

different effect of the blue ray and the red ray is due to this cause. The difference between the ray of Saturn and the ray of Jupiter is in the rate of vibration. It is taught and demonstrated in common science that these differences exist.

The Sun, the Moon, and the planets represent different sources of radiant energy in the Solar System.

Light at one rate of vibration produces one effect, and at another rate produces a different effect. Consider the depressing or stimulating effects of various colors.

The angle of incidence modifies the effect of the light ray. The same light acting at one angle produces a certain effect, and at another angle it produces another and different effect. At one angle a light ray will promote life and growth; at another, it will retard or destroy.

The phenomena of the changing seasons are the direct result of the change of angle of incidence of the Solar Ray.

One set of vibrations may interfere with and modify the effect of other vibrations. The Astrologer calls these results *Squares* or *Oppositions*.

One set of vibrations may energize the effect of another set of vibrations. The Astrologer calls these results *Sextiles* or *Trines*, and with the squares, oppositions, and conjunctions, they are termed the *Aspects* of the planets.

Every form of matter absorbs light to some extent and is radioactive. Every form constantly sends out its own characteristic vibrations.

The Mighty Heavenly Bodies send out each its characteristic vibrations which reach and affect all life upon earth. These effects are physical, vital, emotional, and psychological.

Through text books and instruction we learn the individual nature of each planetary vibration.

The angles of the planetary rays are figured mathematically by means of an Ephemeris and Logarithmic Tables.

The First Breath of Radiant Atmosphere Inhaled by the New-Born Infant Thrills Its Sensitive Little Body with the Rates and Qualities of Vibrations Then Prevailing, and Becomes the Keynote of Its Nature All Through Life.

God set the Sun in heaven and round it there
Wrought the huge orbs that sail the sea of air.
In these He locked Himself, in each a part,
His Power, His Knowledge, His All-loving Heart.
And lo, at length He saw set forth in space
The flawless mirrored likeness of His Face.

AS HANDY AS A KITCHENETTE

Dear Jane:

I feel not only pleased, but honored to be the first to receive the first copy of the new *Tables of Houses*.

After you went home last night, I examined it, and my delight and admiration grew.

I was prepared for clear type of a size easy for the eyes, but not prepared to find it a handy Atlas as well.

Usually, to set up a figure has meant: to drag out a heavy Atlas from the bottom shelf of the book-case, look for a convenient place to spread it out, and, after finding what I want, return it to its place. Now all you have to do is get your little book, and there you are—as handy as a kitchenette.

These series will become classics among Astrologers, as the other publications are among occult students.

Dorothy D. B.

HEAR NATURE CALLING

Do not look for iron for the blood in a bottle or in the pill box, but call upon nature, she is the best doctor in the spring of the year, when she so generously supplies man with fresh lettuce, dandelion, spinach and many other tempting greens that can be prepared in salads. These should be eaten every day in their natural state. Go out into your little garden and pull a fresh carrot or a few stalks of asparagus and eat them after rinsing under the faucet. A few hours of gardening and digging in the soil and sunshine will supply the best tonic for an anemic, nervous and run-down invalid. Follow this advice each day and you will not need the doctor's visit and the druggist's medicine. Get your iron tonic and oxygen from nature.

The Children of Taurus--1918

Born April 21st to May 20th.

EDITOR'S NOTE—It is the custom of astrologers, when giving a reading requiring as data only the month in which the person is born, to confine his remarks to the characteristics given by the sign the Sun is in at the time. Obviously, however, this is a most elementary reading and does not really convey any adequate idea of what these people are like, for if those were their sole characteristics there would only be twelve kinds of people in the world. We are going to improve upon this method by giving monthly readings that will fit the children born in the given month of that particular year, and take into consideration the characteristics conferred by the other planets according to the sign wherein they are during that month. That should give a much more accurate idea of the nature and possibilities of these children and will, we hope, be of some use to the many parents who are not fortunate enough to have their children's horoscopes cast and read individually. We keep these magazines in stock so that parents may get such a reading for children born in any month *after* June, 1917. The price of back numbers is 25c each.

It is not easy to become intimately acquainted with the children of Taurus, for though as a rule they are very amiable and suave when talking about other subjects, they are generally as close as clams with respect to things that concern themselves. They practice assiduously the advice of "Bobby Burns,"

*With heart sae free your story tell
Unto a bosom cronie,
But still keep something to yourself
You scarcely tell to ony.*

And if anyone tries to break through that reserve he will meet with a resistance so stubborn that in the end he is forced to abandon the effort. If the children of Taurus determine to do something, whether good or ill, they usually accomplish their object no matter what the obstacles, for they simply lock their teeth like a bulldog and hang on till they have gained their point, even at the cost of their own lives or the lives and happiness of everyone near and dear to them.

Once a great determination has been formed, they are no more amenable to reason than a stone. In any case, they are extremely set in their opinions, also cunning and diplomatic, so that when they do not or cannot gain their ends by force, they will try other and more subtle methods. It is good to have an opinion and the backbone to stand up for it, so the principal question is

whether they are right or not, and therefore the education of a Taurus child involves a very considerable responsibility on the part of the parents, for there is no doubt that even with the inflexible Taurian disposition the character is somewhat plastic in childhood and may be modeled to a great extent by the parents. It is also of prime importance to the conscientious parent to remember that whatever habits and characteristics may be thus inculcated in childhood will stay with the



child its whole life, and the parents will therefore be to a great extent responsible for the child's success or failure.

The love nature of the Taurian children is very strong, but this year's crop will be very turbulent in that respect and have considerable trouble on account of unbridled passion, for we find Mars, the planet of dynamic energy and turbulent passion, in mundane square to Jupiter, the planet of self-indulgence, and Venus, the planet of love, which is placed in the 12th house sign Pisces, indicating sorrow trouble and self-undoing. Hence we may judge that these children should be brought up with extra care as regards morality. Otherwise, the intemperate and unbridled indulgence of the passionate nature is apt to cause them great sorrow and trouble in life. They are apt to

turn their energies to destructive purposes, unless they are kept carefully in line. Uranus, the planet of originality and independence, in the intellectual sign Aquarius, in mundane trine with Jupiter who is placed in the Mercurial sign Gemini, shows a mind of a high intuitive order, but restless and independent. This is further accentuated by the mundane square of Uranus to Mercury, the planet of reason. If they can only be steadied down they will be very valuable in the world's work, but otherwise, they are apt to become a source of trouble to themselves and others.

With respect to health, we find that Mars, the planet of dynamic energy, is in mundane trine to the vitalizing Sun, which is placed in the strongest sign of the zodiac Taurus. This will give these children an abundant vitality and even if at times they should be taken down with sickness, they

will have such wonderful recuperative power that they will be over it and out in short order. They are very fond of good things to eat, but the more sparing they can be in their mode of living, the better it will be for them because there is a tendency to obesity in the later years, and this will make them very uncomfortable, especially as Saturn and Neptune are in Leo, the sign which rules the heart. It requires more energy for a fleshy person to move about than for people of normal weight. This, therefore, involves an extra strain on the heart, from which it should be spared. Parents of Taurus children ought, therefore, to teach them as simple a mode of living as possible in childhood's days, then when the habit has once been formed it is not so likely to be broken in later years, and this may save considerable pain and sickness.

Your Child's Horoscope

If the readings given in this department were to be paid for they would be very expensive. besides typewriting, typesetting, plating of the figure, etc., the calculation and reading of each horoscope requires at least one half day of the editor's time. **Please note that we do not promise anyone a reading to get them to subscribe.** We give these readings to help parents in training their children, to help young people find their place in the world, and to help students of the stellar science with practical lessons. If your child's horoscope appears, be thankful for your luck. If it does not, you have no cause for anger at us.

We Do Not Cast Horoscopes.

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal and giving us the trouble of returning their money. Please do not thus annoy us: It will avail you nothing.

ROSARIO G., born Feb. 15, 1905, 12:20 Noon, Madrid, Spain.

At the time of Rosario's birth the intellectual sign Gemini was rising, with the Moon, the planet of emotion and imagination, conjoined with Neptune, the planet of impressionability. This will give her very strong emotions and a fertile imagination beyond the ordinary intuitional faculty. She will be able to sense things about her in a most uncanny manner, and arrive at the right conclusions concerning whatever may engage her attention. We also find in this horoscope two aspects which make for general good fortune in life; namely, the Sun sextile to Jupiter, the planet of benevolence, geniality, and good fellowship, and Jupiter sextile to Saturn, the planet of system, method, prudence, diplomacy, thrift, and executive ability. These two aspects show that Rosario is a strong personality, capable of forming accu-

rate judgments concerning business matters, and she will in time work herself up to a very responsible position, where her systematic and thrifty methods and her organizing abilities will bring her considerable gain and wealth. It shows that she will have influential friends on whom she may rely for help whenever necessary, that she will be very much respected, for she wants to comport herself in such a manner that she may gain and keep the respect of society, and even should temporary misfortune befall, she has by these aspects a hopeful mind that will tide her over until things adjust themselves and take their ordinary course. It is also foreshown that she will be very popular, for she is sincere, frank, generous, and genial, as a rule.

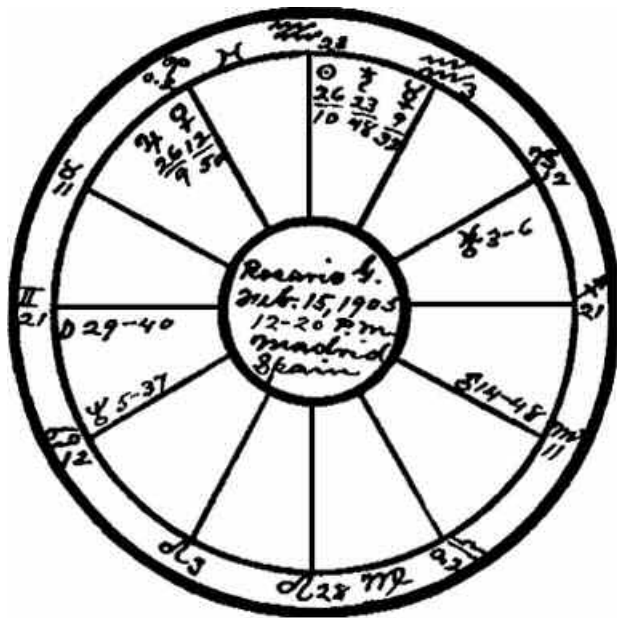
This is her good side and one that should be fostered with all your might; but under certain trying circumstances and provocations there is also

another side to her nature, foreshown by Mars, the impulsive, turbulent planet, square to Mercury, the planet of reason and expression, and when that side of her nature comes to the front she can be very sarcastic, argumentative, impatient and irritable. There is a side also to the aspect, Moon conjunction Neptune, which predisposes to indiscretion, and under certain conditions there is a possibility that these aspects may override the desire created in her by the Sun sextile Jupiter to comport herself with the greatest of circumspection so as to keep the respect of society. She may forget for the moment and go wrong because Mars, the planet of impulse and desire, is strong in his own

planet of obstruction. These being in Aquarius, work in the opposite sign Leo, which governs the heart, and so we may judge that the heart action is a little doubtful, but on account of the Sun and Saturn being also trine to the Moon, which is the principal significator of health in a woman's horoscope, we should say that with any ordinary care, and barring severe abuse, Rosario will enjoy good health throughout life, for this last mentioned aspect, the Moon trine to the Sun, is one of the very best indications of health, wealth, and happiness that can be in any horoscope. And speaking of happiness brings out another fortunate configuration; namely, Mercury the ruler, being sextile to Venus, the planet of love. This also is an indication of the heart's desire being gratified in that direction, and a happy marriage consummated in due time.

Albert H., born Aug. 9, 1904, at 10 :45 A. :M.,
Oceanside, Calif.

At the time of Albert's birth, Jupiter, the planet of geniality, was rising above the Eastern horizon, and Venus, the ruler of the rising sign, was in the heart sign Leo and trine to Uranus, the planet of originality, we may therefore judge that he will have a very pleasing and attractive personality, so that he will be well liked by everyone with whom he comes in contact, but particularly those of the opposite sex. This will also give him an attraction and ability in a musical direction. Music is a talent that by all means should be fostered, for it will afford both himself and others a great deal of pleasure and probably be the means of making a good livelihood for him. We also find that Mercury, the planet of dexterity, is sextile to Neptune, the planet of inspiration; this will add a quality to his music that will be above the average. It will also give him the ability to compose music, and bring him before the public in that capacity. Mercury is the planet of reason and its sextile to Neptune, which is its higher octave, shows that Albert has a very bright, quick, and resourceful mind, a fertile imagination, and a quick perception. It gives him a mind that is open to new ideas and advanced thought, so that it is a foregone conclusion that in time he will associate himself with some school of that kind. Having so

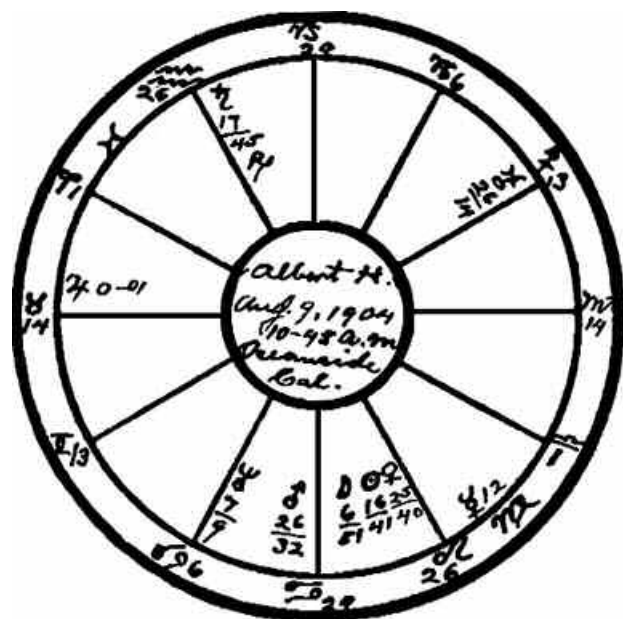


sign, Scorpio, which rules the generative organs. Thus she is liable to lay herself open to slander and trouble and other unpleasant consequences of a rash act. She is just at the age now when these things are most likely to happen before the mind has gained sufficient control over the emotions, and it would therefore be well for you to take this matter up with her in a diplomatic manner, so that she may understand the tendencies and guard herself against any indiscretion or temptation which may be placed in her way.

With respect to health, we find that the Sun sextile to Jupiter gives Rosario an abundance of vitality, but this good aspect is somewhat toned down by the conjunction of the Sun and Saturn, the

many planets in the 5th sign Leo, and Mercury in the 5th House, which rules teaching, we may also say that he will make a good teacher.

But it is not going to be all smooth sailing with him in life. It never is for anybody if the life is to be lived to a purpose; there must be the obstacles to develop the spiritual muscle, just as well as the physical obstacles develop physical muscles. And so we find the life-giving Sun in opposition to Saturn, the planet of obstruction; this shows that he will not attain without a considerable struggle, there will be many hindrances, obstacles, and delays. There will also be disfavor of superiors, which are indicated by the Sun, and this may develop a pessimism in Albert's nature. But there



is a reason for the trouble, for we find that Mars, the turbulent and obstreperous planet, is square to Jupiter, the planet of geniality and good fellowship. This will make him very egotistical, rash, and domineering at times. And as Jupiter is also the planet of sport and games, it will give him a tendency to gamble and he will lose thereby. This aspect also inclines to many hasty and rash acts which cause the loss of favor of friends. Albert is now already at the age where these traits have developed in him to a considerable extent and you will find it perhaps very difficult to change them, but as said already, he has a bright and an open mind, and it may possibly be that by

reasoning with him and by showing him that these things are foreshown in his horoscope as tendencies, and at the same time telling him that they can be conquered, so that he will not suffer from them, he may think over your words favorably, and take himself in hand, so that he will not allow these tendencies to work themselves out in practice. He may not change right away, it is difficult for one of his kind to change, but at least it may be that when sorrows and sufferings have come to him through these things a number of times, he will be more quick to turn than if this horoscope were not written and he did not know that the tendencies were there and that they are there for him to overcome.

With respect to health, we note again the opposition of the life-giving Sun to Saturn, the planet of obstruction. This in general affects the health, particularly as the Sun is in its own sign Leo, which governs the heart, and Saturn, strong and elevated in the 10th House and in the sign Aquarius. On that account he ought to carefully school himself and keep his equipoise, as temper and worry will always have a serious effect on the heart. Furthermore, there is a square aspect between the Moon and Jupiter, which will cause blood and liver complaints unless proper care is taken to live a simple life, and cultivate frugality. This will perhaps be difficult for Albert because with Mars in Cancer, the sign which governs the stomach, he will have a strong tendency to overeat and this will probably be the root of whatever sickness comes to him.

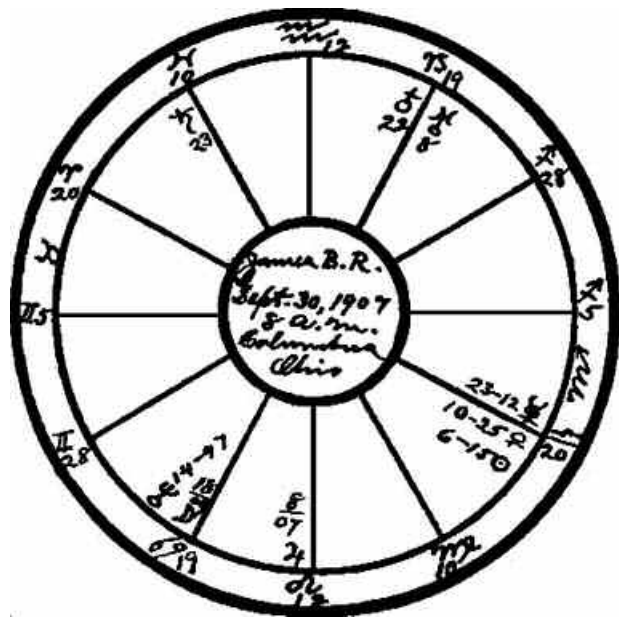
James B. R., born Sept. 30, 1907, 8 :00 A. M.,
Columbus, Ohio

At the time of James' birth we find the life-giving Sun in conjunction with Venus, the planet of love, in the 5th House, indicating pleasure and enjoyment, and sextile to Jupiter, the planet of geniality. This shows that James is good natured, a hail-fellow-well-met, and fond of pleasures and society, both of men and women. Therefore he will draw to himself a great many friends who will be of help to him during life. It also indicates, because Jupiter is the planet of opulence, that he will always be in comfortable financial circumstances; but as the turbulent, reckless Mars is in

opposition to the Moon, we find that he will be extremely free with his money and reckless in his expenditures where pleasure is concerned; hence, it is not likely that he will accumulate anything, but it will go about as fast as it comes, because he will always act under the impression that nothing is too good for his friends. While this is very good so, far as it goes, and will bring a great deal of pleasure into his life if it is kept within proper bounds, there is a tendency to go to excess, shown by the reckless Mars in opposition to the Moon which is placed in a watery sign. This inclines to wine, woman, and song, in a degree which, if persisted in for a long time, is bound to break down both health and reputation. Therefore be very careful to keep him within bounds while he is

associates with, for association with him is everything; he must have friends and company; furthermore, if the friends he selects are of the kind that go to the bad, then he is apt to follow them. On the other hand, if friends can be selected for him in the beginning until he learns to appreciate the right kind of companionship, that will help him materially to overcome and steer clear of the shoals that are upon his life's path. The turbulent Mars in opposition to the restless Moon and both of them squared by Mercury, the planet of reason, show, among other things, a quick temper, which is liable to flare up at any time, and at such times the usual good nature will be momentarily gone, but fortunately he will be over this mood very quickly, and does not hold a grudge. Nevertheless, such outbursts are always liable to cause himself and others sorrow and disappointment. Therefore you should help him as much as possible to overcome this fault and live up to the genial nature shown by Jupiter sextile to the Sun and Venus.

With respect to health, we find that Jupiter sextile to the life-giving Sun and Venus will give James a great fund of vitality which will carry him through life in good health, if he does not abuse his body as indicated by Mars in opposition to the Moon and both of them square to Mercury, for drink will break down the strongest nature; but otherwise he will have nothing to fear from ill health, for even Saturn is unafflicted and is placed in the sign Pisces, where, under such conditions, the worst that he usually does is to give a predisposition to cold feet. We may also say that Saturn in this 12th House sign indicating secret things, sextile to Mars and trine to the Moon, would give James some ability as a detective in the secret service.



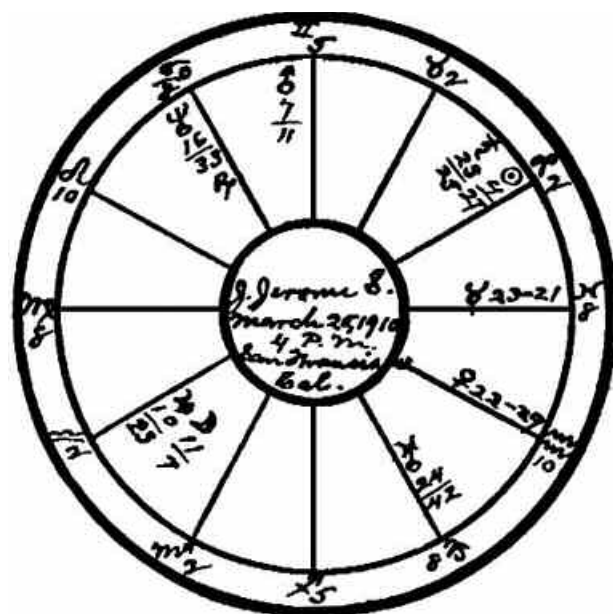
under your care and, if possible, bring him up on a meatless diet and you will minimize the tendency to drink considerably. Thus, you will save him much sorrow and trouble which would otherwise come to him. Saturn, the planet of system, order, method and perseverance, is sextile to Mars, the planet of dynamic energy and construction, and trine to the Moon, the planet of imagination, showing that he has considerable energy, perseverance, and ability to make his life a success from every point of view. And if he is only put on the right track and taught to choose the right kind of companions he may probably be turned into the better way, but a great deal will depend on who he

Jerome S., born :March 25, 1910, 4 :00 P. M., San Francisco, Calif.

At the time of Jerome's birth, we find four common signs on the angles; this usually means that the person then born is of a listless and indolent nature, but in this case we find Mars, the planet or dynamic energy, elevated close to the Midheaven; he is sextile to the life-giving Sun and trine to the planet of geniality and good-fellowship, Jupiter, also to the fertilizing and restless Moon. This shows that Jerome has a great fund of latent ener-

gy, which may be used to considerable advantage to himself and others in constructive work, particularly where engines and machinery are employed on a large scale, and probably, on account of the connection with the Sun he will succeed best in work for the government. Mars in a Mercurial sign always brightens and strengthens the mind, but here we find, in addition, that Mercury is sextile to Uranus, the planet of intuition and originality. This shows that Jerome is way above the average in intellect and intuition, so that he will be able to successfully grapple with whatever problems come before him, as long as he stays on the path of reason. But there is another side of his nature where a great danger lurks, and if he allows that side to come to the front he may wreck his whole life thereby. This is shown by Uranus, the planet of unreason and unrestraint, in the 5th House of gambling, square to Saturn, the planet of obstruction. Neptune, the planet of fraud and dishonesty, is also square to Jupiter, the planet of gambling, and the Moon in the Second House which governs finance. All these things show that there is a tendency to gamble, not in the ordinary small way, but the desire to get rich quick may induce Jerome to invest in bubble companies, wildcat stocks and bonds and similar mad things, which will then drag him down to ruin. Therefore he should be cautioned from boyhood never to gamble or take a chance, but always to work along the most conservative, legitimate lines of business. He should also be taught to do constructive manual work, for Mars in Gemini, the sign which governs the arms and hands, sextile to the life-giving Sun, placed in Aries, the sign ruling the head, shows that both the head and hands can be easily trained to work together, and the sooner this training is commenced the better it will be for him, the more expert he will become, and the less tendency there will be to use only the brain side of his nature, and turn into the dangerous path of a gambler's life.

There is one very grave fault that we would warn you of as parents, and which you must try to correct. It is shown by Uranus, the planet of independence, square to Saturn, the planet of malice and deceit. This shows that Jerome will resent any



attempt at restraint of his independence; he will want to act as his own mind dictates, regardless of what other people say, and if he has occasion to differ with anyone, he is liable to hold a grudge for a long time, and be very vindictive and malicious. Such a tendency always grows with the passing years, and it will be very harmful both to himself, personally, and other people with whom he comes in contact if this trait is allowed to remain in his character. Therefore you should by all means strive to show him how to forgive and forget, thus you will save both himself and others a great deal of unhappiness.

We also find that the Sun in opposition to the Moon gives a vacillating nature, unable to form prompt decisions; this has been offset by the other aspects we have mentioned in a great degree, but nevertheless you should teach Jerome always when he has formed a decision to stay by it, and not change his mind too easily, except when there is a good reason for it.

With respect to health, we find that Saturn, the planet of obstruction, in the sign Aries, which rules the head, and square to Uranus, the planet of spasmodic action, which has considerable rule over the nervous system, will make him subject to nervous headaches; but we also find that Neptune, in the sign Cancer, which rules the stomach, is the main cause, so by teaching him to live a very simple, frugal life, the trouble may be corrected.

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* * * * *

Christ and His Mission

Kittie Skidmore Cowen

Concluded

HAVING now learned the real nature and use of the blood, we will read still further in this same lecture (*The Mystery of Golgotha and the Cleansing Blood*) and see how “the blood” really did serve as a remission of sins. On page 11 we find the following: “As to the reason for the violent death, we have already heard that when a person is taken violently out of his instrument there is something that clings to it, and that something is the impurities of the lower nature. We have the arterial blood, and the venous blood, and in that venous blood are the impurities that belong to the lower nature; but in the arterial blood we have the purity. The venous blood clings closely to the flesh, and therefore at the time that any person is killed, if the blood flows, there is a distinct cleansing. Whenever the spirit is taken out of the body by accident, and the blood flows, Man is cleaner, he is better as a spirit.

“The body of Jesus was to be killed, and the blood was to flow, in order that by that violent death, the last impurity that might still be clinging to that flesh should be left to decay; that the Christ spirit, pure and untainted, with none of the impurities of the body it had used, might be diffused over the world.

“When that Great Being flowed out through the wounds of Jesus’ body, that luminous Sun Spirit diffused itself all over the Earth. And that is why we hear of that great darkness, because that spiri-

tual light was what men perceived as darkness. But gradually it was absorbed into the Earth and took its place, permitting everything within its influence to return to its normal condition, so far as man could see; but the vibrations that had been set up there cleansed, purified, and set in rhythmic order the vibrations in the higher world, and gave a spiritual impulse that could not otherwise have been given, and *that* was the way that it cleansed and “took away the sin of the world”—by restoring the rhythmic vibrations in a measure and thus enabling man to progress.

That influence is still working and cleansing the world; it is the source of altruism and benevolence “Which are gradually taking the place of patriotism and selfishness, bringing Universal Brotherhood and Fellowship to the World.”

On page 407 of the *Cosmo* we are told that at the moment the Christ-spirit entered (the Earth, “a tremendous wave” of spiritual sunlight flooded the Earth. It rent the veil which the Race-spirit had hung before the Temple to keep out all but the chosen few, and it made the Path of Initiation free thenceforth to whomsoever will. So far as concerned the Spiritual worlds, this wave transformed the conditions of earth like a flash of lightning, but the dense concrete conditions are, of course, much more slowly affected.

“Like all rapid and high vibrations of light, this great wave blinded the people by its dazzling brilliance, therefore it was said that ‘the Sun was

darkened.' The very opposite was what actually occurred. The Sun was not darkened, but shone out in glorious splendor. It was the excess of light that blinded the people, and only as the entire Earth absorbed the desire body of the bright Sun-spirit did the vibration return to a more normal rate.

"The expression, 'the cleansing blood of Christ Jesus,' means that as the blood flowed on Calvary, it bore with it the great Sun-spirit Christ, who by that means secured admission to the earth itself, and since that moment has been its Regent. He diffused His own desire body throughout the planet, thereby cleansing it from all the vile influence which had grown up under the regime of the Race-spirit.

"Under the law all sinned. The desire body was so strong that it was impossible for them to control it altogether and their debts engendered under the law of Consequence piled up to monstrous proportions, and many would have been lost to our life wave altogether. Therefore did Christ come 'to seek and to save that which was lost.' He took away the sin of the world by His cleansing blood, which gave Him entrance to the Earth and its humanity. He purified the conditions and we owe it to Him that we are able to gather for our desire bodies purer desire-stuff than formerly, and He continues to help us, by making our external environment constantly purer.

"That this was and is done at the expense of great suffering to Himself, no one can doubt who is able to form the least-conception of the limitations 'endured by that Great Spirit' in entering the hampering conditions of physical existence, even in the best and purest vehicles possible; nor is His present limitation as Regent of the Earth much less painful. True, He is also Regent of the Sun, and therefore only partially confined to the Earth; yet the limitations set up by the crampingly slow vibrations of our dense planet must be almost unendurable.

"Had Christ Jesus simply died, it would have been impossible for Him to have done this work but the Christians have a *risen* Savior, one who is ever present to help those who call upon His name. Having suffered like unto ourselves in all

things and knowing fully our needs, He is lenient toward our mistakes and failures so long as we continue trying to live the good life. We must ever keep before our eyes the fact that *the only real failure is in ceasing to try.*"

Summary

What has been said concerning the Mission of Christ may be summed up as follows:

The *Christ* alone was able to secure all twelve of the vehicles which were necessary in order that mankind might be raised up to God. He, having reached by initiation the second aspect of God, contacted humanity through the vital and dense bodies furnished Him by *Jesus*.

Prior to His coming, humanity had been worked upon from *without* by Jehovah through the different Race-religions.

When the "blood flowed" at the time of His crucifixion, the great Sun-spirit, Christ, was liberated from the physical vehicles of Jesus and found Himself in the *Earth* with individual vehicles. The already existing planetary vehicles He permeated with His own and, in the twinkling of an eye, diffused His own desire body over the planet, which enabled Him henceforth to work upon the Earth from *within*. By purifying the desire body of the Earth He made it possible for humanity to obtain better, purer desire stuff with which to build their desire bodies in the future. It is through the desires that mankind is led into temptation. When once we have learned that Christ purified the desire body of the Earth, from which mankind gathers the material with which to build his own individual desire body, we can readily see how it was that the sins of the world were taken away. The purer the materials with which we build these desire bodies of ours, the less we are prone to yield to temptation.

Now, having acquired a clear understanding relative to the manner in which the Christ works from *within* upon the desire body of mankind, we will next turn our attention to the mode which He employs in working upon the vital body from *within*. We know that the Christ spirit has direct connection with the vital body for the reason that the vital body started its evolution in the Sun

Period and consequently is the particular charge of the Christ who is the highest Initiate of that Period. The vital body is the storehouse of the panorama of our life; our sins and the wrongs we have suffered at the hands of others are inscribed there. Therefore it is the Christ alone who understands better than all others the nature of the vital body, who is best fitted to take the sorrows and sufferings of mankind up to the throne of the Father and there through intercession with Him help us in a way none other can. And furthermore, since Christ came and "took away the sins of the world," (not of the Individual) purifying the desire body of our planet, the connection between all human dense and vital bodies has been loosened to such an extent that, by training, the vital body may be separated into two parts. The first and second ethers are left with the dense body to perform the purely animal functions, and the two higher ethers are arranged into a vehicle in which the owner may function while out of the dense body. It was through this separation of the ethers of the vital body that initiation was made possible to all.

We are now ready to turn our attention to an examination of the manner in which the dense and last of the threefold bodies of man is worked upon from *within* by this indwelling Spirit of Christ. Since the sacrifice on Golgotha when the Christ became the indwelling Spirit of the Earth, it is the Christ-spirit which has fructified the Earth, enduing with life the sleeping seeds which grow and fill our granaries with the bread of physical life, and given a new impetus to the vine which causes it to annually put forth leaves and bear its burden of precious fruit. Now, we are all familiar with the following quotation: "The Lord Jesus, the night He was betrayed, took bread; and when He had given thanks, He broke it and said: Take, eat; this is MY body, which is broken for you: This do, in remembrance of Me. After the same manner also He took the cup; when He had supped, saying: "This cup is the New Covenant in MY blood; this do ye, as oft as ye drink in remembrance of Me, for as often as you eat this bread, and drink this cup ye declare the Lord's death till He comes. Wherefore, whosoever shall eat this

bread, and drink this cup of the Lord unworthily shall be guilty of the body and the blood of the Lord. For he that eateth and drinketh unworthily, eateth and drinketh judgment to himself, *for this cause many are weak and sickly among you, and many sleep.*"

At the present time we find mankind in general making a distinction between the bread and wine which we drink in commemoration of the Lord's supper and the food which we partake of during the intervals between attendance at Communion. But there is no warrant in the Scripture for any such distinction. On the contrary, we are told that whether we eat or drink, or whatever we do, all should be done to the glory of God. Our every act should be a prayer. When we remember at each meal that it has been drawn from the substance of the earth, which is the body of the indwelling Christ-spirit, we can properly understand how that body is being broken for us daily, and we can appreciate the loving kindness which prompted Him to thus give himself for us. We should remember that there is not a moment, day or night, that He is not suffering because bound to this earth. When we thus eat, and thus realize the true situation, we are indeed declaring to ourselves the death of the Lord whose Spirit is groaning and travailing, waiting for the day of liberation, when mankind will have so purified his dense body that there will be no need of the present dense environment which he now requires.

This, then, was the mission of Christ: To save that which was lost, to unite mankind into one universal Brotherhood, to supplant the reign of law with the regime of love, and to open the way of initiation for all, so that whosoever will may come.

DREAM SENDS HIM IN SEARCH FOR BOY'S DEAD BODY; FINDS EARLIER TRAGEDY

San Jose, Cal.—The recumbent skeleton of a woman, the sitting skeleton of a man, buried how many years ago, and by what agency, there is no evidence, was the gruesome find made by George E. Maloney and J. A. Huber Sunday, when they reached the exact spot on the bank of Guadalupe creek, to which Maloney, in a dream, had been

directed in his search for the body of drowned Alven Huber.

Fifteen-year-old Alven Huber was swept away on the flood tide of the creek during a recent storm.

The ghastly find was made by Maloney and J. A. Huber, father of the flood victim, on the creek bank, near Alviso. They were searching for the body of Huber's son. About seven feet up the bank from the waterline they saw the head of a skeleton protruding from the sand.

They rushed to the spot, at first believing it the body they sought. They dug up first the skeleton of a woman. Then that of a man was uncovered.

Maloney said that in a vivid dream he saw the boy fall in the stream. The current whisked him away. The body appeared to travel faster than the current. It reached a bend in the creek and stood still.

This was the point to which Maloney took Huber and where they found the relics of an earlier tragedy.

Maloney believes the bodies he found are of white people. There was no clothing or other means of identification about the bodies.

They were at the edge of a pasture, far enough up from the water to indicate that they had not been deposited there by the currents of the creek. In fact, they seemed to have been buried there many years ago.

RADIANT HUMAN BEINGS

That idea seems rather strange perhaps, but it is quite scientific. Pitchblende, after being submitted to various chemical operations, by which the grosser and coarser materials are eliminated, finally (or the residuum) becomes the luminous radium. So, likewise, when the grosser and coarser elements of human nature become eliminated from one's being. (they are usually termed vices, and include the mental and moral, as well as the physical); when these have been eliminated and a state of absolute purity attained, the physical body radiates light just as the sun does, and of the same kind. This is the real significance of the "transfiguration" of Jesus, and it is the supreme test of absolute purity. How many "radium" human

beings did you ever meet? Hence, how many pure? But, as one song writer has truthfully written: "There is sunshine in the soul," and Jesus said: "Let your light shine before men, that they may see your good work (the eradication of the evil that is in you) and glorify your Father which is in Heaven."

LOVE AND VIRGIN MARRIAGE

We can love in mind and in soul and in spirit; and the highest love of earthly unions is but a dim foretaste of this grand love. Know then the meaning of true Love. Know what few men know.

Every man is complete within himself, and nothing is there lacking, if he will but search the depths. Love is but the soul's desire for a portion of itself which it has lost and without which its joy is incomplete. Think not the soul cannot lose a portion of itself; it can. That which we possess yet are not conscious of is lost, latent, as it were, present but unmanifest. Now the perfect being is fully self-conscious of all his parts and attributes, and perfection must be our end and aim. Know then that thou art in me, and I in thee; and through you I become self-conscious of thyself in me, and through me thou becomest self-conscious of myself in thee. This is the "VIRGIN MARRIAGE." This is the meeting of the Bride and Bridegroom, and the only marriage known in heaven.

—*Esoteric Mysteries*

*CHRISTIAN MYSTICISM BY
CORRESPONDENCE*

A course of monthly letters and lessons are issued by the Rosicrucian Fellowship to aid those who wish to probe more deeply the Mystery of Life and Being. Upon request the General Secretary may admit students to the preliminary degree, but advancement in the deeper degrees depends upon merit.

Evil is the result of overdoing, over-emphasis, of having too much of a good thing. A relationship, not a thing. No thing whatever is evil in itself. Hence, evil cannot have any infinite aspect whatever, but only a finite one.

Nutrition and Health

* * * * *

Bacterial Value of Cheese

THE long cherished idea that cheese should form only a small part of the daily diet has recently been challenged. Not long ago the United States Department of Agriculture issued a bulletin recommending the use of cheese as a cheap and wholesome substitute for meat. Now we are told by a Swiss investigator that cheese is valuable not only for its content of proteids and carbohydrates, but for the beneficent bacteria found in it. An article in *Naturwissenschaften* (Berlin) speaks thus of the matter:

“These kinds of bacteria, especially those in Emmenthal and similar cheeses, resemble in effect those lactio-acid bacteria which play an important part in all sorts of sour-milk preparations, such as kumiss, kephir, and, according to recent reports by Dr. Burri, especially in yoghurt. Above all, certain undesirable processes of decomposition are to a great extent suppressed, or at least diminished, by the bacteria referred to.”

Another interesting and important assertion is to the effect that persons who make cheese a considerable part of their regular diet are very resistant to intestinal diseases, such as dysentery and the dreaded typhus, which is now desolating Serbia. According to Dr. Burri, the daily meat-ration in the Swiss Army has already been partly replaced by cheese, with excellent results.

Furthermore, cheese contains in general a large percentage of the calcium in which milk is so rich. The importance of this is obvious in view of the remarkable experiments made public a year or two ago by the German scientists, Dr. Emmerich and Dr. Loew, proving the immense importance of supplies of lime to the bodies of both men and animals, not only in illness and in convalescence, but also in perfect health.

—*Truth*

MEAT THE CAUSE OF FEROCITY

“It is the eating of meat that subtly transforms the average human being into a quarrelsome, unmanageable, and destructive creature,” said Dr. D. H. Kress, a famous health expert, of Wyoming, in a newspaper interview. He said it is an excessive flesh diet that changes a refined and gentle disposition into one of savagery and violence. One pound of meat contains from 10 to 14 grains of uric acid, which is recognized as a causative of gout and rheumatism. The meat, from its tendency to undergo putrefaction in the body, favors the formation of poisons which cause a mental condition of irritability, despondency, bellicosity, and perversity that expends itself most often on those nearest and dearest to the victim.

Man is not physiologically adapted to meat-eating. He has an alimentary tract ten to twelve times the length of his body, while the alimentary canal of flesh-eating animals is smooth and only about three times the length of the body. In order to avoid putrefaction, meat has to pass rapidly through the alimentary canal. The habitual flesh eater is bound to suffer; he becomes a victim of auto-intoxication; the poisons, when carried by the blood to the brain, deaden the moral and mental sensibilities, causing irritability and unhappy conditions, degeneracy and premature old age.

Dr. Baron Liebig said that the ingestion of flesh produces in carnivorous races a ferocious and quarrelsome disposition which distinguishes them from vegetable eaters. Both nature and science teach that the digestive organs are capable of digesting well one or two simple foods; but where, as is often the case, meat, potatoes, cabbage, milk, butter, puddings and fruit are taken at the same meal, is it any wonder, in the light of scientific facts, that indigestion, fermentation and auto-intoxication and a big train of evil results?

Menu from Mt. Ecclesia

Breakfast

Stewed Rhubarb
Gold Nugget Pumpkin
Biscuit
Fried Corn Pone and Honey
Milk

Dinner

C. C. Chowder
Lima Bean Croquettes
Escalloped Tomatoes
Whole Wheat Bread and Butter

Supper

Left Over Salad
Soft Ginger Bread
Bread and Butter
Tea or Milk

Recipes

Gold Nugget Pumpkin Biscuit

Peel, cut into squares, pumpkin or Hubbard squash, boil until tender, drain and cool. Rub one cup of pumpkin, one tablespoon of oil, one teaspoon of salt, and one tablespoon each of sugar and baking powder, into three cups of flour, *dry*. Add enough of sweet milk to make a stiff batter, drop from a spoon on a hot baking pan and bake twenty minutes.

Fried Corn Pone

To one quart of boiling water slowly add yellow corn meal until it boils into a stiff batter; boil about one-half hour; to keep from splashing while it boils, add a tablespoon of butter and one teaspoon of salt. Just before taking from stove add one cup of ground pine nuts or English walnuts. Pour into shallow pan and allow to stand overnight. In the morning slice into thin slices, roll in flour and fry in hot griddle until a light brown. Serve with honey or maple syrup.

C. C. Chowder

Sauté a cup of diced potatoes and a large sliced onion in cooking oil until a light brown. Add one quart of water and boil twenty minutes. Rub one-half cup cottage cheese (free from whey or milk) into enough flour to form into small crumbs, fry this in oil until a light brown, slowly add this to the potatoes; season with salt, celery salt, and chopped parsley.

Lima Bean Croquettes

Soak one cup dry Lima beans over night. Cover with water, adding a small pinch of baking soda while boiling; salt just before soft.

Drain and mash beans through colander, add one-half cup bread crumbs, two tablespoons chopped parsley; if too thick, add enough milk to form them into balls. Roll into cracker crumbs, then into egg well beaten with a little milk, then again into the crumbs, and fry to a rich brown in oil.

Escalloped Tomatoes

Boil one can of tomatoes with one chopped onion, small cove garlic, one chili pepper or pimento and season with salt. Butter shallow baking dish, covering the bottom with bread crumbs, then a layer of tomatoes, another layer of crumbs with grated cheese over top, drop small pieces of butter on top before placing in oven, bake until brown.

Left Over Salad

In all households the cook has many leftover vegetables, both raw and boiled; they are often too few to prepare and serve in a separate dish. Keep them clean and fresh in the ice box until you can use them up in a mixed salad. Do not mix the boiled and raw foods, for of times a weak stomach will suffer from this mixture; keep them separate and serve either all raw or all boiled.

To prepare a most appetizing dish, save the small bits of lettuce, cut fine same as slaw, chop celery, carrot, parsley, green onion tops, radishes, each separate, and then mix them in a bowl with French dressing.

Soft Ginger Bread

Beat the yolks of two eggs into one cup of butter, gradually adding one cup of New Orleans

molasses and one tablespoon each of ginger and soda; when the above is well mixed, add one-half cup of milk and three cups of flour. Beat the whites of the eggs separate and stir in carefully; bake in moderate oven forty minutes .

OUR DAILY BREAD

Pitiful are the tales told of suffering in Europe and Asia Minor. Hunger, gaunt-visaged and claw-handed, still knocks at the doors of the nations, and grim are the headlines in the press which tell the tales: "Palestine Facing a Famine," "Three Years' Battle With Hunger and Disease," "Hunger, the New Czar of Russia," "Jews Flee Famine in Palestine," "Many Dying From Hunger," "Bread is Switzerland's Supreme Need," "Over Two Million Wretched Victims of War Are Reported Actually Destitute and in Need of Daily Food in Western Asia," "Deaths in One Section of Syria From Starvation and Resultant Disease Reached the Rate of One Thousand Per Day," "Teutonic Peoples, as Misery Grows, Pray for Military Rulers to Yield," "Insufficient Nourishment Brings Scourge of Asiatic Cholera, 2,000 Deaths in Week Reported From Mannheim Alone."

Although this grim spectre of hunger has not come close to us here in America, gradually the day is drawing near when we are also learning in a small measure to realize the actual pinch of shortage and learning to save, which is very good for us, for as a nation, we have probably been the most wasteful people that ever existed. For generations we have felt that it was unnecessary to pray "Give us this day our daily bread," or if we have so prayed, it was probably in the most perfunctory manner, for we thought that this great, rich land of ours was able to supply our needs abundantly, and give us plenty to waste besides.

A man of a saving disposition was looked upon with scorn and called a "Cheeseparer." But the Food Administration is now drawing the string tighter and tighter around the wheat sack, and it is becoming increasingly more difficult to obtain the materials for making the "staff of life." In England, if we remember right, they passed a law more than two years ago forbidding the mills to remove the bran from the wheat, so that there is

no white flour milled in that country; thus they are now getting 'inbolted wheat meal, the first form of wheat used for centuries for bread-making, before it became the fashion to remove the bran and outer coating by so-called improved methods of sifting, until the white patent flour of today has resulted, and we are now giving some of the most valuable constituents of the wheat to feed cattle, and whole wheat flour is not obtainable. Even so-called Graham flour which is on the market now is usually composed of low grade flour, bran, and "shorts," or "middlings," which is not at all like the pure Graham flour as invented by Sylvester Graham, a noted temperance reformer and lecturer, who gave specific instructions that the wheat used must be mature and plump and free from rust and other disease. It must be thoroughly cleansed, not only from chaff and tares, but from smut and every kind of impurity that may be attached to the skin of the kernel. After it was washed and thoroughly cleansed, it was to be ground by means of sharp stones, coarse rather than fine, inasmuch that the coarse flour makes a sweeter, more wholesome bread.

Such, alas, as already said, it is more than difficult, almost impossible, now to obtain, and we are obliged to seek substitutes to an increasing degree. Among these there is first *Corn*, which has been used as extensively in the South as wheat in the North, and we are used to eating it specially as Johnny cake, mush, muffins, and pone, but it may also be used with considerable advantage as a loaf raised in the ordinary manner; but corn meal is heat producing and the frequent use of it in the hot summer months is therefore not advisable.

We have also become so used to think of *oats* as a breakfast food that we have really forgotten its value as a bread-stuff, and it can not be made into light-bread unless combined with wheat flour. But in Ireland and Scotland, it is customary to roll it out thin and make it into a flat hoecake, which is used for bread there, and it is both nutritious and delicious, but this cereal also is rather heating for summer use, except in places where the weather is cool.

Barley consists principally of vegetable albumen and casein, and the closing of the distilleries

will release a considerable quantity of this valuable food-stuff, which may also be used as a bread substitute, for it is rich in gluten, and a very wholesome sweet and palatable bread can be made from *rolled barley flakes*.

Finally, there is *Rye* flour, which is almost exclusively used in many of the foreign countries. This bread is even superior to wheat for many people who work at manual labor, because it contains a higher percentage of carbon, but is not quite as good for people who are sedentary brain workers, as the phosphates contained are less. Taken all in all, however, we consider it the best substitute for the entire wheat flour, and would advise the use of it as second choice.

NATURE'S SPRING TONICS FROM FIELD AND GARDEN

The new green vegetables, now so plentiful by a happy stroke of nature, are not only nutritious, but also contain medicinal properties so much needed at this time of the year.

All Spring greens might well be called veritable "house-cleaners" of the human system. The cellulose, or waste, in vegetable foods encourages the peristaltic motion of the stomach and lower intestines; hence vegetable eaters are very rarely troubled with constipation or torpid livers.

During May and June an excellent array of Spring products is to be had not only by city inhabitants who patronize the markets, but by those living in the rural districts as well. Most of the latter depend entirely upon their home-raised products and upon wild edible greens.

Fortunately, too, we are realizing more and more every day the superior advantage of getting our medicine from the markets rather than from the doctors; for nature, after all, dispenses the best tonic, and certainly that most pleasant to take.

Nowadays the careful mother and housewife knows her dietetics too well to have to administer the time-honored bitter dose to a protesting family. Instead she buys spinach, asparagus, rhubarb, dandelion, Spring onions, etc., the food value of which seems designed especially to take away that tired droopy feeling. She prepares them tastily and the unsuspecting family takes the dose with a relish.

Since not only the succulent cultivated vegetables, but many edible wild weeds unfamiliar to the majority of housekeepers are plentiful now, they should constitute a very large portion of the daily menu. In the Spring category of those particularly rich in mineral properties and of high medicinal value are dandelion, both wild and cultivated, rhubarb, poke shoots, asparagus, lettuce, water cress, scallions, beet tops, kale, spinach, Swiss chard, sour dock, sorrel, lamb's quarters, purslane and horse radish.

Green vegetables, such as asparagus, spinach and dandelions, lend themselves easily to the combinations of milk in the cream soups. These soups are nitrogenous, easy of digestion, and, with whole wheat bread and butter, form an admirable luncheon or supper dish for children.

Even a tablespoonful of greens left over will make a delicious cream soup.

In washing and preparing greens for cooking it is well to remember that if they are thrown into salted water after washing it will thoroughly rid them of any insect life which might otherwise go unnoticed.

Asparagus and all delicately flavored vegetables should be cooked in very little water, just enough to cover, but dandelion and strong flavored vegetables require a generous quantity. All greens should be cooked with the cover partly off. This gives them better color and a more delicious flavor. The average housekeeper is careless as to the time of cooking vegetables, yet a vegetable is so much injured by too much or too little cooking as is a loaf of bread or cake.

The water should be kept boiling constantly until vegetables are done; to let it stop impairs the flavor.

Onions used discreetly are a tasty addition to any greens used in salad form. When shredded and mixed with mayonnaise they make a palatable dressing and are very wholesome.

Lettuce, since it contains alkalies, requires an acid condiment. Dandelions form one of the most wholesome greens, containing as they do "taraxacum," which acts on the liver. Dandelion roots are cut into slices, dried and used medicinally by many instead of procuring their supply from the pharmacist, as most city folk do.

The Rosy Cross Healing Circle

On the Witness Stand

Healing meetings are held in the Pro-Ecclesia at Headquarters on the nights when the Moon enters Cardinal Signs in the Zodiac. The hour of service is about 6:30 p.m. The virtue of the Cardinal Signs is dynamic energy, which they infuse into every thing or enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour: 6 :30 p. m., meditate on Health, and pray to the Great Physician, our Father in Heaven, for the restoration to health of all who suffer, particularly for those who have applied to Headquarters for relief.

At the same time visualize the Pro-Ecclesia where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated purpose.

We print herewith some letters from people who have been helped, also a list of dates on which Healing Meetings are held.

Winnipeg, Man., Canada

Dear Friends:

I am progressing wonderfully since writing last. I have been feeling better, having no more trouble

*MARRIAGE, MOTHERHOOD, AND
VOCATIONAL ADVICE GIVEN TO YOUNG
MEN AND WOMEN*

We are giving short readings for children under fourteen years of age, to help parents suppress faults and foster talents while the character is plastic. Life is still in the making for the young man or woman between fourteen and twenty-five years. They may also benefit by knowing what talents are latent, and what life work to select. We

with my stomach nor bowels, which were a great worry to me. Indeed I feel better than I have been for ever such a long time. I trust you will continue to look after me until I am absolutely cured. Will write again next week.

Sincerely yours,

MRS. M.

Victoria, B. C., 3-3-18

Dear friend:

Tonight I have made a wonderful discovery—the hard congested condition of which I told you, in the neck, at the lower part of and behind the ear, has almost entirely gone.

I must tell you that I have made four pounds in weight in the last six weeks. This is a great achievement for me. I take it to mean that I am able to digest my food better. So my thoughts are *Very grateful ones* to you tonight. I do so earnestly hope you will be able to benefit my dear mother, as you are doing for me. With grateful and loving thoughts, I am,

Yours very sincerely,

H. A. C.

Dates of Healing Meetings

May 1-7-13-20-28

June 4-10-17-24

July 1-7-14-22-28

have therefore decided to give this advice so far as space permits. Each must wait his turn.

To obtain a vocational reading the parents, guardians, or applicants must be *yearly* subscribers. Only one request from each subscriber will be entertained, and unless it contains the following data it will be thrown out, for without this a horoscope cannot be cast.

(1) Birth-year, month, date, and hour (as near as possible).

(2) Birth-place—city, state or country.

Echoes from Mt. Ecclesia

Easter Service on Mount Ecclesia

The Easter Service on Mt. Ecclesia was held as usual at sunrise at the Cross placed in the star of golden flowers, located in the center of the circular lawn in front of the library building. We have never at any time issued special invitations or endeavored to have any particular number present, but it is noteworthy that, as usual at all important events, the number of those present, when multiplied or added, has made the number 9, which is the number of Man and the number of degrees of the lesser mysteries to which the Rosicrucian Fellowship is a preparatory school. On this occasion there were 33 present.

At half past five, Mr. Heindel, as usual at the Easter Service, took his place beside the Cross and addressed those assembled. He said, in part:

“If we were to enter one of the orthodox churches or attend the open air Easter morning services held in so many places all over the country, we should probably be told the story of the resurrection of an individual named Jesus, who died for our sins on Good Friday and rose from the dead on Easter Sunday. But while the life story of Jesus, as recorded in the Gospels, is practically true, and while we love and venerate Him for the noble work He has done and is doing for humanity, we look beyond for the significance and esoteric meaning of Easter.

“If this were simply a feast to commemorate the death of an individual, it would on the face of it, be foolishness to make this a movable feast; we do not fix the death of Lincoln by the Sun, as we know is the case with Easter in relation to the Christ as commonly supposed, for that event is always determined by the conjunctions of the Sun and Moon in the sign Aries, the ram or lamb. First, the Sun and Moon must come to a conjunction, that is the New Moon; then the Moon must pursue her course half way around the circle of the zodiac until she is at the full, and then the first Sunday following that event is Easter.

This plainly shows that we are not celebrating the death of an individual, but that this is a solar festival. We do not, however, worship the Sun, Moon, and Stars. To do that would be idolatry. But we know that the Sun is the physical vehicle of the Godhead, as the planets are the vehicles of the Seven Spirits before the Throne. And therefore we realize that the Christ spirit which illuminated the body of Jesus and entered the Earth on Golgotha did not then and there complete the sacrifice once and for all, any more than the Sun, by shining upon the surface of the Earth can make the plants grow forever and warmth surround the Earth. But each year when the Sun descends towards its Western node, at the Fall equinox, the vitalizing Christ ray enters the surface of the Earth and permeates our globe to the very center, which it reaches at the time when the Sun is at its lowest point of declination and we speak of the Saviour being born at Christmas.

“Then, as the Sun begins to ascend towards the vernal equinox, this great vitalizing wave of dynamic force reascends to the periphery of the Earth, fertilizing the millions of seeds slumbering in the soil. It drives the sap up in the trees and causes them to bud, so that the forest becomes a bridal bower for the mating beasts and birds. This cosmic Christ force is liberated from the bondage of the Earth at Easter, when it has spent itself and given its life for the world.

Thus there is an inbreathing and outbreathing in nature, and the world could not exist without this annual impregnation by the cosmic Christ force, any more than we can exist without continually breathing the oxygenated air in which we live. And so, as a matter of fact, the Christ does annually give us the bread of life; but not only in the physical sense, there is in addition a spiritual outpouring during the winter months, from which we may greatly benefit if we are minded to attune ourselves to its vibrations. That is the true bread

of life in the highest sense of the word, and without it our *souls* must starve, hence our great gratitude to the Christ for his annual sacrifice." (At that moment the upper edge of the Sun being just visible over the eastern mountains, Mr. Heindel bade those assembled "watch it rise," while giving silent thanks and offering up prayer and praise.)

When the Sun had fully risen and the surrounding country, green and gay with a profusion of flowers, lay bathed in the bright sunshine, Mr. Heindel gave those assembled the ancient Easter Greeting, "*The Lord is risen,*" to which the response is, "*Yes, He is risen indeed.*" This concluded the services at the Cross and the party repaired to the Pro-Ecclesia, where the usual Sunday morning service was held.

A NEW BIRTH

On March 12th, Mrs. Emma Knuth, one of our members living in Oceanside, passed out of her physical body and was born to life in the invisible worlds, and on Friday, March 15th, when the usual three days of waiting had been fulfilled, her discarded physical body was finally disposed of with appropriate services, held at Mt. Ecclesia. Mr. Heindel being away from Headquarters, it fell to the lot of Mr. Philip Grell to officiate in the Pro-Ecclesia, which had been beautifully decorated with flowers for the occasion. Mr. Grell spoke of Life and emphasized the fact that while we are here in the body we are limited and subject to pain and disease, whereas, a new and larger life awaits us when we have learned the lessons of this day at Life's Great School and are liberated into the larger spheres.

There was thus an absence of mourning on the part of the relatives, and the usual cheering atmosphere which marks the funerals of the Rosicrucian Fellowship members was also present here, for all felt joyful that the released spirit was once more on its way to its celestial home. All bade it Godspeed, hoping in the future to meet it again and resume the pleasant relations which had marked the period of our present acquaintance. Mrs. Wolff, the daughter of Mrs. Knuth, being as cheerful as the rest, because sustained by our

wonderful Rosicrucian teachings, which take the sting of sorrow and sadness from even the king of terrors.

Camp Lewis, Wash., February 24, 1918

Dear Friends:

I don't like to take up your time, and yet I am going to make this letter longer than it need be. What would you say of somebody taking two copies of the Rose Cross magazine and throwing them away in the thick of the woods? As good as buried, and yet it was not to be thus.

When I first came to the camp I was in the habit of walking in the woods, when time permitted, and it came to pass that in so doing I ran across those two magazines. Now, my neighbors in California had asked me what I wanted to be given for Christmas and on seeing those two magazines the thought came to me to ask them to place a copy of the *Cosmo* in the local library for me, which they have done. Here is the result. The librarian had taken the book home out of curiosity, but after reading it, thinks the world of it. The book is now out all the time and they write me that five or six are waiting their chance at it.

So I thought it would be well to have one or more volumes of the book and the magazine in the library. If you will forward them to the library I will pay the bill. I wish you would begin the magazine with the January issue. Address: Public Library, Bellflower, Cal. There is a great demand for this kind of book in the camp library, but we have very few coming in among the 15,000 volumes that are there.

Yours Sincerely,

MR. J. W. E

LIBRARY SUBSCRIPTIONS

The magazine is now sent gratis to 330 Libraries. Part of these subscriptions have been paid for by members and the rest are supplied by the Headquarters fund. The price to Libraries will not be raised, so that members wishing to subscribe for one or more may do so at the former price: One Dollar a year in the United States, One Dollar and Twenty-five Cents in Canada and One Dollar and Fifty Cents foreign.