

that planet, the Sun in Leo and sextile to Mars, the planet of dynamic energy, gives you a great deal of vitality, but nevertheless it would be best to be somewhat careful not to catch cold that may settle on your chest. If you are careful to take the best possible precautions you will probably have little if any trouble.

SIMPLIFIED SCIENTIFIC EPHEMERIS

It has always been difficult to get Ephemerides in America, because the English publishers allow dealers so small a profit that very few care to invest the money necessary to carry these books in sufficient quantity to meet demands promptly. Since the war this has grown worse and we have waited five months for a supply of 1912 Ephemeris which we use in our correspondence course on Astrology.

Naturally this hampers both us and our students greatly, and now comes the announcement that the price has been raised to 50¢ and a further raise may be looked for. This is putting it on with a vengeance, and why?

We never could understand why the price of a staple article like an ephemeris should be raised from 25¢—the price of the current year—to 35¢ or 40¢ for back numbers, but this latest raise smacks too much of the most unblushing war profiteering, for these ephemerides were printed under pre-war conditions before paper went up and when labor costs were normal.

Previously the ephemeris for the coming year was available in August on the Pacific Coast; this

year we have not received it on the date of present writing, November 16th, and we need it now to announce the dates of our healing meetings in January and February to subscribers who wish to join us in thought, so the situation is getting acute.

These grievances have been weighing upon us for some time, and have begotten in us a determination to endure no longer. Patience has ceased to be a virtue and we shall now enter the field and see what effect a little competition will have.

Our ephemeris for 1912 is just off the press. It is a better ephemeris than any heretofore published, set in large easily readable type to save eyestrain. It is simpler, as it gives both longitude and declination of all the planets and the Moon's Node for every day, also the place of New Moons, Full Moons, and Eclipses in plain characters. There is also a table of Logarithms for 24 hours set in large type. This splendid ephemeris we sell for 25¢ post-free and we propose to print the ephemerides of previous years in the same style and sell them at the same price of 25¢, no more.

We have also produced the ephemeris for 1918, 1875, 1876, 1877, 1878, 1879, 1880, 1881 and 1882. These, with the one for 1912 are ready for delivery, and we are working as fast as we can to get the other years' ephemerides ready from 1860 to date. This we hope to have accomplished by the spring of 1918.

The ephemeris for 1919 is now being calculated and we expect to have it ready for distribution in the summer of 1918.

Question Department

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What Determines Sex?

QUESTION—It is stated in the *Rosicrucian Cosmo-Conception* that a matrix made of ether is placed in the womb of the mother when an ego is to be reborn, and that the seed atom of the dense body comes from the spermatozoon received from the father. If this is always so would not this method produce children of one sex, with negative or positive vital body from the mother and positive or negative dense body from the father? If not so, how do you explain the difference of sex at birth?

Answer—It is also stated in the *Rosicrucian Cosmo-Conception* that the vital body of a woman is positive and the vital body of a man negative. When the agents of the Recording Angels are assisting an ego to come to birth, the matter of sex has already been determined either by the law of alternation or else that has been modified by specific circumstances in the individual life of the spirit, and the ego is then helped to draw to itself a sufficient amount of the different kinds of ether as required by its development. These materials are all of a certain polarity either positive or negative.

When a matrix made solely from positive etheric atoms is placed in the womb of the prospective mother they will unerringly draw to themselves negative physical atoms and the resultant child body becomes female in consequence.

If, on the other hand, the matrix which is placed in the mother's womb is composed of negative etheric atoms, it will attract the positive dense atoms with the result that the male sex organ is most developed and the sex therefore masculine, for life, like electricity, requires both positive and

negative expression, otherwise it cannot manifest.

MEMORY OF PAST LIVES

Question—If an individual has attained a high degree of spiritual sight in this life, and then dies, to be reborn at a later period, will he remember who he was, and retain spiritual power as in the former life, or will he have to cultivate the faculty anew?

Answer—When spiritual sight has been cultivated consciously in one life it remains, so far as we know, a faculty of the spirit in all future lives, improving in scope and power with each existence, under normal circumstances. But there is a case known to the writer where a person has possessed the spiritual sight, the faculty of leaving the body and remembering what happened on his soul flights outside the body, in one life, and in the next he made it impossible for himself to exercise these faculties by the use of drink, drugs, and cigarettes, which so addled his brain that it was impossible for the spirit to impress upon it memories of what happened when it was free from the body. Out of the body he can still rove about the world where he chooses and take his place in his order among the other Initiates, but in the body he is hampered by his poor sick abused brain.

Nor should it seem strange that this is so, for it is only the same principle which allows a man to enjoy spiritual sight despite the fact that he is physically blind, but apart from the loss and the lack which such a man feels, there is of course the moral aspect and it is doubtful in the writer's mind whether this person's next body will have a brain fit to carry memories from the invisible to the visible world. It is our belief that it will probably take

lives of right living before he is able to build another sensitive brain which is capable of spiritual transmission.

As for the memory of past lives, it is not necessary to wait till a future existence for the development of that faculty, when the spiritual sight has been cultivated, with the aid of the proper teachers, such as the Elder Brothers of the Rosicrucian. For the neophytes are taught from the beginning to read the memory of nature in order to know and differentiate between truth and delusion—first in the record that is kept in the fourth or reflecting ether, and this requires only a very slight extension of the physical sight. Then, by degrees, if they live the life and are diligent, the extension of sight is raised to the records kept in the archetypal region. These are usually opened to them within a few years, and there they can easily investigate their own past, though we do not believe that that is generally done, for no one goes so deeply into the work without becoming so absorbed in the system of service to others that he has no time to attend to his own selfish inclinations.

DESTROYING DISEASE PRODUCTS

Question—At the time of treating a patient can one destroy the vibrations of disease so that once they have been removed from the patient they do not return after the treatment is over?

Answer—We suppose you refer to magnetic treatment for disease and we may say that this method of healing consists wholly in removing the vibrations of disease from the patient by absorption into the body of the healer, who must have sufficient vitality to throw them off himself, or he will become ill in turn. This has been explained before in our literature but perhaps taking the subject up from another angle may not prove uninteresting or uninteresting.

When one looks at a person who is diseased with the spiritual sight, the patient's vital body looks thin and emaciated in proportion to the ravages made by the disease. There are no radiating lines from it as when the body is in health, but a

sickly emanation which curls up in eddies and spirals that hang close to the dense body. Instead of being pinkish-purple, it is usually a dull grey in most places and the part that is particularly diseased is enveloped in something which resembles a mass of black jelly. That is what we might call the vibrations of disease and at the time when the person receives a magnetic healing treatment it is this black poisonous mass which is absorbed into the hands of the healer. And when he or she throws it off by a vigorous movement of the arms, it sinks to the floor. Then, if the patient happens to step close to that place where it lies, he or she will reabsorb it. Therefore it has always been the writer's practice to either throw these emanations out of the window or into a fireplace where they may be burned, then they can do no more harm.

But while we are upon this subject, it may be well to bring home another phase of this matter and the method of healing. So long as an organ is diseased, it generates this black poison stuff which hangs about it and prevents the currents of the vital body from coursing through it. What the magnetic healer does is simply to cleanse this organ for the time being and thus he opens the way for the influx of life-giving and health-promoting currents. The relief is usually only temporary, for the weak and diseased organ continues to generate the poison, "*miasma*," as we call it, so that shortly it requires another cleansing by the magnetic healer. This continues until the vital currents finally become sufficiently strong to over-master and throw off the poison stuff and cleanse the organ themselves. Then health returns.

The osteopathic physician goes at the matter from the opposite angle, by manipulation of the nerves which are the avenues for the vital currents. This strengthens these currents and they begin to scatter the miasma in the diseased part of the body. But it usually requires a number of treatments from him also before health is restored because the poison miasma blocks up the nerves again shortly after he has ceased his manipulations. Therefore it should seem to the writer, though he has never

tried it, that by combination of the two methods—opening up the nerve currents and strengthening them by means of osteopathic treatments, at the same time removing the poison miasma by magnetic healing and being careful to either burn or otherwise safely dispose of the effluvia—ought to facilitate the treatment of disease wonderfully.

We would like our professional friends to try out this suggestion and would be glad to know what success they meet in helping their suffering fellow-men by this combined method.

CAN WE SOW WITHOUT REAPING?

Question—In the first lecture sent by Mr. Heindel, he says something about having engagements with our destiny and being able to cancel them under certain circumstances. Now what I want to know is this: ‘What are those certain circumstances? I realize that now I can build for the future and that things that take place within my own consciousness I can control according to the amount of will that I have and the desire back of that will to try to do what is right. But what about the efforts along the line of wrong influence? What if one pursues the life of the ordinary person and blunders into evil ways. Is he not starting something from which it is impossible to escape? Or can he, by striving to overcome the lower nature, and building a better character, forego the consequences of his own misdeeds?’

This is a question a friend and I have had many arguments over. She holds to the idea that if we see that we are due for an accident or trouble of any kind we can avoid those things by staying away from where they are likely to happen. But it does not seem likely to me that we can escape the past, and if we could that is not the way to build character by running away from anything. Of course that is a more or less fatalistic view of the matter, but I believe in taking my medicine like a man. Though I kick against the pricks but at the same time I feel disgusted that I am such a weakling.

Answer—There is one important point in the

matter which it seems you fail to take into consideration, though it has been plainly and emphatically stated in our literature. “All the laws of nature, including the law of consequence in its application to human life, are under the administration of Great Beings of sublime spirituality and superlative wisdom.”

The law does not work blindly on the principle of an eye for an eye and a tooth for a tooth, but these Great Beings and their agents administer all things with a wisdom that is beyond the comprehension of our finite minds. It has been found, however, that where there is a desire or tendency or possibility of running away from a harvest of sorrow which has accrued from certain *ripe* destiny, such plans are always circumvented by another move on the part of the invisible administrators of this law.

If you will read again the case cited in the *Rosicrucian Cosmo-Conception* of a certain lecturer who was warned by Mr. Heindel that if he went out of his house on a certain day he would meet with an accident to certain parts of his body and how he forgot and thought the 28th was the 29th, took a trip to another town to lecture and was injured as foretold, in a railway collision, this case will perhaps illustrate our points. The man had been forewarned, he believed in the warning and intended to heed it, but undoubtedly the suffering accruing from that accident was due to him in expiation of certain wrongdoings and therefore the agents of the law of causation caused him to forget the day of the month.

This principle works also in another way. You seem to think that there is no way of escaping the harvest of the past. But there is. We have also repeatedly emphasized the fact that God, or nature, or the agents of this great law, do not aim to “*get even*” with us. We are here in this great school of life, safeguarded by these laws of nature, they are made for our benefit and not for our hurt, although they limit us in a certain way, just as we limit our children’s liberties for the purpose of

(Continued on page 115)

Studies in The Rosicrucian Cosmo Conception

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Kittie Skidmore Cowen

In the Days of Noah

IN THE DAYS OF NOAH

IN our last article we learned that the “Fall of Man” marked the close of the Lemurian Epoch. It was then that the Elohim sent mankind forth from the garden of Eden clothed in “coats of skin,” and the Lemurian continent ceased to be.

Relative to the fate of the Lemurian continent, on page 291 of the *Cosmo*, we read, “Volcanic catclysms destroyed the greater part of the Lemurian continent and in its stead rose the Atlantean continent, where the Atlantic Ocean now is.”

Plato, who is usually conceded to be the greatest thinker of all time in what passes for the province of philosophy, the science of things divine and human, and the causes in which they are contained, states in his works that such a continent as Atlantis did exist at one time in the Atlantic Ocean, and that an easy passage from it extended to other islands which lay near a continent exceeding in size all Europe and Asia. Some modern students have believed this continent to be America. Atlantis is represented as having ultimately sunk beneath the waves leaving only isolated rocks and shoals in its place.

Geologists, impelled by the story of Plato, have undertaken some researches regarding Atlantis, and in so doing have discovered that the coast-line

of Western Europe did once run further in the direction of America than now, but its submergence seems to have taken place long before historic times. However, there is ample foundation, geologically, for the story that such a continent did exist.

The occult student knows that such a continent existed, and we will again turn to the *Cosmo*, page 291, to glean some information relative to the physical as well as the climatic conditions of this ancient abode of man, so nearly lost to us in the shadowy realms of antiquity. Here we read: “Ancient Atlantis differed from our present world in many ways, but the greatest difference was in the constitution of the atmosphere and water of that Epoch.

“From the southern part of the planet came the hot, fiery breath of the volcanoes which were still abundantly active. From the north swept down the icy blasts of the Polar region. The continent of Atlantis was the meeting place of these two currents, consequently its atmosphere was always filled with a thick and murky fog. The water was not so dense as now, but contained a greater proportion of air. Much water was also held in suspension in the heavy, foggy Atlantean atmosphere.

“Through this atmosphere the Sun never clearly shone. It appeared to be surrounded by an aura of

light-mist, as do street-lamps when seen through a dense fog. It was then possible to see only a few feet in any direction and the outlines of all objects not close at hand appeared dim, hazy, and uncertain. Man was guided more by internal perception than by external vision."

Having learned something of the country, its climatic conditions, etc., we will next turn our attention to the people who inhabited this continent which existed under, to us, such unusual conditions. Page 292 of the *Cosmo* reads as follows: "Not only the country, but also the man of that time was very different from anything existent on earth at the present time. He had a head, but scarcely any forehead; his brain had no frontal development; the head sloped almost abruptly back from a point just above the eyes. As compared to our present humanity, he was a giant; his arms and legs were much longer in proportion to his body than ours. Instead of walking, he progresses by a series of flying leaps, not unlike those of the kangaroo. He had small blinking eyes and his hair was round in section. The latter peculiarity, if none other, distinguishes the descendents of the Alantean races, who remain with us to the present day. Their hair was straight, glossy, black and *round* in section. That of the Aryan, though it may differ in color, is always *oval* in section. The ears of the Atlantean set much further back upon the head than do those of the Aryan."

Returning again to Plato and his statement relative to Atlantis and another large continent lying still further to the west, and adding to this the description given in the *Cosmo* relative to the humanity of the early Atlantean Period, we will now correlate the two with a few facts that have been discovered by modern scientists and were printed in the Kansas City Times several years ago, and note how well the three bear witness to the statements made by each. The following is a copy of an article which appeared in the *Times* in about the year 1875, and reads as follows:

"In his researches among the forests of western Missouri, Judge E. P. West has discovered a num-

ber of conical-shaped mounds, similar in construction to those found in Ohio and Kentucky. These mounds are found upon the high bluffs overlooking the Missouri river, the largest and most prominent being found in Tennessee, Mississippi and Louisiana. Until about three weeks ago it was not suspected that the mound builders had made this region their home in the prehistoric days, but now it is discovered that this strange and extinct race once occupied this land and has left an extensive graveyard in a number of high mounds upon the Clay County bluffs.

As yet only one of these mounds has been opened. Judge West discovered a skeleton about two weeks ago, and made a report to other members of the society. They accompanied him to the mound, and not far from the surface excavated and took out the remains of two skeletons. The bones are very large—so large, in fact, when compared with an ordinary skeleton of modern date, they appear to have formed part of a giant. The head bones, such as have not rotted away, are monstrous in size. The lower jaw of one skeleton is in a state of preservation, and is double the size of the jaw of a civilized person. The teeth in this jawbone are large, and appear to have been ground down and worn away by contact with roots and carnivorous food. The jawbone indicates immense muscular strength. The thigh-bone, when compared with that of an ordinary modern skeleton, looks like that of a horse. The length, thickness and muscular development are remarkable. But the most peculiar part about the skeleton is the frontal bone. It is very low, and differs radically from any ever seen in this section before. It forms one thick ridge of bone about an inch wide, extending across the eyes. It is a narrow but rather heavy ridge bone which, instead of extending upward, as it does now in these days of civilization, receded back from the eyebrows, forming a flat head, and thus indicates a very low order or mankind. It is the opinion of the scientific gentlemen who are making these discoveries that these bones are the remains of a prehistoric race of men.

Nutrition and Health

* * * * *

Disease Held Greatest Foe by Daniels

Spread of Ills Caused by False Doctrine Must Be Eradicated, Says Secretary of the Navy

DEALING frankly and boldly with the social evil as a menace to the nation's military efficiency, Secretary Daniels of the navy, in a recent address at Chicago before the Clinical Congress of Surgeons of North America, appealed to the medical profession "to end the false double standard that decreases military effectiveness. There is not an army in the field whose effectiveness is not reduced by reason of immoral disease. The Navy suffers likewise.

During the last statistical year men of the American navy lost 141,378 days' sickness from a small group of absolutely preventable diseases, or, rather, diseases contracted by sin. This means that every day throughout the year there were 456 men disabled by this disgraceful malady. Add to that number those required to care for the disabled, and we have enough men on the non-effective list each day to man a modern battleship. And this does not count those who, though diseased, were not disabled, or the danger of contagion to the clean members of the crew.

In the navy in 1915 there were admitted for treatment for these diseases 112 persons in every 1,000, and in the army 84 for every 1,000, the number in the army having decreased from 145 to the 1,000 after passage of an act stopping the pay of all soldiers admitted for treatment for these diseases. The new navy laws stop the pay of men so afflicted and will probably reduce the number to the army ratio.

In civil life the number afflicted is quite as large, proportionately, as in the military service.

Canadian and Australian officers have deplored

the ravages of this disease. The late figures from the British army gave 75,000 cases, and all other countries have also been weakened.

Sir William Coler places these diseases at the top as a menace in war and in peace. The time has come to realize that this subtlest foe of humanity must be conquered, and it cannot be conquered by denying its existence, saying it is a necessary evil or applying palliatives. It is deadlier than small-pox or cancer or tuberculosis. A Canadian authority says: "Its ravages today are more terrible for Britain and Canada than Vimy Ridge, the Somme and Lens."

The remedy? There is but one—contenance.

The eradication of the evil effects must be thorough, but the teacher who will be heard and heeded when the teachings of all others fall on deaf ears is the word of authority from the medical profession.

When he preaches contenance as the only rule of life to young men and points out the dire penalty for lapses, his words have a weight no other admonition possesses.

You, gentlemen of the medical profession, deal with life and death. You bring the bodies into the world and you close the eyes of the dead. Yours is the ministering function, the intimate touch, and out of such relation you can enjoy an amazing power of suggestion. It is this power that America calls upon you to use. Tell our youths the truth.

Only God will ever know the toll in blood and tears that this lie has taken from the heart or the world—the price that the health of the race has been made to pay for its submission to a historic falsehood, young lives ruined, futures cheated of

promises, children called upon to suffer for the sins of the fathers, innocent women robbed of the right to happy motherhood and the virility of a nation sapped at its very foundations.

Today, as never before, American manhood must be clean. We must have fitness.

Editor's Note—We reprint the foregoing article because we feel especially gratified to see Mr. Daniels taking such a bold stand for clean living, but what good will it do if we preach to a furnace that it is overheating us and burning itself up, when at the same time we are piling ton after ton of coal into it. Either we must make a vent for the heat generated by it to do useful work or we must give it less fuel or we must see it destroyed by the excess heat generated from the overdose of fuel we are feeding it.

And the human body is a chemical furnace; if you feed it "like a fighting cock" and do not give it sufficient work to consume the stored energy of the food, it must seek some sort of recreation that is suitable to dissipate the excess of vitality, or it is taken ill. This is the prime cause of immorality among enlisted men; they are overfed and underworked. Give them a cooling non-stimulating diet and their abnormal desires will also decrease.

DARING REMEDIES FOR DEPOPULATION

The fearful decimating of the male population of certain European nations as the result of the war has led to daring discussions on the problem of repopulation. Amazing teachings are abroad in the world concerning morality, marriage, polygamy, and divorce. It is boldly asserted by some, that when there is an unequal division of the sexes, monogamy is inconsistent.

For years, revolutionary ideas concerning the marriage institution have been taught in the most prominent higher educational institutions of the world. It has there been openly asserted that immorality is simply an act in contravention of society's accepted but transitory standards; that there can be and are holier alliances without the marriage bond than within it; and that standards of

right and wrong are derived solely from experience.

As the result of this widespread teaching, there has come an undeniable disintegration of fixed standards of morality, a marked deterioration in the Christian idea of the marriage institution. And now the exigencies resulting from the world war have brought forth innuendoes like the following which was appended to a radical suggestion in the *Searchlight*.

"If the present standard of legitimacy does not immediately undergo some such modification as is here outlined, it will approach to it by degrees, and its approach will commence with the social reconstruction incident to the great economic upheaval at present expressed in the world war. Society is vaster than empire, and progress knows only a forward movement."

The very fact that some are seriously discussing the possibility of recourse to plural marriages to repopulate Europe is an indication of the drift away from the ancient altars. The assertion that 3,000,000 children have been born out of wedlock in the German empire since the outbreak of the war, gives an indication of certain problems introduced by the world war which humanity must soon face. And the authentic reports of the awful ravages of venereal diseases among the soldiery of the nations reveal a startling condition of affairs.

The gross prostitution of the divinely appointed marriage institution was largely responsible for the burial of the ancient world beneath the raging waters of the Flood. A repetition of those scenes is to mark the break-up of society at the end of the age, now so imminent:

"As the days of Noe were, so shall also the coming of the Son be. For as in the days that were before the Flood they were eating and drinking, marrying and giving in marriage, until the day that Noe entered into the ark, and knew not until the Flood came, and took them all away; so shall also the coming of the Son of man be."

—Matthew 24 :37-39

The Rosy Cross Healing Circle

On the Witness Stand

Healing meetings are held in the Pro-Ecclesia at Headquarters on the nights when the Moon enters Cardinal Signs in the Zodiac. The hour of service is about 6:30 p.m. The virtue of the Cardinal Signs is dynamic energy, which they infuse into every thing or enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour: 6:30 p. m., meditate on Health, and pray to the Great Physician, our Father in Heaven, for the restoration to health of all who suffer, particularly for those who have applied to Headquarters for relief.

At the same time visualize the Pro-Ecclesia where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated purpose.

We print herewith some letters from people who have been helped, also a list of dates on which Healing Meetings are held

Edmonton, Alta., Can., Nov. 1, 1917
Rosicrucian Fellowship, Oceanside, California.
Dear Friends:

Once more I have the pleasure of writing to you; this time to say how well I feel, and to try and thank you for all you have done for me.

Our baby is almost five weeks old and is doing splendid. She was a limp little thing when she came, but I suppose that was on account of the diet. However she has filled out wonderfully and is real plump.

I had a very easy time at the birth, being only one hour in real pain. Both the nurse and doctor said they never saw anything like it before. I do thank you from the bottom of my heart and will do all I can to repay you for your help. I have delayed

writing in the hope that I could send you something with this letter, although I know money can't pay for such a work of love as yours. Still I will send you something as soon as I am able.

I am enclosing the name and address of my nurse. She seems to be very interested in the work and would like to have some literature. I feel sure she would be interested in the healing, but she will no doubt write to you herself when she hears from you.

I would have liked to write you a longer letter and tell you more about us, but I know how pressed for time you are:

Yours fraternally,

E.M. P.

Bremerton, Wash., Oct, 29, 1917

Max Heindel

Mt. Ecclesia, Oceanside, Calif.

Dear Sir:

I am writing to thank you for the help given my little daughter through the healing department. She is Mrs. C.'s grandchild and the one she asked help for.

The improvement and change in the child is wonderful and would like the treatments continued as long as you think necessary. Will send a contribution very soon.

Sincerely yours,

Mrs. C. F. A.

Gallipolis, Ohio, Oct. 29, 1917

Healing Department

Rosicrucian Fellowship

Oceanside, Calif.

Dear Friends:

I have been getting along very well since I wrote you last. I feel that I have more strength and energy and the unruly nerves are becoming amenable to reason.

I am beginning to realize that spirit is indeed

supreme over matter and of course the perfect realization of this is all that is necessary to put me in tune with the healing vibrations brought by the Elder Brothers.

Thank you once more for your help. I shall try to show my gratitude by passing the good news on.

Sincerely yours,
F. E. N.

Seattle, Wash., Nov. 9, 1917

Healing Department
Rosicrucian Fellowship
Oceanside, Calif.

Dear Friends: ‘

I am feeling very good these days. I have not had an ache nor pain for a week. I feel sure the Invisible Helpers have helped me.

Sincerely yours,
R. M. F.

Asotin, Wash., Oct. 19, 1917

Dear Friends:

I feel all kinds of thanks. This morning the first frost of the season, but no frost on my buoyant hopes for the future. But how can one find words to express such appreciation as mine. I am at last on the right road and there is no chance to get lost. Thanks to the Rosicrucians.

Yours faithfully,

(Continued from page 108)

childrens’ liberties for the purpose of guarding them against dangers of indiscretion. And when by our past actions we have laid up a certain store of retribution for ourselves, which is to be worked out at some future time, and then see our mistake and turn over a new leaf and live in harmony with the law we had previously broken; then by that action we wipe the slate clean with respect to our previous *peccadillos*, for the agents of the great law, seeing that we have ceased from wrongdoing in that particular respect, would not wantonly inflict suffering upon us.

MR. G. W. G.

Berkeley, Calif., Sept. 17, 1917

Dear Friends:

I am able to report very favorable progress for the past week, notwithstanding the fact that circumstances have not been favorable to improvement.

For the past week Mrs. Y. has been ill with what the doctor calls muscular la grippe. Last night I had a very severe attack of it myself and it looked as though I were in for a week or so of it. And even the doctor who has been attending Mrs. Y. reported last evening that he was threatened with an attack of the same thing. I, however, appealed to the Invisible Helpers and got up this morning feeling a little tired but with no sign of the la grippe, was able to attend to my business and do the house work besides.

I am going to prevail upon Mrs. Y. to ask the assistance of the Invisible Helpers tomorrow, for once I was skeptical regarding their ability but now I am convinced.

Yours respectfully,
MR. W. H. Y.

Dates of Healing Meetings

January 4—11—17—24—31

February 8—14—20—28

March 7—13—20—27

Bear this great fact in mind, that all the laws of nature are under similar divine, intelligent administration, for that is the difference between the fatalistic and the spiritual view points. The hand of God, through his agents, is everywhere, from the greatest things such as the travel of a planet in its orbit, to the most trivial detail like the falling of a sparrow. It is an actual fact that in God we live and move and have our being, we are under his loving care in everything and therefore nothing can happen to us that is not in harmony with his great divine plan. And that plan certainly cannot be fatalistic.

Menu from Mt. Ecclesia

Breakfast

Stewed Prunes
Hot Corn Bread and Maple Syrup
Entire Wheat and Cream
Milk or Coffee

Dinner

Favorite Potatoes
Creamed Onions
Scalloped Tomatoes
Whole Wheat Bread, Butter and Honey

Supper

Cream Cheese and Pimento Sandwiches
Cold Slaw
Apple Cobbler
Milk or Tea

Recipes

ENTIRE WHEAT

Wash and soak one cup fresh unshrunk wheat in one quart of water for four hours, allow to boil until tender, adding salt; this will take from two to three hours, depending upon the age of the wheat. It will be necessary to prepare this wheat the day before, and warm up the following morning, unless a fireless cooker is used. Serve hot with cream.

FAVORITE POTATOES

Peel and slice raw potatoes very thin; place a layer in the bottom of a baking dish; sprinkle with onion, paprika and salt, placing a few small pieces of butter on top; repeat these layers of potatoes and butter until the dish is about two-thirds full; pour over this enough milk to cover. Cover the baking dish and bake in a hot oven for three-quarters or an hour; uncover and brown. Serve at once while hot.

CREAMED ONIONS

Take medium sized onions, peel and boil in hot salt water until tender. Make a white sauce by heating one tablespoon butter in a sauce-pan, slowly adding one tablespoon flour; stir into this one teacup milk, salt to taste. Add onions and

reheat; serve while hot.

ESCALOPED TOMATOES

To one can of tomatoes add one finely chopped onion, small cove garlic; boil for 20 minutes; add paprika and celery salt to taste; add one teaspoon sugar and one tablespoon salt. Pour this into the bottom of buttered baking dish: sprinkle top with bread crumbs and grated cheese. Bake for 20 minutes.

CREAM CHEESE AND PIMENTO SANDWICHES

To one teacup of cream cheese add two tablespoons canned pimentos with a pinch of salt and onion salt to flavor. With a spoon work this to the consistency of cream. Slice very thin, whole wheat or white bread, spread the cheese between two slices; serve on plate garnished with parsley.

COLD SLAW

Allow young cabbage to stand in cold water until crisp; slice very fine. Pour over cabbage a dressing made as follows: One-half cup cream, one tablespoon sugar, salt to taste, and the juice of one lemon; mix thoroughly. Serve on lettuce leaf.

Echoes from Mt. Ecclesia

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Let Condemnation Cease

A. D. Cramer

*“Let Condemnation Cease Among You.”
“Come together With One Accord.”
“For Then We Shall Know, Even As Also We
Are Known.”*

While contemplating the sin and suffering of my dear sisters and brothers in this trying period of the world’s progress, I became submerged in an agony of compassion and prayer for Light. *Ye may make your prayer from two heights or from two depths.*

No longer was there room in my heart for condemnation of one sinner, however black the sin. I seemed to feel the compassion that filled our Savior’s heart in the agony on the cross, when *He* cried out “Forgive them, Father, for they know not what they do!”

He understood that they were not crucifying Him, but an impostor. *He* understood that they crucified because they were loyal to their traditions handed down to them by High Authority. *He* knew that they were *Spiritually Blind*. *He* saw that the *Blindness* was in process of becoming fixed in the race.

He learned in His Sacrifice how *that Blindness*, and *His Perfect Virtue*, were used by *Divine Love* to consummate a *Work of Love for All Living Things*, including *the Earth, the Mystery of Golgotha*.

We learn through the sublime teachings of the *Rosicrucian Cosmo-Conception* that *Conscience* is the *Precious Extract*, and only permanent acquisition of the Spirit, retained from life to life, as incentive to right thought, right feeling and right action.

By contemplating *Life On Earth*, we learn that *Conscience* is the direct and fundamental principle underlying the conduct of each individualized Spirit.

Conscience in its strength holds me to a course of action as right; (it may be contrary to *Self-Interest, Personal Welfare and every feeling and inclination*). *The Lesser Things* no longer *Rule*.

Conscience in its weakness is a broken staff to lean upon. Its weak voice is silenced by the clamor of *Desire, Self-Interest, Personal Welfare, Self-Righteousness and Condemnation of others*. What a pleasant satisfaction there is to the *Lower Self*, when *I* unveil the naughtiness of *Others* and reflect that at least *I* am not doing *that Sort of Thing*. (And yet perhaps it was only “*Yesterday*” that, wallowing in *that vice* I condemn my *Other* for, *I Gained in purgatory—by Terrific Reactions of Repulsion, from Shame and Remorse—the Resolve, the necessary Awakening of Conscience*, that inhibits my practice of that vice for all time, under any condition whatsoever.)

The drunkard of the past makes one of the best and most active *working* prohibition advocates of the present.

Compassion is the hand that plants “growing flowers” upon the grave of the old self, the lower self, and nurtures them with encouragement and rejoicing, so there is even no time for regrets any longer. Compassion is the hand that can raise the veil between “here and “there,” that I may look upon the process of purgation to learn a lesson if I lose not *Poise* while gazing thereon.

“But *then* we shall *Know*, even as also *We Are Known*.”

“Nothing that is (now) secret shall be hid.”

One condition where the above works out, is in the post-mortem purgatorial, lowest-desire plane, where the reactions are to hate and repulsion under the bond that draws all things of similar vibratory nature together.

The Purgation of a Secret Hate

Two sisters lived under the same roof. One was rich in this world's goods, morally lax, and self-indulgent. The other, widowed, poor, proud, embittered, was there as a dependent. On the surface, they lived a life together of average harmony.

But the poor one had discovered a moral indiscretion of the rich sister, which if known, would ruin her home and social life. -

The rich sister suspected that she was discovered, and little hints were not wanting from time to time to confirm the suspicion. And so through the years, a secret hate was built. Behind each gift of clothes or money, a *Leering Thing Appeared!*

In time they both passed out.

Now, clutched in an embrace that they vainly endeavor to break, stripped of the veil of flesh, in a plane that is vibrating to the source of their hate, they see but the *Leering Thing* that was veiled by the flesh in earth life, and they respond with hate for hate in a madness uncontrolled by anything but the *Mercy of God*, which has ordained that such

ASTROLOGY BY CORRESPONDENCE

To us, Astrology is a phase of Religion, and we teach it to others on condition that they will not prostitute it for gain, but use it to help and heal suffering humanity.

How to Apply for Admission

Anyone who is not engaged in fortune telling or similar methods of commercializing spiritual knowledge will *upon request* receive an application blank from the General Secretary of the Rosicrucian Fellowship. When this blank is returned properly filled, he may admit the applicant to instruction in either or both correspondence courses.

The Cost of the Courses

There are no fixed fees; no esoteric instruction is ever put in the balance against coin. At the same time, it cannot be given "free," "for nothing," for those who work to promulgate it must have the

periods shall be but one third as long in purgation as they were in generation. They listen to no one, but, poor victims of a fixed idea and evil, they drain the last dregs of bitterness, thrice intensified, as its term is shortened, and waste time in a region of horror, that might well be spent in better realms.

If they had known, as we can know by these wonderful teachings, and the faculties awakened by the living of the teachings, think you they would have sought justification of hate for each other? No, they would have constantly cleansed themselves from *within*; performed their *Purgation* here and now, and gone to God free of that dreadful *consciousness of sin* that will not let *those passed out* approach their Savior for a long time, even though *He* stands *the Eternal Lover of Each and Every Soul*, ardently desiring acceptance.

Lo! *He* stands at the door and knocks. Bid your *Divine Lover* enter. But before you do that, it would be well to do some interior cleaning, or *He* may not be able to stay with you long. Many times has *He* been turned out after having been invited to enter, yet *His Love Never Faileth*.

necessities of life. Type, paper, machinery, and postage also cost money, and *unless you pay your part someone else must pay for you*.

*CHRISTIAN MYSTICISM BY
CORRESPONDENCE*

A course of monthly letters and lessons are issued by the Rosicrucian Fellowship to aid those who wish to probe more deeply the Mystery of Life and Being. Upon request, the General Secretary may admit students to the preliminary degree, but advancement in the deeper degrees depends upon merit.

What is a failure? It's only a spur to a man who receives it right, and it makes the spirit within him stir to go in once more and fight. If you never have failed, it's an even guess you never have won a high success.—*Astral Ray*