

Your Child's Horoscope

If the readings given in this department were to be paid for they would be very expensive. for besides typewriting, typesetting, plating of the figure, etc., the calculation and reading of each horoscope requires at least one half day of the editor's time. **Please note that we do not promise anyone a reading to get them to subscribe.** We give these readings to help parents in training their children, to help young people find their place in the world, and to help students of the stellar science with practical lessons. If your child's horoscope appears, be thankful for your luck. If it does not, you have no cause for anger at us.

We Do Not Cast Horoscopes.

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal and giving us the trouble of returning their money. Please do not thus annoy us: It will avail you nothing.

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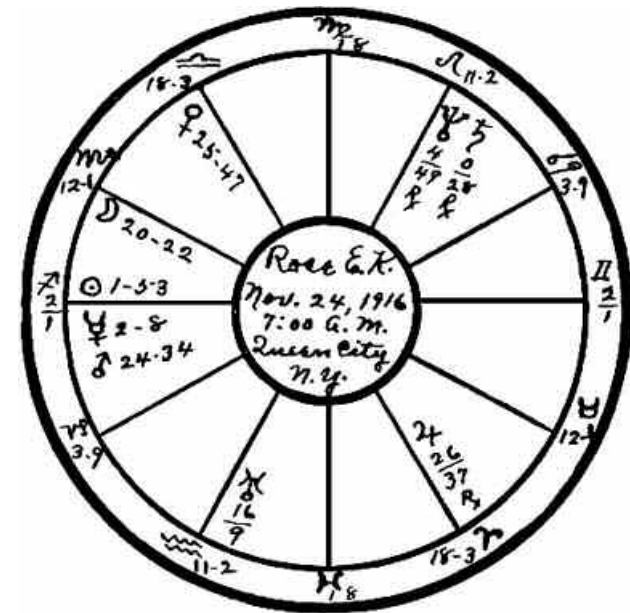
Rose E. K., born Nov. 24, 1916, 7 :00 A. M.,
Queen City, N. Y.

who know her. She will be rather serious even in childhood and show a preference for the company of older people. She will also be mechanical and clever with her hands.

Mars, the planet of energy, enterprise, and enthusiasm, sextile to Venus, the planet of beauty, love, and art, shows that though cautious and careful, Rose will be enthusiastic in both work and play, endowed with a keen business instinct, and capable of earning considerable money, but also free and generous with it to gratify her desire for dress, display, and pleasure. Bearing in mind the configuration between Mercury and Saturn, the planet of thrift and acquisition, it is safe to say that she will always save part of what she earns and see that it is well invested, so that there is sure to be a comfortable balance on the credit side of her bank book.

Mars is also trine to Jupiter, the planet of opulence, optimism, and benevolence. This adds to the testimony of the preceding aspects, giving Rose added executive ability, earning powers, vim, and vigor. It makes her more free, generous, ambitious, optimistic, and opulent, increasing the respect she will enjoy in the community.

We also find the vital, venturesome, and authoritative Sun trine to the deliberative, persevering, tactful, cautious, methodical, and thoughtful Saturn. This will endow Rose with both courage and caution, so that while she may sometimes seem rash she will never be foolhardy but will carefully consider the cost of a venture and gauge the obstacles; thus, she will surely gain her object. She will not use force, however, but tact, diplomacy, and perseverance. She will be very



At the time of Rose's birth, we find Mercury, the planet of mind, expression, and manual dexterity, trine to Saturn, the planet of concentration, forethought, caution, tact, and diplomacy. This gives Rose a deep, penetrative mind, capable of looking ahead, planning every step in life, so that she will always be able to do the right thing at the right time. It gives her a splendid memory, which is a very valuable asset in life, and also caution, tact, and diplomacy, so that she will not only look before she leaps but be able to gain her points in a most astonishing manner.

These qualities will make her well fitted to hold a very responsible position in life. She is sure to rise thereby and enjoy the respect and esteem of all

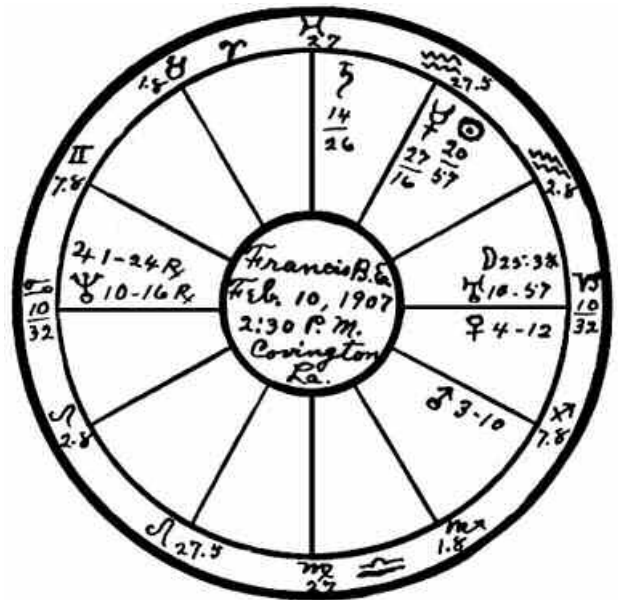
orderly, systematic and methodical, qualities which all make for success in life. The Sun attracts money, and Saturn, as already said, is the planet of thrift and he will help her lay up a snug fortune which will grow by careful investments.

That is the bright side of life, testified to by the several aspects outlined in the foregoing, but there is also a shady side to Rose's nature, as of every other human being. This is indicated by a negative, dreamy, visionary, vacillating and worrisome Moon, square to the unconventional, fanatical, and irrepressible Uranus, also by the malicious, melancholy, pessimistic, and obstructive Saturn, square the sensual and slothful Venus. This shows that under certain planetary conditions Rose may exhibit some of these undesirable characteristics, but as the good aspects are so preponderant and strong, there is no need of great worry on that score.

It will, however, be well to bear these matters in mind and order her education during the years of childhood in such a manner as to eradicate them as much as possible. For remember it is during the first years when the brain and mind are most plastic that the lasting impressions are made which remain all through life, and if you strive to teach her the right way of living, there is no doubt that it will at least have a considerable influence in life later on. Thus you will be helping her in a great measure to overcome her faults. And as there are four common or mutable signs on the angles, it seems certain that she is sufficiently plastic for you to do a great deal of good by the proper educational efforts.

With respect to health, we find the vital Sun trine to the persistent and persevering Saturn. This shows that whatever vitality she has will be conserved to the utmost and therefore she will have a strong, tenacious hold upon life. But Saturn is in Leo, the sign which governs the heart, and we may therefore look to that as the weakest point in the system. You should be careful not to allow her to overtax that organ by too strenuous exercise. If you teach her by precept and example to live a simple plain life, she will be much helped thereby.

Francis B. E., born February 10th, 1907, 2 :30 P. M., Covington, La.



At the time of Francis' birth we find the deliberate, persevering, tactful, cautious, methodical, and thoughtful Saturn trine to the occult, inspirational, spiritual, and devotional Neptune. This will give Francis the spirit of prophecy and devotion, inspiration and aspiration towards higher ideals. It will also make him philosophical and capable of deep concentration. The sextile of the mechanical Saturn to the advanced, original, independent, and liberty-loving, inventive Uranus will give him original, intuitional, and inventive abilities, but also a dislike for restraint and conventionality. Hence he will be outside, apart, and different from the common run of humanity and is apt to be much misunderstood.

The harmonious, artistic, beautiful, suave, and lovely Venus sextile to the mental, alert, eloquent, literary, and dexterous Mercury will quicken the mentality, give him considerable facility of expression and make him a good speaker and conversationalist. It will also give him vocal ability, literary and artistic instincts, with considerable manual dexterity which will give him musical technique of no mean quality.

Mercury trine to the law-abiding, conservative,

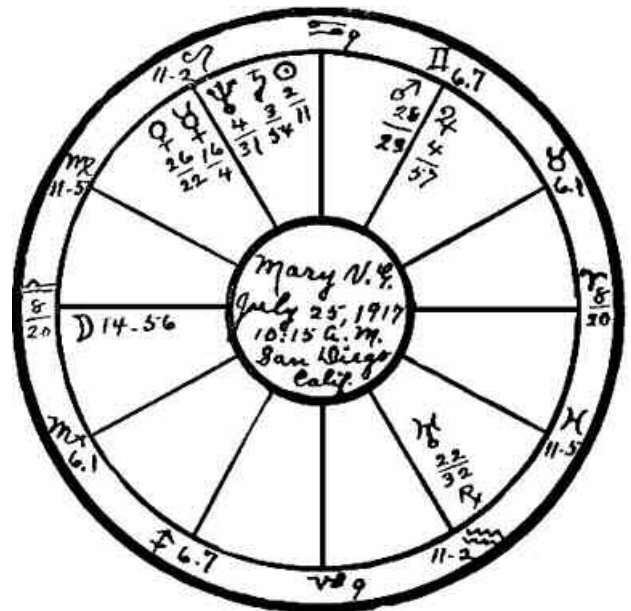
reverent, religious, opulent, and benevolent Jupiter will add to the above qualities, besides giving him a free, frank, jovial, cheerful, and optimistic disposition. It will also give him executive ability and a moderate degree of financial success.

But this all depends upon how far Francis will overcome the lack in his nature which is primarily indicated by the lazy, ambitionless, unsuspected Sun and the negative, dreamy, visionary, vacillating, unsuspected Moon, whose indications are strengthened by the weak, watery sign Cancer on the ascendant. All these go to show that Francis lacks ambition, energy and enterprise to bring out the good qualities. Unless he can be roused and driven to exert himself, he will make a failure of his life. The restless, profane and untruthful Mercury is square to the destructive, discordant, and hot-tempered Mars, giving him other undesirable characteristics, and we are sorry we did not have the privilege of casting this horoscope ten years ago that we might have warned you then. But he is still young and you have probably observed some of these tendencies and striven to correct them. So with added energy in that direction and with an appeal to his better nature, indicated by the good aspects, he may yet become a credit to your upbringing and you will have rendered this soul a great service. Above everything, be sure that you do not foster the laziness which is latent in him, but use whatever means may be necessary, even if they are harsh, to drive him to exertion, for so long as he is not forced during childhood's years to exert himself he will bury all that is good for the sake of escaping toil.

With respect to health we find that the weak sign Cancer is rising, with the dreamy, indolent Neptune on the ascendant in opposition to Uranus, the planet of spasmodic action. This shows that Francis is not a very strong child and in this fact he may see and you may find an excuse for lassitude and lack of exertion, and it is a foregone conclusion that he will always be more active mentally than physically. Nevertheless, in order to preserve health and keep well, he must have a certain amount of exercise, and unless the inherent weakness is strengthened by exercise, this condition will grow worse instead of better as he advances in

years. Saturn in Pisces, the sign which rules the feet, gives a tendency to cold in that region and may also have something to do with the general debility. Therefore it should be carefully seen to that these extremities are kept warm and dry. He will not be very robust at any time but there is no reason why, with ordinary care, he should not enjoy good health if a simple diet is adopted, for Neptune in Cancer, the sign which rules the stomach, will not allow of great excesses without giving trouble.

Mary V. G., born July 25th, 1917, 10 :15, A. M., San Diego, California



At the time of Mary's birth we find four cardinal signs on the angles and this shows the promise of an active life for her. The versatile, quick-witted, eloquent, literary, and dexterous Mercury sextile to the magnetic, imaginative, plastic, and changeable Moon gives her a bright, versatile nature, a quick wit, a vivid imagination and a magnetic personality, literary instincts, the ability to fit into almost any place and turn her hand to anything that comes along. There is a tendency to frequent changes but she will usually better herself by this method.

The law-abiding, conservative, reverent, optimistic, opulent, and benevolent Jupiter sextile to the vital, venturesome, and authoritative Sun will give her a cheerful, sunny and jovial disposition

and make her a leader in her sphere of life. It will bring her respect and esteem in the community and it will also give her an executive ability which will bring her to the front as a leader and a public character, make her prominent in politics and matters connected with philanthropy. It will bring her very considerable wealth, for Saturn, the planet of acquisition, is also sextile to Jupiter, the planet of opulence. She will have many sincere and influential friends and enjoy the good in life to an unusual degree.

Jupiter sextile to the cautious, deliberate, methodical, persevering, thoughtful, tactful, and thrifty Saturn will make her a strong personality, persevering, patient, and persistent in whatever she undertakes; cautious, diplomatic, and thoughtful in her dealings with others, so that she will usually be able to gain her point no matter how strong the opposition, but being sincere and imbued with a strong sense of justice she can be relied upon not to take undue advantage of anyone. This aspect will also strengthen the executive and organizing ability conferred by Jupiter sextile to the Sun and make her a capable judge of the value of investments, adding also the acquisitiveness and thrift necessary to hold together and increase what she acquires by legacy, marriage, and her own efforts.

Jupiter sextile to the occult, prophetic, spiritual, devotional, and musical Neptune shows that she has a strong strain of occultism in her make-up that will probably take expression regardless of the Jupiterian tendency to orthodoxy, love of red tape, and respectability. This may give a slight tendency to lower her in the eyes of bigots such as are everywhere to be found but it will give her satisfaction of soul found in no other manner.

The enterprising, energetic, enthusiastic, and constructive Mars sextile to the harmonious, artistic, beautiful, and suave Venus will give her added vim, vigor, and vitality, love of pleasure, and a very affectionate and demonstrative disposition and equable temper. This also is a good aspect for money-getting but it makes her free and generous in expenditure for pleasure. Thus she will never be miserly as if the Saturnine acquisitiveness ruled alone. Even Jupiter is not overly free in spending unless afflicted.

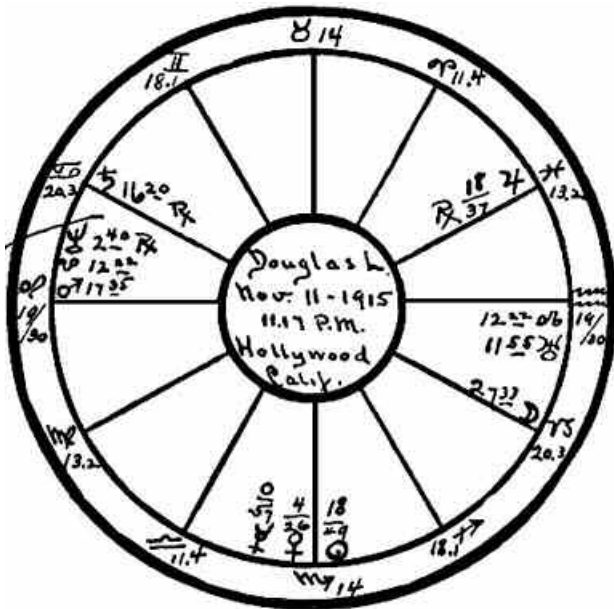
But after viewing the sunny side of her horoscope we must also take a look at the shadows for it is perhaps more important to find out what hinders than what helps in life. If we can remove the obstacles from the road we are more likely to run the race of life without stumbling.

The danger point in Mary's life is indicated by the sensual, slothful, dissolute, vulgar, and lazy Venus in opposition to the licentious, unconventional, fanatic, and irrepressible Uranus. The good aspects nullify most of these undesirable characteristics. She will never be slothful and lazy and she has too great a regard for the esteem of the community to do anything openly unconventional. At the same time, this aspect indicates too advanced views on the sex question, especially during the younger years and the courtship period will be found particularly dangerous. Therefore she should be carefully taught to reverence the established ideas on this subject and to avoid even the slightest appearance of evil, for youthful missteps sometimes cast a shadow over the whole life. But forewarned is forearmed, so by watchful care and the right teaching you can undoubtedly help her through the crisis.

With respect to health we find that the life-giving Sun is in conjunction with the obstructive Saturn in Leo, the sign which rules the heart. This shows that there is a tendency to heart trouble, but like all other things, this may be overcome if rightly handled and taken in time. It is said that the chain is no stronger than its weakest link, but if too great a strain for the weakest link is not put on the chain, it will hold anyway. So be careful during childhood and the growing years that she does not indulge in too strenuous exercise; running, jumping, and such sports should be particularly avoided. You cannot, of course, strap her in a chair and roll her in cotton, but by telling her and by being yourselves careful in what she is allowed to do you may help her to strengthen the heart during the growing years when the organs are most liable to be over-strained, Then in later life, if you do this, the organ will probably do its work all right. There is one thing in her favor: She has a very equable temper, so that the heart is not likely to be over-strained from that point. The Moon is the particu-

lar significator of health for a woman and she is in Libra, the sign ruled by Venus. This is quite a good testimony of health and if you teach her the ordinary care of the body that a child should be taught and to be moderate in her diet, she will probably go through life in fairly good health.

Douglas L., born Nov. 11th, 1915, 11:17 P. M., Hollywood, Calif.



At the time of Douglas' birth we find four fixed signs on the angles showing that he will be very set and fixed in his character. Therefore it is important that the parents should begin his training during the earliest years of life when he is at least somewhat impressionable, for later on it will be practically impossible to mold the character and eradicate any hidden faults which may there be found.

We first notice that the life-giving Sun is trine to Jupiter the planet of benevolence, opulence, joviality, and good-fellowship. This is one of the best signs of a successful life for it imparts to those who have it a radiant health, good humor, kindness, and helpfulness which attracts others to them by bonds of friendship and fellow-feeling. People like their genial manner. Therefore Douglas will be of an optimistic, hopeful and helpful disposition, strong and self-reliant, which will make him very popular among his associates and it will also give

him good executive ability so that he will find himself in comfortable financial circumstances.

Saturn, the planet of tact, diplomacy, system, method, memory, and forethought, is trine to the life-giving Sun and to Jupiter, the planet of authority and executive ability. This strengthens the foregoing aspect between the Sun and Jupiter, giving him in addition keen penetrative powers of mind, forethought, memory, tact, a calm, clear head, dispassionate, discriminating judgment of men and affairs which will fit him to hold a responsible position and become a leader in his sphere of life.

Mercury, the planet of expression, mind, and manual dexterity, is conjoined with Venus the planet of beauty, art, and music in the energetic martial sign Scorpio. This will give him an artistic turn of mind, add keenness to his reasoning power and give him a fluent, soft and suave expression; also considerable dexterity so that he will be able to turn his hand to almost anything.

This is the strongest side of Douglas' nature, for the trine aspect between Saturn, Sun, and Jupiter will have the most powerful influence in his life. But there is also another side which is not so good. This is indicated by the turbulent planet Mars placed in the wild and beastly sign Leo, square to the life-giving Sun, showing that at times he may become subject to unreasoning fits of temper and anger which will hurt him physically by weakening the heart and giving it a tendency to palpitation. Possibly if this is carried far enough even heart failure may result and it should therefore be your most serious care to train him from the very earliest years to keep cool under all circumstances. This aspect gives a tendency to fevers and inflammatory diseases, also to burns and other accidents, but as both Saturn and Jupiter are supporting the life-giving Sun, you need have no fear about the ultimate outcome. He is sure to survive. There is nevertheless a danger which threatens him from another quarter. This is shown by Mercury, the planet of mind, square to Neptune, its higher octave, and to the Moon, the planet of illusion and hallucination. Neptune and the Moon are also opposing each other from the sixth and twelfth houses, which have to do with disease, sorrow, trouble,

self-undoing, mediumship, etc., and it indicates that he will form a strong attraction at some time of life for spiritual phenomena. If he should yield to this desire he is apt to lose control of himself and become obsessed by discarnate spirits which may then cause a loss of mental balance. For that reason you should never allow him to be in company of persons of a mediumistic turn of mind or to attend gatherings where spirits are evoked.

Vocational Readings

Virginia W., born September 2nd, 1899, 11 A.M., Ottawa, Kansas.

At your birth we find the quick-witted, versatile, eloquent, literary, and dexterous Mercury is the most highly elevated planet. He is sextile to the enthusiastic, enterprising, energetic, constructive Mars and trine to the cautious, deliberate, methodical, persevering, thoughtful, tactful, and thrifty Saturn. This shows that you have an unusually quick, keen, and active mentality, a splendid, retentive memory, ability of expression, a versatile, constructive mind, and manual dexterity above the average.

The vital, venturesome, and authoritative Sun is conjoined with the harmonious, artistic, beautiful and suave Venus in the 10th house governing social standing. This shows that you will be a leader in your sphere of life and may rely on the esteem and friendship of those in authority or higher in the social scale. Taking this configuration together with the first mentioned Mercurial aspect, this indicates that you will succeed as a teacher and rise to a leading position as principal or higher.

The conjunction of the Sun and Venus occurs in the sixth house sign Virgo, which has to do with disease, diet, and service. Both are sextile to the benevolent, optimistic, and opulent Jupiter in the twelfth house which governs hospitals and kindred institutions. He is in the great healing sign Scorpio. This indicates that you will be able to do a splendid work as a nurse if that profession should appeal to you more than teaching, and you will also secure ample financial success, no matter what

occupation you enter into. But in our opinion teaching will suit you best.

With respect to marriage, we find that the Sun, being the significator of marriage for a woman, in conjunction with Venus, the planet of love, and sextile to the benevolent Jupiter, shows that there is much happiness in store for you when that event takes place. Altogether, we may say that you have been born under both lucky and beneficent stars.

Robert P. A., born March 27th, 1904, 1:45 P. M., Meadville, Pa.

At the time of your birth there were four fixed signs on the angles showing that you are a strong character, well fitted to bring your life to a successful issue. The magnetic, imaginative, plastic, and changeable Moon, rising in the fixed sign Leo, trine the versatile, quick-witted, eloquent, and literary Mercury and trine to the vital, venturesome Sun, also trine to the law-abiding, conservative, optimistic, and opulent Jupiter, which latter is called the professional planet, show that you have a number of fine qualities in your make-up. The configuration of your Sun, Mercury, and Jupiter occurs in the ninth house governing law and religion. The martial sign Aries is on the cusp and as the energetic Mars is there also, we would judge that religion would not be in your line as a vocation, but it is a fine indication for success as a lawyer and it promises financial compensation far above the average.

The before-mentioned characteristics and indications are strengthened by the enthusiastic, enterprising, and energetic Mars sextile to the cautious, deliberate, methodical, and thoughtful Saturn from the seventh and ninth houses. This aspect will give forethought coupled with caution, tact, and diplomacy, all valuable assets, especially in law. Choose your education with this end in view; join debating societies and clubs of a similar nature where it may be possible for you to practice oratory and develop the logic and eloquence latent in you. This will give you valuable early practice and open up the way for you to a successful career. It is a very fine horoscope and you cannot make a mistake. You are bound to win.

Comets and Their Influences

HENRY CLAY HODGES

WE give some interesting data which, when understood from a scientific point of view, shows much in harmony with the truth that signs shall be given through the stars in the heavens.

In the month of August, year one thousand one hundred and ninety-three B. C., there appeared in Gemini a comet of most dreadful aspect, visible throughout Egypt, and immediately followed by the death of King Amenemas. In the year four hundred and seventy-nine B. C., a comet was observed by the Grecians, which was crooked like a horn and lasted twenty-two days. During this time occurred the sea fights at Salamis. In the year four hundred and thirty B. C., a fiery red comet hung over Athens for seventy-five days. During this time the Peloponnesian War began. In three hundred and seventy-one B. C., there was a great comet, like a bean, extending over a third of the heavens. This was at the time of the inundation and earthquake in Achaia. In three hundred and fifty-six B. C., at the birth of Alexander, appeared a comet at first bushy and bearded, which afterward took the form of a spear. In one hundred and ninety-four B. C., at the birth of Mithridates, King of Pontus, a comet was visible of extraordinary size and splendor. In one hundred and eighty-three B. C., a comet in Pisces, bright as the sun, was coincident with the death of Scipio Africanus, and again at the death of Caesar. In the year twenty-one of the Christian era, there appeared a great comet in Virgo, the ruler of Jerusalem. This comet took the form of a sword directly over that city. This occurred on Easter Sunday, the 8th of April. It was visible the whole year, until the taking of this city by Titus. In the year two hundred and eighteen, a great comet was visible in Pisces eighteen days, during which time Heliogabalus defeated Macrimus and became Emperor of Rome. In three hundred and twenty-three, a comet in Virgo appeared coincident with Constantine's victory over Lucinius, and in three hundred and thirty-seven, another comet in Aries, of terrible grandeur, was

simultaneous with the death of Constantine. In three hundred and ninety-two, a small, bright comet appeared in the heaven above Rome. The same night Valentinian, the emperor, was strangled. In four hundred and eight there was a great comet in Virgo; this lasted four months, during which time Rome was sacked by the Goths under Alarac, whose two previous invasions in three hundred and ninety-six and four hundred and two had been marked by a sword comet. On the 14th of August, four hundred and eighteen, a comet in Libra announced the revolt of Britain. In four hundred and twenty-three there was a terrible comet of the nature of those called *Leriniti*, which foretold the war between Rome and the Persians. In four hundred and fifty-five, Rome was sacked by Genseric; at the same time appeared a comet of great magnitude. In December, five hundred and thirty-nine, a large comet appeared in Sagittarius, which remained about forty days, during the course of which two hundred and fifty thousand persons perished by the earthquake at Antioch.

In five hundred and forty-six, a comet, in the shape of a lance, was visible over the city of Constantinople, and during the time that it remained ten thousand persons died daily of the plague. In five hundred and seventy another comet appeared, coincident with the taking of Italy by the Lombards. In September of six hundred and two, a comet, a sword shape, hung over Constantinople, and the execution of Emperor Maurice followed. In May, six hundred and four, a bright comet was visible at Rome, and Gregory the Great died. In six hundred and thirteen, a fiery comet, lasting a month, hovered over Rome, and the Persian War began. In the year eight hundred, a large but mild and beneficent comet was visible with the transfer of the empire of Charlemagne, and another, in November of eight hundred and fourteen, was immediately followed by his death. In the year one thousand one hundred and six, a comet was seen in the east, sending beams, like burning torches and fiery darts. This marked the beginning of the crusaders. In July of one thousand two hundred and sixty-four, appeared in Taurus a comet of most signal magnitude. This remained three months, and disappeared the night Pope Urban the Fourth died. —*Stellar Ray*

Studies

in

The Rosicrucian Cosmo Conception

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The Rosicrucian Catechism

Alfred Adams

The Chemical Region of the Physical World
(Pages 29 to 34, Cosmo-Conception)

Continued from last month

- Q. Is this deduction disputed?
A. Some scientists contend that there is feeling in all tissue, living or dead, even in minerals.
- Q. What contention is advanced by other investigators along this line?
A. Other investigators teach that there is no feeling in the human body except in the brain, which is the seat of all feeling.
- Q. Why are both positions taken partly right, and how can you illustrate them?
A. It depends upon what we mean by "feeling." If we mean response to impact, of course it is correct to attribute feeling to mineral, plant, and animal tissue; but if we mean pleasure and pain, it would be absurd to attribute them to the lower forms of life.
- Q. By whom and for what purpose were we placed in this physical environment?
A. By the great and wise beings who carry out the will and design of God, for the purpose of teaching us great and important lessons which could not be learned under other conditions.
- Q. What is our duty in this connection?
A. To use our knowledge in the higher worlds in learning the lessons which this material world has to teach us.
- Q. To what is the physical world compared?
A. To a model school or experiment station where we are taught lessons that help us to work correctly in other worlds.
- Q. Are these lessons imparted to us if we do not know of the other worlds?
A. They are imparted to us, and it proves the great wisdom of the originators of the plan.
- Q. Why was this plan adopted?
A. Because, if we had knowledge of none but the higher worlds, we would make many mistakes when only physical conditions were encountered.
- Q. How can you illustrate this point?
A. An inventor builds a machine in thought and it appears to perform the work it was intended to do. He next makes a drawing of the design and finds that modifications are necessary. Then further modifications are required before the machine will perform its work. He may have to remodel it entirely, or, perhaps, evolve a new plan. So, if there had been no material machine constructed, making evident the faults of the first idea, a second thought would not have been formed.
- Q. To what other conditions of life does this plan apply?
A. To social, mercantile, and philanthropic. Many plans appear excellent and look well on paper, but when brought to the actual test, they fail

- Q. Why should we not be discouraged with such reverses?
 A. Because "we learn more from our mistakes than from our successes."
 Q. Then what is the proper light in which to regard this physical world?
 A. As a school of valuable experience in which we learn lessons of the utmost importance.

The Etheric Region of the Physical World
 (Pages 34 to 38, Cosmo-Conception)

- Q. Which part of the physical world is practically unexplored by material science? The etheric region, which is the invisible intangible world.
 A. The etheric region, which is the invisible intangible world.
 Q. Which of the invisible substances is known to science and what can you relate in regard to it?
 A. The invisible substance known as air. Science knows that it exists, its velocity as wind can be measured, and it can be made visible as liquid by compression.
 Q. What conditions exist in relation to ether?
 A. Science admits that there is a finer substance that it knows about and it calls this substance "ether." It does not really know that it exists or what it is, as it is altogether too elusive for "the wizard of the laboratory." He cannot measure, weigh nor analyze it in any way.
 Q. What is the best way to learn the secrets of nature?
 A. By improving the investigator and not by inventing instruments.
 Q. What means of investigation are used by occultists?
 A. They use senses and faculties which eliminate distance, compensate for lack of size, and enable them to hear sounds that are inaudible to the outer ear.
 Q. What comparison can you make in regard to this spiritual perception?
 A. It is as much greater than the power of a telescope or microscope as these instruments exceed the power of the human eye.
 Q. Is ether a tangible substance to the trained clairvoyant?
 A. It is as tangible as are the solids, liquid and gases

- of the chemical region to ordinary beings.
 Q. How many classes or states of ether are there and what are their names?
 A. Four, known as chemical ether, life ether, light ether and reflecting ether.
 A. How does the chemical ether manifest itself?
 A. This ether is both positive and negative.
 Q. What forces work through this ether?
 A. The forces which cause assimilation and excretion.
 Q. What is assimilation?
 A. The process whereby the nutritive elements of food are incorporated into the body of plant, animal, and man.
 Q. How do these forces work?
 A. They work along the positive pole of the chemical ether and attract the needed elements, building them into the forms concerned.
 Q. Do these forms act blindly or mechanically?
 A. No, they act in a selective way, thereby accomplishing their purpose, which is the growth and maintenance of the body.
 Q. How is excretion carried off?
 A. It is carried on by the same forces, working along the negative pole of the chemical ether.
 Q. What is accomplished by this pole?
 A. It expels from the body the materials in the food which are unfit for use, or those which have outlived their usefulness.
 Q. Do we have control over these processes?
 A. We do not. They are independent of man's volition.
 Q. Which forces operate through the life ether?
 A. The forces which have for their object the maintenance of the species, propagation.
 Q. How many poles has the life ether?
 A. Two, the positive and the negative.
 Q. Which forces work along the positive pole?
 A. Those which work in the female during gestation.
 Q. Which forces work along the negative pole of the life ether?
 A. The forces which enable the male to produce semen.

(To be Continued.)

Nutrition and Health

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To the slaughter I condemn;
No Flock that roam the valley free,
Taught by the power that pities me,
I learn to pity them.

Goldsmith

What Causes Delirium?

THAT Delirium Tremens is the direct result of overindulgence in alcohol is well understood. But how does such overindulgence act? And why should some hard drinkers never “see snakes,” while other and much milder victims, visualize them to such a degree that loss of life follows? According to an editorial writer in *The Journal of the American Medical Association*, these are still mysteries. Theories of delirium tremens are not wanting, but they are so many as to indicate that the truth is yet undiscovered in its completeness.

There appears to be an interesting, though disquieting, reason for revival of research in the subject just now. The writer tells us that since the Harrison Narcotic Law went into effect, many drug habitues, having exhausted their supply and failing to obtain more, have turned to alcohol as a substitute. In some who had been drinking for years, the sudden and marked increase in the amount of liquor consumed has led to the frequent occurrence of delirium tremens. After noting that “chronic alcoholic poisoning. produces well-known changes in the central and peripheral nervous system,” he adds, in substance:

“As yet, however, no changes have been found in the brain which explain why a man who has been drinking for years suddenly develops a delirium which runs a definite course of from three to five days, or even longer.

“It has been thought that delirium tremens is an acute infection occurring in chronic alcoholics. Nevertheless, many cases run their entire course

without fever, and Nonne found blood-cultures negative in fifteen consecutive cases examined by him. Dolken believes that continued drinking of alcohol results in the production of a poisonous substance in the brain itself, and that an accumulation or concentration of this substance produces delirium tremens. Jacobson explains the delirium as an autointoxication, the toxin arising from the ‘pneumococcus gaining entrance through the liver, the kidneys, or the intestinal tract, and acting on a brain, which has been poisoned over a long period of time by alcohol. The view of Hertz differs from this in that the supposed poison which precipitates the delirium comes from an insufficiency on the part of the kidneys. According to Bonhoeffer, chronic alteration in the intestinal tract is responsible for the elaboration of poison which is normally excreted through the lungs. Wagner von Jauregg believes that the liver, rather than the lungs, is the organ which fails to eliminate the poison, and he thinks that this failure is due to the changes occurring in the liver in chronic alcoholism. Kauffman has asserted that this poison is a carbon-derivative acting on a medulla altered as a result of chronic alcoholism. He believes that the delirium will persist until the production of this carbon-derivative stops.”

All of these theories presuppose a poisoned central nervous system. It has been objected, however, that many chronic drinkers never suffer delirium. It has been suggested that different poisons may result from excessive drink and that only one of these may cause delirium tremens. There are, however, still other theories:

“The possibility that delirium is due to an

increase in the pressure and amount of the spinal fluid has recently been considered. Jauregg, of Vienna, assumes that the body of chronic alcoholics protects itself by the production of an anti-alcohol which is of the nature of an antitoxin. When a hard drinker suddenly stops taking alcohol, this anti-alcoholic substance, having no alcohol to which to affix itself, acts on the body in such a manner as to produce delirium tremens. Hare maintains that the development of delirium is due to a sudden fall in the amount of alcohol circulating in the blood of alcoholics. His evidence is drawn from a study of seventy-five cases, in nearly all of which there was a great reduction in the amount of alcohol absorbed prior to the onset of delirium."

An increasing number of doctors are beginning to realize that many, if not most, of the diseases to which mankind is subject are due to the state of the mind and the emotions we entertain. They know that joy and sorrow, optimism and pessimism, are great and determining factors with respect to health and disease. They realize the healing effect of faith and hope and the debilitating action of fear and worry in advancing or retarding convalescence. Examples are not wanting to show that fear can kill and that hope may resurrect one who is standing upon the brink of the grave and almost as good as dead. Yet in so many instances they cling furiously and tenaciously to the materialistic explanations instead of seeking for a psychological source of disease. This is the case with *delirium tremens*. In the theories concerning this disease which have been recorded in the foregoing, several of them have come curiously close to the spiritual reason but have failed to find the solution to the query because they did not go far enough. Alcohol is a spirit and *only spirit can act upon spirit*, hence when it is taken into the human body it has a direct effect upon the spirit in man. The idea that delirium is due to an increase in the pressure and amount of the spinal fluid is partially right but it should be remembered that the so-called spinal fluid is not a fluid at all during the life of man. This assertion is made with full knowledge of the fact that surgeons have repeatedly tapped the spinal canal and extracted spinal fluid therefrom.

But it might as well be said that steam is a fluid because the engineer can draw water out of a boiler wherein the steam is generated. By the aid of the spiritual sight it is "easy to observe that the spinal fluid, when the human being is alive and in normal health, is a gaseous or even ethereal substance, which is ruled by the mystic planet Neptune, that holds the key to the invisible worlds. In the course of human evolution, by a pure life, *the spinal spirit fire* is enkindled and set into vibration to such an extent that it also vibrates the pituitary body and the pineal gland, two mystic organs whose functions the scientists are still unable to determine. One is ruled by Uranus, the planet of intuition, and the other by Neptune, the planet of divinity, and just as the electric arc plays between the positive and negative carbon electrodes in an arc lamp, producing a brilliant light which illumines all the surroundings, so also when this spinal spirit fire plays between these two little organs, are they illumined and the man enabled to see that which was hitherto invisible, for we know that vision depends upon the rate of vibration and the vibratory rate set up between these organs is of the same pitch as that which prevails in the invisible world.

Similarly, when a man takes the spirit of alcohol into his body, the whole structure commences vibrating at a different rate from that which previously prevailed. A high pressure is set up in the spinal canal by the alcoholic spirit vibrations and in some cases the arc is formed between the pituitary body and the pineal gland of the drunkard so that also he becomes attuned to the invisible world.

But let it be understood that just as there are a number of vibrations in the solar spectrum determining what we sense as the various colors, so also in the invisible worlds are there different strata, each with its own vibratory rate, and each stratum is inhabited by the beings who vibrate to that condition. Thus the spinal spirit fire generated by the legitimate means of high and noble ideals, a pure and noble life, generate a vibration which correlates the spirit to what we might call the angelic regions; but the low and bestial vibrations generated by the alcoholic spirit takes its devotee into the bestial regions where the low and sensual desires and emotions of mankind—passion, lust, hatred,

greed, and malice—embody themselves in the demoniac shapes seen by the victim of alcoholism.

Nor should it occasion surprise that, as said in the article quoted, some hard drinkers never become subject to attacks of delirium tremens, while others who do not drink nearly as much are gripped by the disease. It all depends upon the nature—whether sensitive or insensitive, emotional or cold-blooded. No other drugs affect all people alike, therefore it should cause no surprise that alcohol also acts differently on different people.

The Stellar Ray and Nutrition

Food has three principal constituent elements: *proteid*, which repairs tissue; *carbohydrates*, which are converted to sugar and furnish power; and *fat*, which is the reserve supply stored in the body for use in emergencies. Digestion is also threefold: in the mouth sugars are extracted, but saliva does not act on the proteids and fat; in the stomach gastric juice converts proteids to peptones, but does not act on the fats and sugars; in the intestines pancreatic juice breaks up the fat into minute particles, which are mixed with water (lymph) into a milk-like fluid called chyle. Digestion of sugars and proteids, which is only partially accomplished in the mouth and stomach, is also completed in the intestine.

The *sugars* and peptones extracted in the mouth, stomach, and intestine, are carried via the portal vein to the liver, there waste material is extracted as bile, and the cleansed nutrient stream passes on to the heart, via the hepatic vein and inferior vena cava, to serve the immediate needs of the body.

Fats, when changed to chyle are absorbed by the lacteals (milk-carriers) attached to the intestine, go through the thoracic duct situated in front of the spinal column, to the left subclavian vein. There it enters the blood going to the heart. When more nourishment is taken than required, the fat is stored for future use.

The Moon rules the digestive organs, also lymph and chyle. When Saturn afflicts the Moon, metabolism is obstructed, lymph and chyle are not secreted in sufficient quantity to keep the body

plump, hence the withered appearance of such people. Mars controls muscular movements, and muscles are similar in construction to an electromagnet; desire currents circle around the *origin* and exert a magnetic pull upon the *insertion*. When Uranus is square or opposition Mars muscular rheumatism results, but Saturn rules the bones, hence he produces articular rheumatism. Mars is responsible for the inflammation in both diseases.

Mental Control of the Crippled Heart

Many persons with crippled hearts live for years; others succumb in a few months. The "Doctor" offers the following explanation of this difference in the longevity of heart-disease patients: "There is as much difference in patients with crippled hearts as there is in those with crippled arms or legs. One man who has lost both arms will learn to use his toes and his mouth in an amazing number of ways; he may even become self-supporting. Another will do nothing and remain a whining invalid. It is the same among heart cases; among those which are apparently afflicted alike, some will lie down and die while others get up and lead long, useful lives.

We have the old phrases, "strong-hearted," "stout-hearted," and "bold-hearted," and there is no doubt that the man who has a physically sound heart is far better able to withstand the strokes of adverse fortune than he who is handicapped with poor circulation. But the physical organ has an astonishing power of recuperation and of adapting itself to the unfavorable conditions; that is, when other factors within the individual are working in harmony with it."

It is now known that the peculiar substances which we call the "internal secretions" have a very distinct action in controlling the heart. And "the latest investigations have progressed a step further and have shown that these internal secretions are largely influenced by the mental state. For instance, worry or other strong emotions will entirely upset some of these processes, changing the very chemical reactions and causing actually morbid states of the system. This discovery will

explain the good results which faith-healing has upon many disease processes; the mind is put into a state of calm confidence, of strong hope, which tends to bring these internal secretions back to normal and thus restore the proper functioning of the organs.” —*Selected*

Muscle Debility and Motor Driving

It is a matter of common observation that locomotive engineers tend to be corpulent. This is a concise way of saying that an increasingly thickened layer of fat is deposited in the abdominal region, with a corresponding weakening of the abdominal muscles, which indicates that these muscles are not being used to any very great extent. This lack of use, together with the fact that the engineer keeps in a sitting posture most of the time, tends to weaken the abdominal muscles in the same manner that the office chair relaxes the muscles of the sedentary man.

Motor driving, even of a very active type, such as driving in congested city districts, tends to produce this same result. Such driving brings into play almost all of the other important groups of muscles in the back, legs and arms, in manipulating clutch, brake, and wheel; but there is no movement in driving that necessitates, or permits the use of the abdominal muscles. Meanwhile the “double up” position of the driver relaxes these muscles.

Since motor driving has become part of our daily existence, and tends to tone up most of the muscles, the habitual driver of otherwise sedentary habits should take some means of toning up this neglected group of muscles. It can be done satisfactorily and effectively by two minutes exercise each day. This consists in lying flat on the back with the toes hooked under some stationary object, such as a bureau or bedstead, and then raising the body to a sitting position a few times without using the hands. This is the best possible exercise for the abdominal muscles—as the soreness of these muscles on the day following the first effort will indicate. But it does the work and if repeated half a dozen times each morning before dressing will keep the muscles in excellent tone. —*Selected*

“In God We Trust”

President Wilson’s proclamation that all people observe May 30th as a “day of fasting and prayer” has set into action a wave of spiritual faith and trust in the minds of all those who believe in the power of God. The war-stricken people of Europe have prayed for peace ever since the beginning of the conflict, and we are informed that their churches, that were sparingly attended before the war, are now filled to the doors.

This dependence upon a higher power to solve the great problems of life that confront the human family, must become more pronounced before we shall find the basis of permanent peace.

The whole world needs educating in the Truths taught by Jesus. “When every government on earth recognizes the law stated by Jesus to be the “whole law,” then and then only will men find the standard of true interrelation. This law which Jesus stated, and which wise men are discovering is the very foundation of peaceful existence, was given by Jesus in these few words: “Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second like unto it is this, Thou shalt love thy neighbor as thyself. On these two commandments hangeth the whole law, and the prophets.” —*Weekly Unity*

The Secret of Happiness

The lessons taught by the greatest moralists, from Marcus Aurelius down to Maeterlink, is that happiness springs not from pleasure or the avoidance of discomfort, but from self-mastery and the unfolding of the inner powers. There are still, and probably always will be, those who can conceive human progress only as a gain in material welfare; but on the whole, the consensus of feeling seems to be more and more moving toward a moral and idealistic interpretation of life, and men are slowly learning that evil is to be controlled and spiritualized rather than abolished, and that it is possible to be happy without being comfortable.

—Daniel Gregory Mason

Menu from Mt. Ecclesia

Breakfast

Cantaloupe
Rice Waffles and Maple Syrup
Milk or Coffee

Dinner

Cream of Lettuce Soup
Baked Stuffed Egg Plant
Scalloped Potatoes and Onions
Rye Bread and Butter
Milk

Supper

Fruit Salad
Date and Nut Sandwiches
Whole Wheat Gingerbread
Tea or Milk

Recipes

Rice Waffles

One and one-half cups of flour, two teaspoons baking powder, one-half teaspoon salt, mix well. Work into this while dry one tablespoon of butter, one and a half cups of cold boiled rice, gradually adding one cup of milk and one-half cup of the rice water. Then gradually add one egg, beaten separately. Bake in oiled waffle irons and serve with maple syrup or honey.

Fruit Salad

Garnish a plate with very thinly sliced peaches, covering the entire plate. Into a mixing bowl put one cup of apples, peeled and cubed, one cup of cantaloupe and watermelon, peeled and cut in cubes, one cup of pineapple, also chopped in small pieces. Mix and place on plate with the peaches, pouring the pineapple juice over it. A few grated nuts and chopped dates will improve it.

Scalloped Potatoes and Onions

Peel and slice raw potatoes very thin, putting a layer of them in an oiled baking dish, over this place a layer of finely chopped raw onions, another layer of potatoes, another layer of onions, and bread crumbs over the top. When the dish is filled, season with salt, pour over sufficient hot skim milk to cover the potatoes. Bake one hour in a hot oven.

The Staff of Life

Never in history has there been so much written, and so much value placed upon a slice of bread as there is at present. The papers are full of it. Everybody is being cautioned to save the flour and save the bread. It behooves us all to do our bit to help the world to feed the many hungry ones, and our soldier boys who are doing so much in bringing about everlasting peace. In the restaurants one slice of bread is all that is served; placards are placed on the walls advising everyone to eat more vegetables, more potatoes.

The American housewife has wasted as much white flour as many European mothers have had to feed the family. It is good for her to learn this lesson of economy; her child has been given a large piece of bread and allowed to go out to play, after taking one or two bites the rest is thrown away; it was never taught the value of this staff of life. Each slice weighs about an ounce and contains about three-fourths of an ounce of flour. Never has the Mother had such an opportunity to study economy, and while she is learning this lesson, which we all need, she is saving many lives, helping to feed those who are needy, and who would not have the bread wherewith to feed their hungry. By this self-denial we are carrying on Christ's work, by feeding the suffering and stricken ones in the warring countries, so let us not miss this opportunity to *serve*.

Echoes from Mt. Ecclesia

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A Talk in the Pro-Ecclesia

ANNALIE JOSEPHA BELL

EVERY morning in our service in the Pro-Ecclesia we ask that we may, by loving, unselfish service, be brought nearer to God. We ask it for one day at the time and that is sufficient. Loving, unselfish service! That phrase has become so familiar to us that perhaps we do not always stop to think of its meaning. It sounds beautiful, and when we say it there is an up-reaching and an earnest thought in our minds; we are sincere and honest in this prayer. But there must be more than that if we would make it a reality in our lives.

In one of our monthly lessons we are told that the main value of our teachings is not to be found in the explanation of the Twin Law of Causation and Rebirth; not in the explanation of the complex constitution of man; not in the knowledge concerning death and the passing of the spirit into the unseen realms. Knowledge of these is a great help when we have reached a point in our lives where these things appeal to us. But to many people it is as yet unessential.

What is service? To some of us the word "service" brings to mind tasks which must be done perhaps not unwillingly, but yet with a little bit of a moan deep down in our insides; duties which we are glad to be able to perform, but which are done with a sigh and a "How long, O Lord, how long!" That is service of a kind and the doing thereof brings its reward. But that which is done from the fullness of the heart because in our gratitude to the Father of our being we must express the love which he planted in our hearts, that is the true service. And it is not always a service performed with hands. As you pass along the city street and see a sister or a brother who has fallen low, do not let the

thought of repugnance or condemnation or "Thank God, I am not like you," gain a foothold. See in that one the good. He too started as a spark from the Father of us all and he too embodies the latent God qualities. Stop and think a moment: Would you be doing as well as he, had you the same surroundings, the same obstacles to overcome, and the same trials? Put yourself "in the other fellow's place" and be perfectly honest about it. Mercy and pity, not condemnation, will then possess you. You will say to him in your mind. "How beautiful and lovely is the God of you, the real you," and you will have only compassion for the present phase, knowing that it is but passing, and that the latent good will in time shine forth. Thus too you are rendering service, for as surely as thoughts are things and as like responds to like, that spirit will respond in some measure and will be upheld and helped, though it be ever so little, along its rough path. In the *Cosmo-Conception* we are told that "Seeking for the good in evil will in time transmute the evil into good—will have the effect of disintegrating the evil and substituting the good" and that the "occult scientist practices very rigidly this principle of looking for good in all things because he knows what a power it possesses in keeping down evil."

Again, as the little trying and annoying things come to us during the day, let us endeavor to do every duty and every task to the greater glory of God our Father, for were it not for that Father's love we would not have the ability to do it. He spoke the creative fiat and out of chaos, his own substance, came forth all things. We are thus made of the very substance of that Father of us all. It is He who started us on this path of evolution to "Godhood like unto Himself," and surely the least we can do is to remember in everything, from dish-washing to the highest intellectual and spiritual service to humanity, that He has given us the life

and the power, and to show our gratitude to Him by doing each task lovingly and well. Thus we ennoble the most menial labor, for it is not the act, but the way it is performed, that means so much. This too is service and in the doing thereof will come the reward. Try it. Before each task and during it, take time to speak silently to God—the God within you, if you will—“I thank Thee, Father, for this opportunity and for the ability to do this thing. Help me to do it in the best possible way, to do it lovingly and in Thy praise.” You will find more joy in the doing and more ease and efficiency. Your heart will be more likely to sing and “continually praise the Lord, thy God,” and praise is gratitude.

Service has many guises. We cannot always choose the special kind we would render. But if we will gladly and lovingly do everything which comes to our hand, greater things will come. The big opportunities often look very insignificant when we first meet them and are not recognized. Only when they are gladly shouldered do they show themselves in their true light.

We are all so human. When we have done for someone something which seems rather big, there is a temptation to think, “There, that was *quite* a service: I have surely gained some growth and some reward for that,” and to pat ourselves on the back. Not so with the little things. They seem too small for us to think of them again after they are accomplished, and yet, they sometimes bring more growth because they require more persistent effort and patience. And they are so numerous that all the little services to God and humanity, well done, far outweigh the occasional big ones.

Let us try to consecrate ourselves anew each morning. Let us ask that we may *this* day live in such a way that we may become worthy of that God spark within us—the real I—and that by lives of sweetness, of love, of true wholesomeness of mind and body, we may prove faithful stewards of the gifts we have been enabled to develop. Soul-growth cannot help but follow such lives. The world will call it true gentleness and courtesy. In Christ’s parable it called forth, “Well done, good and faithful servant.”

The big things are usually taken care of, for one big effort is comparatively easy to make. It is the

little daily things which we must watch, the daily trifles which we must raise to our high level, not allow ourselves to sink to theirs; they make up the sum and substance of life, and if we take one day at a time, determining *this* day to live worthily, we will gain the victory that will lead to greater heights; we will gain a radiance that is not of the flesh, a radiance of love and compassion which will flow from us and heal all who come within its vibrations. Was it not that which was felt by all who came near the Christ, our great example on the path?

Then we will not need to preach our beliefs. Our lives will preach for us, for practice is far more convincing than words. Then when we have gained the love of our neighbors, their respect for the upright, loving lives we lead, then will come the opportunity to “preach” this gospel of gladness, these truths which have helped us, for when we have put them into practice, then can we “speak as one having authority” and not until then.

Tagore writes, and it seems to me that it is a good daily prayer:

This is my prayer to Thee, My Lord:

*Strike, strike, at the root of penury in my heart, .
Give me the strength lightly to bear my joys and sorrows:*

Give me the strength to make my love fruitful in service:

Give me the strength never to disown the poor nor bend my knees before insolent might:

Give me the strength to raise my mind above daily trifles:

And give me the strength to surrender my strength to thy will with Love.

What is music? This question occupied my mind for hours last night before I fell asleep. The very existence of music is wonderful, I might even say miraculous. Its domain is between thought and phenomena. Like a twilight mediator, it hovers between spirit and matter, related to both, yet differing from each. It is a spirit, but spirit subject to the measurement of time; it is matter, but matter that can dispense with space. —Heine,

The Rosy Cross Healing Circle

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On the Witness Stand

Healing Meetings

Healing meetings are held in the Pro-Ecclesia at Headquarters on the nights when the Moon enters Cardinal Signs in the Zodiac. The hour of service is about 6:30 p.m. The virtue of the Cardinal Signs is dynamic energy, which they infuse into every thing or enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour: 6:30 p. m., meditate on Health, and pray to the Great Physician, our Father in Heaven, for the restoration to health of all who suffer, particularly for those who have applied to Headquarters for relief.

At the same time visualize the Pro-Ecclesia where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated purpose.

We print herewith some letters from people who have been helped, also a list of dates on which Healing Meetings are held.

DATES OF HEALING MEETINGS

September 7—14—21—27

October 4—12—18—24—30

CHRISTIAN MYSTICISM BY CORRESPONDENCE.

A course of monthly letters and lessons are issued by the Rosicrucian Fellowship to aid those who wish to probe more deeply the Mystery of Life and Being. Upon request the General Secretary may admit students to the preliminary degree, but advancement in the deeper degrees depends upon merit.

Grand Rapids, June 24, 1918

Rosicrucian Fellowship

Dear Friends: I have gained wonderfully in health the last week. I am sleeping good, better than I have for a long time. Please to continue the treatments and accept my heartfelt thanks for the good you are doing me.

Yours respectfully,

_____ L. S.

Columbus, Ohio, June 29, 1918

The Rosicrucian Fellowship, Oceanside, Calif.

Gentlemen:

I thank you for all you have done for me. As the weeks roll by I notice a remarkable change, and to whom other than you do I owe it? I have felt better in the last two weeks, than for months. Furthermore, I have been able to work constantly.

Gratefully,

_____ R. E.

Bethlehem, Pa., July 28, 1918

The Esoteric Secretary

Rosicrucian Fellowship

Dear Friend: I have to report great improvement and unbounded gratitude for the same. Such a relief! The pain and inflammation has almost disappeared from the legs for the first time in weeks. Improvement has been very rapid since Thursday. The good osteopath thinks he did it, but I know better, though he has helped too. I am doing the best I can to carry out the instructions you have so kindly given me. Am also drinking grape juice which is recommended in the *Cosmo*.

With many, many thanks to the Leaders and Helpers, (I hope they will look after me until I get well again) and all good wishes,

Sincerely yours,

E. H. P.