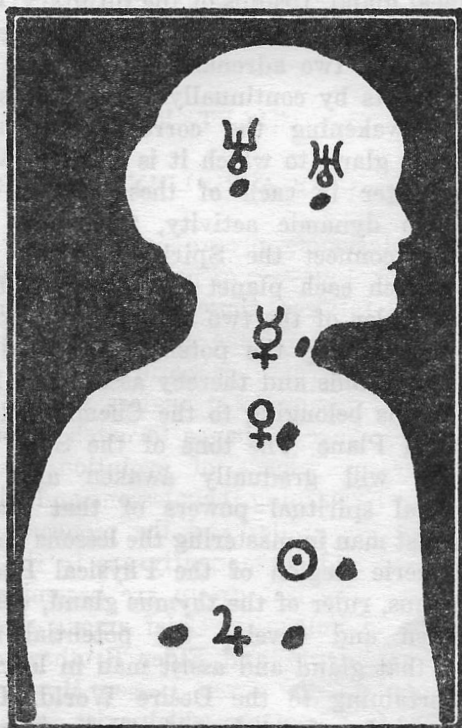
reflecting the outer world and enabling the Spirit to transmit its commands as thoughts and words, and to compel action. The Spirit generates the thought, and injects it into the mind, the mind passes it on to the brain centers, and the brain centers transmute it into incentive to action.

At the present time, however, the mind is not focused in a way that enables it to give a clear and true picture of what the Spirit imagines. It is not one-pointed. It gives misty and clouded pictures. Hence the necessity of experiment to show the inadequacies of the first conception, and bring about new imaginings and ideas until the image produced by the Spirit in mental substance has been reproduced in physical substance.

At the best, we are able to shape through the mind only such images as have to do with *form*, because the mind was not started until the Earth Period and therefore is now in its *form* or mineral stage; hence in our operations we are confined to mineral forms. We can imagine ways and means of working with the mineral forms of the three lower kingdoms but can do little or nothing with living bodies. It is true that we do graft living branches to living trees, living parts of animal or man to other living parts, but it is not life with which we are working; it is form only. True, we are making different conditions, but the life which *already* inhabited the form makes the permanent connections, and not the man. All forms created by man are lifeless and will continue to be so until the mind becomes alive—that is to say, until it reaches a plantlike stage in its development.

Three of the ductless glands are closely con-

nected with the mind of man. The seven ductless glands, mentioned by Max Heindel as the seven roses on the cross of the vital body, are all spiritual centers correlated to Neptune, Uranus, Mercury, Venus, the Sun, and Jupiter. Neptune is the ruler of the pineal gland, Uranus of the pituitary, Mercury the thyroid, Venus the thymus, the Sun the spleen, and Jupiter the two adrenals. The keynote of each of these planets by continually sounding its tone is gradually awakening the corresponding spiritual center in the gland to which it is related. When the spiritual center in each of these glands becomes aroused into dynamic activity, the seven ductless glands will connect the Spirit with the invisible plane to which each planet is correlated. The tone of Jupiter, ruler of the two adrenals, will gradually awaken and develop the potential spiritual powers of these two glands and thereby assist man in learning the lessons belonging to the Chemical Region of the Physical Plane. The tone of the Sun, ruler of the spleen, will gradually awaken and develop the potential spiritual powers of that gland and thereby assist man in mastering the lessons pertaining to the Etheric Region of the Physical Plane. The tone of Venus, ruler of the thymus gland, will gradually awaken and develop the potential spiritual powers of that gland and assist man in learning the lessons pertaining to the Desire World. The tone of Mercury, ruler of the thyroid gland, will gradually awaken and develop the spiritual powers of that gland and thereby assist man in mastering the lessons pertaining to the World of Thought. The tone of Uranus, ruler of the pituitary body, will gradually awaken and develop the potential spiritual



THE DUCTLESS GLANDS AND  
THEIR RULERS

powers of that gland and assist man in learning the lessons pertaining to the World of Life Spirit. The tone of Neptune, ruler of the pineal gland, will gradually awaken and develop the potential spiritual powers of that gland and assist man in mastering the lessons pertaining to the World of Divine Spirit.

## CHAPTER XII

### MUSIC AS A BUILDING POWER

**I**N the evolutionary progress of humanity there are four distinct classes of people at the present time, namely: the failures, those who have definitely lost out in the present scheme and will have to go back to the beginning (another Saturn Period) and commence all over again; the stragglers, who, if they work hard enough, have a chance to catch up and go on in our present scheme of evolution; the masses, who are slowly learning their lessons and will without doubt make the grade; and the pioneers, who have forged ahead and consequently are in the vanguard of evolution. The last group are becoming teachers and leaders of humanity. Chief among them are the lay brothers, adepts, and Elder Brothers composing the members of the seven Lesser Mystery Schools and the five Greater Ones which exist on earth today.

In the far off past man's principal lessons were related to body building, including the physical, vital, and desire bodies, and while doing this work he was directed and assisted by the eleven creative Hierarchical life waves preceding his own and the