

# Studies

in

## The Rosicrucian Cosmo Conception

\* \* \* \* \*

Kittie Skidmore Cowen

### Genesis, Occult and Biblical

#### THE GARDEN OF EDEN

**C**ONTINUING with our analysis of Genesis, Occult and Biblical, we will take up the study in Genesis second chapter, eighth verse (King James Version). This verse reads: "And the Lord God planted a garden eastward in Eden; and there he put the man whom he had formed."

Ninth verse: "And out of the ground made the Lord God to grow every tree that is pleasant to the sight and good for food; the tree of life also in the midst of the garden, and the tree of knowledge of good and evil."

Fifteenth verse: "And the Lord God took the man, and put him into the garden of Eden to dress it and to keep it."

Sixteenth verse: "And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat."

Seventeenth verse: "But of the tree of the knowledge of good and evil, thou shalt not eat of it; for in the day that thou eatest thereof thou shalt surely die."

Nineteenth verse: "And out of the ground the Lord God formed every beast of the field, and every fowl of the air; and brought them unto Adam to see what he would call them; and whatsoever Adam called every living creature, that

was the name thereof." (This finishes the Biblical record of man in the hermaphroditic stage.)

Eighteenth verse: "And the Lord God said, It is not good that the man should be alone; I will make him an helpmeet for him."

Twenty-first verse: "And the Lord God caused a deep sleep to fall upon Adam, and he slept; and he took one of his ribs, and closed up the flesh instead thereof."

Twenty-second verse: "And the rib, which the Lord God had taken from man, made he a woman, and brought her unto the man." (This is the Biblical record of the separation of the sexes.)

Chapter three, verse one: "Now the serpent was more subtle than any beast of the field which the Lord God had made. And he said unto the woman. Yea, hath God said, Ye shall not eat of every tree of the garden?"

Second verse: "And the woman said unto the serpent, We may eat of the fruit of the trees of the garden."

Third verse: "But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die."

Fourth verse: "And the serpent said unto the woman, Ye shall not surely die."

Fifth verse: "For God doth know that in the day

ye eat thereof, then your eyes shall be opened, and ye shall be as gods [note the plurality of Gods], knowing good and evil.”

Sixth verse: “And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her, and he did eat.” (Here is the Biblical record of the Fall of Man.)

Eighth verse: “And they heard the voice of the Lord God walking in the garden in the cool of the day, And Adam and his wife hid themselves from the presence of the Lord God amongst the trees of the garden.”

Ninth verse: “And the Lord God called unto Adam, and said unto him, Where art thou?”

Tenth verse: “And he said: I heard thy voice in the garden, and I was afraid, because I was naked, and I hid myself.” (Here we see mankind’s dawning consciousness of a physical form.)

Eleventh verse: “And he said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldst not eat?”

Twelfth verse: “And the man said, The woman whom thou gavest to be with me, she gave me of the tree, and I did eat.”

Thirteenth verse: “And the Lord God said unto the woman, What is this that thou hast done? And the woman said, The serpent beguiled me, and I did eat.”

Sixteenth verse: “Unto the woman he said, I will greatly multiply thy sorrow and thy conception; in sorrow thou shalt bring forth children.”

Seventeenth verse: “And unto Adam he said...cursed is the ground for thy sake; in sorrow shalt thou eat of it all the days of thy life.”

Eighteenth verse: “Thorns and thistles shall it bring forth to thee, and thou shalt eat the herbs of the field.”

Nineteenth verse: “In the sweat of thy face shalt thou eat bread, till thou return unto the ground; for out of it wast thou taken, for dust thou art and unto

dust thou shalt return.”

Twenty-second verse: “And the Lord God said, Behold, the man is become as one of us [Here is a clear inference to the plurality of rulers], to know good and evil; and now, lest he put forth his hand and take also of the tree of life, and eat, and live forever.”

Twenty-third verse: “Therefore the Lord God sent him forth from the garden of Eden.”

Twenty-fourth verse: “So he drove out the man; and he placed at the east of the garden of Eden, Cherubim, and a flaming sword which turned every way, to keep the way to the tree of life.” (Man’s banishment from the Garden of Eden—Lemuria, and the close of the Lemurian Epoch.)

The foregoing is the account of Adam and Eve, who, of course, represent humanity, from the earliest Biblical record up to the time of their banishment from the Garden of Eden.

Having the text of Genesis on this particular period of time before us, we will now turn to the occult analysis of this same period, and from a comparison of the two we will form our conclusions.

The occult student locates the Garden of Eden on the continent of Lemuria, where immense fern-forests grew in great luxuriance in the super-tropical climate and man as well as animals were enormous in size.

The characteristics of the Lemurians are well described by those of our first parents in the Garden of Eden, as we will very readily discover in reading the *Cosmo*, page 280: “The Lemurian was a born magician. He felt himself a descendant of the Gods, a spiritual being. Under the direction of the Messengers of the Gods his forces were directed toward the moulding of forms in the animal and the plant worlds. His line of advancement was by gaining not spiritual, but *material* knowledge.

“The Temples of Initiation for the most advanced did not need to reveal to man his high origin; to educate him to perform feats of magic; to instruct him how to function in the desire world and the higher realms. Such instruction is neces-

sary today because now the average man has no knowledge of the spiritual world, nor can he function in superphysical realms. The Lemurian, however, in his own way, did possess that knowledge and could exercise those faculties, but on the other hand, he was ignorant of the Laws of the Cosmos and the facts regarding the physical world which are matters of common, everyday knowledge with us. Therefore at the School of Initiation he was taught art, the laws of Nature, and facts relating to the physical universe. His will was strengthened and his imagination and memory wakened so that he could correlate experiences and devise ways and means of action when his past experiences did not serve to indicate a proper course of procedure.”

Verses nine, fifteen, sixteen, seventeen and nineteen describe mankind in the hermaphroditic stage. On page 268 of the *Cosmo* we read: “The man of the Hyperborean Epoch was hermaphrodite.” And on page 595, under the topic, “Lemurian Epoch,” we find the following quotation: “Then the sexes were separated,” (referring to the Lemurian Epoch).

Verses eighteen, twenty-one and twenty-two describe briefly the manner in which the sex separation took place. Let us compare this record with the one given in the *Cosmo*. On page 360 we find the following statement: In the middle of the Lemurian Epoch, the separation of the sexes occurred, in which work Jehovah and His Angels were-active.” The reason given by the occult scientist for the separation of the sexes is as follows: “In the case of the story of Adam’s rib, the word translated ‘rib,’ when pointed in one way reads *tsad*, which really means rib, but pointed another way it reads *tsela*, which means side.

The occult teaching concerning the development of the earth and man states that there was a time when man was like the Gods or Elohim who created him, in one particular—sex. He was both male and female, a hermaphrodite, capable of generating another being from himself. Later it became necessary to his further evolution that a brain should be evolved, and whereas he had pre-

viously sent out from himself the *double* creative force, positive and negative, *half of that was retained for the purpose of building a brain, a larynx, and a nervous system*, as organs of thought and a keyboard whereby the spirit might manipulate its organism and express itself vocally. Some of the spirits retained the positive creative force and sent out only the negative, or female, force, while others retained the female or negative force and sent out only the positive. Thus it may be said that God took away from them one *side* of their being, but not the rib. This reading of the word has as good a claim to recognition as the translation *rib*, and also has the further merit that it helps to explain an otherwise unexplainable fact.” (See *Questions and Answers*, page 165.)

Chapter three, verses one, two, three, four, five, six, seven, eight, nine, ten, eleven, twelve, thirteen, sixteen, seventeen, nineteen, twenty-one, twenty-two, twenty-three, and twenty-four tell briefly the story of the “Fall of Man” and his exile from the Garden of Eden in consequence thereof.

We will turn to the *Cosmo* and Lecture series number fourteen, and make our comparisons and deduce our conclusions.

On page 28 of the *Cosmo* we read: “When the sexes were separated, the male became an expression for Will, which is one part of the twofold soul-force; the female expressing the other part, Imagination.”

Now referring directly to “The Fall,” Lecture number fourteen states: “Imagination, which is the spiritual pole of the negative force, mirrored the scenes of the outside world in dream-like pictures before the inner consciousness of the women and in that way they were the first to become aware of the existence of the Physical World and the dense body, and they started to preach the gospel of the body to men, whom they told of this dimly perceived physical existence. Some among us are now sensing the soul and trying to preach the gospel of the Spiritual World where the soul lives, and meet a similar unbelief and ridicule as the Lemurian women encountered when trying to convince their compatriots that

they had a dense body.

“Among the observations made by these Seeresses was the fact that at times a man lost his body, and it disintegrated. She saw him just as before in the spiritual world, but he was gone from material existence, and it troubled her.

“From the Angels she could get no information, as they use the vital body as a transmitter and cannot make themselves understood to a reasoning brain-being. True, they had helped man to build his physical brain, but they had no knowledge that could be transmitted by means of it, because they did not know how to use such an instrument. All they could do was to control the physical expression of the love of mankind and glide it through the emotions in a loving, innocent way.

“And here it is that we first hear of ‘Lucifer,’ ‘the Light-bringer,’ who speaks to the woman and helped her to solve the riddle by showing her how, with the help of the man, she may exercise the creative function independently of the Angels, and in that way provide bodies when they have been lost, and in that way evade death. These spirits entered the spinal cord and the brain and spoke to the woman, whose Imagination had been aroused by the training of the Lemurian Race. As her consciousness was principally internal, a picture-consciousness of them was received by her, and she saw them as serpents, for they had entered her brain by the serpentine spinal cord.

“Lucifer enquires if God has forbidden them to eat of the trees, and is told that they have been forbidden to eat of the tree or knowledge of good and evil under penalty of death.

“That the tree of *know*-ledge is a symbolical expression for the generative function is readily apparent when we remember how limited the consciousness of man was at that time. He *knew*, or was aware of nothing *outside* himself; his eyes had not yet opened, his consciousness was internal, like the picture-consciousness of our dreams, except that it was not confused. But he was as unaware of the exterior world and beings as we are now of the spiritual world, save at the times when he was conducted to the temples and

brought into intimate sexual contact with another; then, for the moment, the spirit pierced the veil of flesh. Then the man and wife knew each other in the body, and to the initiated the Bible records these facts in a wonderfully illuminating way. The pain of child-birth is also more logically meted out as a penalty for violation of an injunction against sexual intercourse than as a punishment for eating an apple.

“The serpent said: ‘Ye shall not surely die, for the God doth know that in the day ye eat thereof *your eyes shall be opened*, and ye shall be as the gods, knowing good *and evil*.’ The latter was then unknown to man.

“Acting upon this advice, the woman secured the co-operation of the man and by the power of will they freed their desire bodies. That faculty was then much greater than now, for it is a law that each new faculty is always bought at the cost of weakening some previous power, as when the faculty of thought was bought at the price of half the creative force. Then the man’s will-power was such that the anxiety of the God, ‘lest man eat also of the tree of life and become immortal,’ was well founded, for had he secured possession of the secret of renewing the vital body, as well as the dense body, he would have been able to create a body and vitalize it forever. Then there would truly have been no death, but neither would there have been any evolution, as man did not then, and does not yet, know how to build a perfect body. That would have been the greatest calamity possible. Death is not a curse, but a friend, when it comes naturally, for it releases us from an environment we have outgrown, and from a body that ties us, in order that we may get a new chance in a new and better body to learn new lessons.

“The untrammelled use of the sex-function had the result of making man more and more conscious of his body: “their eyes were opened,” and their attention focused more and more on the Physical World, until by degrees they have forgotten the higher worlds altogether, and many have ceased to even believe that there is an immortal spirit in man. To them the death of the

body is of course a terrible thing, a dire calamity, despite all assertions, because they think it annihilation. So, although the word of Lucifer was true, and a new body is provided, the word of the Angel was truer still, for there was no sting in death until man lost consciousness of the higher worlds.

“As to the curse: ‘In sorrow shalt thou bring forth thy children’; it was no curse at all, but a simple statement of the effects that must inevitably result from the abuse or ignorant use of the creative function.

“While that was exercised under the wise guidance of the Angels, at certain times of the year, when the cosmic lines of force running from planet to planet were propitious, parturition could be accomplished without pain; but man was and is ignorant of these factors, hence he transgressed and pain resulted.

“Thus the brain and vocal organ has been bought at the cost of half the creative force, freedom from the rule of the Angels and the power to initiate action, to choose good or evil, and consciousness of the material world are ours at the cost of sorrow, pain, and death.

“But all things work together for good in God’s kingdom, the World. Even that which is evil is transmuted by the subtlest spiritual alchemy into stepping stones to a higher good than could have been achieved without it,

“Having been exiled from the Garden of Eden, The Etheric Region (Lemuria), by learning to *know* the material world, in consequence of repeated sexual abuse, which has focused his attention here, this increased use of the desire body hardened the dense body and it began to require food and shelter. Thus man’s ingenuity was taxed to provide for the body. Hunger and cold were whips of evil that called forth man’s ingenuity; they forced him to think and act to provide for his necessities. Thus he is gradually learning wisdom; he provides for these contingencies before they come, because the pangs of hunger and cold have taught him to guard himself, and thus *wisdom is crystallized pain*.

### SUMMARY

Genesis second chapter, verses eight to nineteen inclusive, illuminated by the light or occult reasoning, gives us a brief but fairly clear account of the evolution of man from the beginning of the Earth Period down to the middle of the Lemurian Epoch. True, it does not go into detail as to how man perpetuated his species, but that information is furnished to the illuminated mind in chapter one, where the Elohim, who is double-sexed, as the word clearly indicates, said: Let us make man in our own image.” Man, being double-sexed, had of course the power of propagation within himself. The remainder of Chapter two is devoted to the subject of “The Separation of the Sexes.” This event the occult scientist knows took place in the middle of the Lemurian Epoch. The reason was not that the man, Adam, might have assistance in the performance of his daily tasks, but that the Race, Adam, might be furnished with the necessary equipment wherewith to further his evolutionary development.

The grotesque and impossible manner in which the separation of the sexes is related as having been accomplished, as described in the common versions of the Bible, is, of course, another example of what may be done by changing vowels in the old Hebrew text. If we interpret the Hebrew word used to mean side, instead of rib, and understand that man was male-female, and that Jehovah caused one-half of his sex force to be turned upward to be used in building a brain, larynx, and nervous system, leaving only one-half or side available for propagation, and thereby necessitating that he express himself physically as either male or female, according to the nature of the force retained for such use, then we are not doing violence to our reason, and we further find that when this alteration is made, the occult teaching harmonizes with that of the Bible and both agree with the teaching of modern science that man was bi-sexual at one time, before he developed one sex at the expense of the other.

Chapter three, verses one to twenty-four inclusive, record the “Fall of man.” In this record it is

stated that the serpent tempted the woman to eat of the fruit of the "tree of knowledge." The occult scientist knows that this statement is purely symbolical and that the eating of the fruit is merely a symbol of the generative act. That this interpretation is correct certainly must be evident to the analytical mind, followed as it is by the declaration of Jehovah, which was a simple statement of the consequences which would follow the act—that the woman will bear her children in pain and suffering. Quoting from the *Cosmo*, page 262: "It has always been a sore puzzle to Bible commentators what connection there could possibly be between the eating of fruit and the bearing of children, but if we understand that the eating of the fruit is symbolical of the generative act, whereby man becomes "like God," inasmuch as he *knows* his kind and is thus able to generate new beings, the solution is easy."

And again, the connection between Lucifer and the serpent is quite as easily understood when we know that at this period in the past mankind's consciousness was turned *inward*, and that he saw his inner organs and built them with the same force that he now turns *outward* to build houses, the outside muscles of his body, etc.; and so the woman who was the furthest advanced in that direction, on account of having her Imagination trained, saw the intelligence embodied in her spinal cord, and at a later stage, when man attempted to record her experience, the serpent appealed to him as the nearest likeness to that which he wanted to describe.

Now apply the occult interpretation, and the "Fall of Man" is made clear.

After the separation of the sexes, propagation took place under the direction of the Angels at certain seasons of the year when planetary conditions were most propitious. During this time mankind, also under the direction of the Angels, was building a brain, larynx, and spinal cord. The consciousness of mankind was focused almost entirely on the spiritual plane, but woman, who on account of her Imagination had forged ahead, had discovered the physical form, and in addition to

this had learned through further investigation that at times man lost his physical body and it disintegrated. She knew that she saw him just the same in the Spiritual World, but the fact that at times he lost this physical body worried her, and she began searching for information. The Lucifer Spirits, who were a class of stragglers in the life wave of the Angels, needed a brain through which to express themselves and gain knowledge. The only way they could find an avenue for this was to use man's physical brain, so they spoke to the woman and helped her to solve the riddle by showing her how, with the help of man, she could exercise the creative function independent of the Angels and in that way provide bodies when they were lost and so evade death. The Lucifers did this that they might profit by it themselves, and gain knowledge as man acquired it.

Acting upon the advice given her by the Lucifer Spirits, the woman secured the co-operation of the man and humanity arrogated to themselves the right to use the sex force indiscriminately. As they did not understand how to regulate this function by the positions of the planets, pain in childbirth of a necessity followed.

Man's banishment from the Garden of Eden was not a punishment for his disobedience, but a necessary protection. His will-power at this time was such that Jehovah's anxiety, lest he eat of the tree of life, also was well founded. Had he secured the secret of renewing his vital body, he would have been able to create a body and vitalize it forever. Had he done this he would have been immortal indeed, but would never have been able to perfect his dense body, which at that time was most primitive.

Man was exiled from the Etheric Region, the Garden of Eden, for the misuse of the sex force, lest he learn to vitalize the imperfect bodies he had learned to create, and the Cherubim were placed before it with a flaming sword. The right use of the sex force builds an organ which will give him the key to the Inner Worlds and help him to create by thought. Then sorrow and pain will cease and he will have entered the path to the City of Peace.

# Nutrition and Health

\* \* \* \* \*

## Dr. Jekyll Up To Date

**P**OWERFUL as Stevenson's celebrated story is, it is doubtful whether he ever considered the alteration of character by the administrator of drugs as anything but a figment of his romancing imagination: It was the vehicle which enabled him to point his moral and adorn his tale—that was all. If we are to believe the narrative of Margaret Morris, a nurse who contributes her experience to the "Bedside Stories" department of *The Nurse* (Jamestown, N. Y., September), it has more truth in it than this. Miss Morris saw an overdose of veronal change a maudlin, blear-eyed, shambling debauchee into an upright, self-respecting gentleman, while its effect lasted. Here is her story as she tells it:

"It was while I was nursing in a small hospital in Alaska—a place where one has many experiences with D. T.'s—that late one night a man, or the remnants of one, was brought in suffering from the effects of a prolonged debauch. I knew him as an habitue of the dance halls, and a musician who, according to gossip, had made his bow before all the crowned heads of the world. In the maudlin, flabby, blear-eyed, drooling wretch it was difficult enough to recognize a human being, much less a man who had ever achieved a place in music.

"The doctor told me to give him a dose of veronal, and repeat it in two hours, if necessary. He did not sleep at all, even, with the second dose. Next morning the doctor said: 'Give him the veronal every two hours until he does sleep. It won't hurt him, and I don't like to give him anything else.' I obeyed orders, though at bedtime that night I told, the doctor he had had the veronal every two hours all day and still showed no incli-

nation to sleep. He answered, 'Keep on giving it.' I did so.

"At 2 a. m. he had a dose, and I saw no change in his condition. A half-hour later, as I was passing through the hall, he came to his door and spoke to me.

"I did not recognize him. He was fully dressed and stood as straight as a soldier, with shoulders back and head up, his lips firm and his eyes clear. Most courteous was his manner as he said in a voice, deep, rich, and musical, 'If you will permit me to walk around the block, I think I can go to sleep when I come back.' He talked to me for the next fifteen minutes, cleverly, brilliantly. Never before nor since have I listened to such a symphony in English. The man was entirely transformed.

"I was mystified, puzzled, and at a loss just what to do. But it seemed ridiculously absurd to refuse such a personage anything so simple as a walk around the block. He went, and returned in about fifteen minutes—but how different! A heavy-eyed, slouching figure, dazed, drowsy, and snoring loudly, before I could get him in bed.

"He continued to sleep like this, breathing very heavily, all that night, the next day, the second night, and until noon the following day. I cared for him just as for a patient in a comatose condition. His pulse was good, and the doctor did not feel at all worried. The doctor laughed at me when I told him of the wonderful transformation which had preceded the sleep. But I was not dreaming or 'seeing things,' and have often wished I might know just what had taken place to make him for that moment the man I saw."

## The Rosy Cross Healing Circle

Healing meetings are held in the Pro-Ecclesia at Headquarters on the nights when the Moon enters Cardinal Signs in the Zodiac. The hour of service is about 6:30 p.m. The virtue of the Cardinal Signs is dynamic energy, which they infuse into every thing or enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour: 6:30 p. m., meditate on Health, and pray to the Great Physician, our Father in Heaven, for the restoration to health of all who suffer, particularly for those who have applied to Headquarters for relief.

At the same time visualize the Pro-Ecclesia where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated purpose.

We print herewith some letters from people who have been helped, also a list of dates on which Healing Meetings are held

---

### Dates of Healing Meetings

November 3—10—17—24—30

December 7—14—21—27

---

Yorktown, Texas, Sept. 13, 1917

Dear Friends:

I am slowly but surely improving; my ears do not trouble me now and have not since I wrote you last week; my back is stronger and free from pain; I am gaining self-control. This is remarkable, for I had become like a child in this respect.

I am so thankful for your help. Please still remember me in your prayers, for I am one who needs much encouragement. I am trying hard to get well and be of use to those about me once more.

Sincerely,

Mrs H. R. A

---

Kelowena, B. C., Sept. 12, 1917

Dear Friends:

This is to tell you that I am well and fit, and endeavoring, with some success, to follow out your suggestions.

I am glad to report that it seems easier for me now to live a better life and feel I must for this be most grateful to you.

Again thanking you for all your efforts which I hope may have complete success, I am

Yours sincerely

Mr. S: M. G.

---

Manville, R. I., July 4, 1917

Dear Friend:

I am pleased to be able to report great improvement this week. A week ago I plainly felt the Invisible Helpers working with me shortly after I went to bed, and could also see them, though not clearly enough to distinguish them, but just to know that there was someone there. In the morning I awoke feeling fine and the difficulty for which I asked treatment is so much better that I begin to feel like myself again.

The promptness of definite benefit I have thus received is wonderful and I am more grateful than I can tell.

Yours in Fellowship

Mr. W. M. S.

---

### *LIBRARY SUBSCRIPTIONS*

The magazine is now sent gratis to 330 Libraries. Part of these subscriptions have been paid for by members and the rest are supplied by the Headquarters fund. The price to Libraries will not be raised, so that members wishing to subscribe for one or more may do so at the former price: One Dollar a year in the United States, One Dollar and Twenty-five Cents in Canada, and One Dollar and Fifty Cents foreign.



## Menu from Mt. Ecclesia

### THANKSGIVING

#### *Breakfast*

Stewed Prunes  
 Bran Muffins  
 Fried Corn Mush and Maple Syrup  
 Milk or Coffee

#### *Dinner*

Lentil Soup  
 Stuffed Egg Plant with Mushrooms  
 and Brown Gravy  
 Baked Sweet Potatoes  
 Cranberry Sauce  
 Whole Wheat Bread, Butter and Honey

#### *Supper*

Chestnut and Apple Salad  
 Vegetable Mince Pie  
 Bread, Butter and Honey  
 Milk or Tea

---

## Recipes

### BRAN MUFFINS

Moisten two cups of bran, allowing to stand over night. In the morning take one cup of white flour to which has been added three teaspoons baking powder and one of salt, one tablespoon brown molasses, one tablespoon melted butter. After the above has been well mixed, add one cup sweet milk and drop into hot muffin pans. Bake twenty minutes.

### LENTIL SOUP

Wash one pint of lentils carefully into three pints of warm water, allow to soak over night. Set this on the stove about two hours before dinner and cook slowly, adding one large onion, a bunch of parsley, one cove of garlic. Boil until lentils lose their shape and become quite soft. Rub through a colander, reheat, adding one cup tomato juice. Brown two tablespoons each of butter and flour, add to the hot soup, boiling for five minutes. Season to taste with salt, etc. Serve with croutons.

### STUFFED EGGPLANT WITH MUSHROOMS

Boil entire eggplant in salt water fifteen minutes (if small size); allow to cool; cut in two lengthwise, carefully scoop out the pulp, leaving the skin

unbroken. Take two large flat mushrooms, wash careful, cut into small dice, also one slice whole wheat or graham bread diced; chop the pulp of the eggplant and one large onion, fry the above four parts in a frying pan of butter or oil and butter mixed, until, well browned. Season with salt, pepper, chopped parsley, and celery salt; add one egg well beaten and stuff into the shells. Bake until well browned on top. Serve with tomato sauce or brown gravy.

### CHESTNUT AND APPLE SALAD

Boil, peel, and blanch one piny of chestnuts. Peel and chop four medium sized mellow apples with the chestnuts. Serve on plates garnished with lettuce leaves and serve with mayonnaise dressing.

### VEGETABLE MINCE PIE FILLING

Peel and pare six large sized apples, eight dried figs, one fourth citron, one half cup seedless raisins, one half cup seeded prunes; chop the above well. Grind one half cup each of walnut and almond meats, mix all together with two cups of grape and one of lemon juice. Add sugar and spice to taste. Boil until the apples are well cooked, adding two tablespoons of butter.

# Echoes from Mt. Ecclesia

\* \* \* \* \*

## A Talk in the Pro-Ecclesia

ON the Twelfth of September we had the pleasure of solemnizing the first marriage in the Pro Ecclesia at Headquarters, when two members of the Los Angeles Fellowship joined hands for a life partnership.

Although this is the time of the year when Southern California is most barren of flowers the ladies on Mount Ecclesia had managed to gather together sufficient to decorate the Pro Ecclesia in a most beautiful manner and at the appointed time we closed the offices and printshops so that all might be present at the ceremony. When all had been seated the inspiring strains of the Wedding March pealed forth from the organ with violin accompaniment, as Mr. Heindel led the bridal party down the central isle to the front where the bride and groom were seated while Mr. Heindel took his place on the platform. After the soul-stirring strains of the Wedding March had subsided, he delivered substantially the following address.

My Dear Sisters, Brothers, and Friends:

We have met here today to witness a most important ceremony which will join together in wedlock two of our friends. It is for them a most momentous occasion, and indeed for us all, for the life or lives lived by individuals are reflected in the community; the home life is the background and basis of the public life. If our young friends who are now starting out together on the life of matrimony are prepared to be self-sacrificing towards one another, each always seeking for the good of the other, each striving to conform himself or herself to the other, as we earnestly hope and pray that they will, there will result a life of the most ideal companionship which is indeed a foretaste of heaven on earth, then each of them will be

blessed thereby, and together they will radiate from the home which they make an influence of the greatest possible benefit to the community. On the other hand, if each should persist in having his or her own way, regardless of the comfort and happiness of the other, they have before them a life of such misery that it is really hell on earth, and the influence radiated from such a home can only be detrimental to the community wherein they live. We shall all earnestly pray that they may beware of the rocks and shoals of selfishness which are sure to wreck the bark of life happiness, and cultivate that conjugal solicitude for each other's welfare which will lead to a life of heavenly bliss.

Marriage then is a hazard, and in order to understand why such a dangerous condition, which is alas only too often a source of sorrow, should have been thrust upon mankind, it is necessary to examine the occult records and to take a larger view of the evolutionary journey of mankind than is generally open to the great majority of people. There was a time, called by occultists of the Western Wisdom School, The Hyperborean Epoch, when man in the making was plant-like in his constitution and male-female, as recorded in the Bible. Therefore he could at that time, like a number of the plants today, fertilize himself and reproduce his kind without outside co-operation. In time the human body hardened and became animal-like in its construction. But the human spirit is a divine creative intelligence being taught in the school of life; we are all Gods in the making, and the creation of physical things by physical means is only an elementary lesson. Eventually we must learn to emulate the creative methods of God, the Great Architect of the Universe, who by His spoken Word brought all things into existence, as so wonderfully taught in that gem of mysticism, the first

chapter of the Gospel of John, where it is said: "In the beginning was the Word and the Word was with God. All things were made by Him and without Him was not anything made that was made. In Him was light and the light was the life of men and the light shineth in darkness and the darkness comprehendeth it not."

To think the creative thought, however, requires a brain in the physical world, and to speak the creative fiat requires a larynx, and therefore it was necessary that these organs should be provided for man in the making so that he might gradually grow up to the divine stature. Therefore the great superhuman hierarchs who have guided our evolution diverted one part of the creative force of man-in-the-making upwards so that it might build these organs. In some they used the negative pole of this force and they became female; in the others the positive pole of the creative force was used and they became males. But this left only one half of the creative force available for the reproduction of the race and thus from that time mankind was divided into sexes as we see them today and it has become necessary for each to seek his or her complement so that the dual creative force, *male and female*, may be blended to perpetuate the human species and to provide new vehicles for the egos who have lost theirs by death. And in those early days, when the guardian angels had charge of infant humanity, they gathered their wards in great temples at certain times of the year when the interplanetary lines of force were propitious to procreation and there generation was accomplished as a sacrament, a sacred religious rite.

Had this condition continued, humanity would also to this day have remained childlike and innocent, docile and happy as children. But as the brain was gradually formed, fallen angels, spoken of in the Bible as Lucifer Spirits, taught humanity the unbridled use or rather abuse of the creative function for sense gratification, regardless of the planetary conditions. Thus love gave place to lust, parturition became painful, and death more frequent. Man had fallen from a sanctified to a sinful state, and since then an age of sorrow, struggle, and strife has been upon earth, and if we analyze con-

ditions to the ultimate today, we shall find that every form of sorrow and sickness is due to this abnormal sexual relationship. Therefore we are anxiously looking for the time of the coming of Christ for the establishment of the Kingdom of God, when there shall be neither marrying nor giving in marriage because each shall have the power within himself to speak the creative word and death will be swallowed up in immortality.

But while we hold these ideals regarding the future condition, we must deal with facts as we find them today, and there are great and wonderful lessons to be learned within the state of matrimony. So we must do our very best to render it fruitful, physically, mentally, morally, and spiritually. We should always remember that it is a striving towards unity which can only be achieved by a forgetfulness of self. There should be in the home only one thought, one voice, and one aim in life, *but this should be a composite thought, voice, and aim*. Both parties should strive to blend their ideas for the common good, and if it should be found, as undoubtedly it will, that no agreement can be reached on a few points, then there should be a tactful avoidance of such subjects until time shall have changed one or the other or both. There should be a mutual respect of each other's rights, a sinking of self interest for the common good. We earnestly pray that our young friends here, who are entering upon this great adventure, may endeavor from the beginning to live the love life which is so essential to make a home atmosphere fit for the raising of children that shall be a credit to the community. Bear one another's burdens. Young man, do not confine your interest to the shop or office and beg to be excused from sharing the worries incidental to the care of a home and children. Young woman, do not cherish the idea that your troubles and trials in the home are paramount and that your husband has no worries compared to yours. Remember this is *a partnership* in anything and everything; take an intelligent interest in his business; encourage his ambitions and spur him on to greater efforts by intelligent appreciation. The more you know of each other's affairs, the closer your partnership, easier you will

bear the burdens of life and succeed in making your matrimonial venture worth while. And we all pray that God may give his greatest blessing to you both and that this union may prove fruitful of lessons that will elevate you physically, morally, mentally, and spiritually in the great school of life.

After the conclusion of the address the ceremony proper took place, including the exchange of rings which, being endless, are symbols of the immortal spirit and the promise to take each other for better or for worse, in sickness or in health, in prosperity or adversity, till death shall part. The party then adjourned to the Dining Hall where the tables had been placed in the form of a cross and there a sumptuous spread was served. Afterwards the bride and groom were sent on their way with repeated well wishes, and heartfelt prayers for their success.

#### A VACATION TRIP IN A ROCKING CHAIR

A number of letters have been received at Headquarters congratulating Mr. and Mrs. Heindel on their vacation trip, which gave the readers of "A Trip to Idyl Ease" almost as much enjoyment as if they had been along. Here is an extract from the letter by a friend who took the trip in a rocking chair.

"And that 'trip to Idyl-Ease', I did enjoy it. I travelled right along with the Editor and Mrs. Heindel. I looked down into the valleys from 'Smiley Heights' and smelled the orange blossoms, I heard the song of the surf and laughed and sang, so you can tell them that their vacation gave me one too, although instead of 'Carita', the sturdy 'Overland' car, I had a rocking chair and a footstool and an imagination fired with enthusiasm—and many who read felt just like me I suppose. Oh! I just love your beautiful magazine." M. E. H.

---

### Invisibility Patented in Germany

It will be remembered by those who have read the earlier stories of H. G. Wells that his "invisible man" attained to that distinction by discovering a method of rendering the refractive index of his body to light precisely the same as that of the atmosphere. As his body did not reflect light at any of its surfaces, external or internal, the rays went directly through it. It was perfectly transparent, and therefore invisible. A process for preparing museum specimens on this plan, and making them so translucent that the details of the skeleton are visible through the skin and flesh, has been patented in Germany. Probably we shall not yet have an invisible man by this process, for the specimen must be totally immersed in certain liquids; but according to *The Publishers' Circular* (London, June 2), we have progressed as far as a transparent rat!

"The Patent Court . . . has just revealed the astonishing fact that a Leipzig bookseller, Hermann Streller, of 32a Langestrasse, has patented a process for using the refraction of light to look through organic bodies, which seems, accord-

ing to a doctor from the South Kensington Natural History Museum, to issue in the phenomenon of a transparent rat! We do not know whether there is any literary significance in the fact that Leipzig is only about a hundred miles from

Hamelin Town in Brunswick

By famous Hanover city.

Anyhow, the Trustees of the British Museum (South Kensington Natural History Society) applied to the Controller on Thursday for license to use the German patent 8,621 of 1909, in the name of Streller, which asserts a sure process 'for rendering organic and inorganic bodies transparent' by the employment of the refraction of light.

"Dr. S. F. Harmer, F. R. S., from the Natural History Museum, declared the process was a remarkable one. It offered peculiar advantages for the study of the internal structure of animals. You could take a rat and prepare it in a certain way, put it in certain solutions specified, and it would become extremely transparent, so that you could see the details of the skeleton through the skin and muscles. He desired to make use of the process at

the South Kensington Museum. The general principle of making objects transparent by putting them in liquids of suitable refractory indices they knew about before the patent, and the patentee could not claim any patent rights in general scientific principles ... The particular details of some of these processes were new. The authorities wished to employ them partly for preparing objects to be exhibited to the public and partly for study purposes. Dr. Harmer was not sure that all the chemical substances could be obtained at the present time. Some of them were complicated bodies which were made in Germany. The processes were probably capable of use for commercial purposes. If, for instance, a farmer had a sample of seed, and wished to examine the quality of the seed, or see whether it was internally attacked by insects or disease, it was quite possible that the seed should be made transparent in this way, and it would be a convenient method of judging of its goodness.

“The patentee states the principle in this way: An object with a certain index of refraction attains the property of transparency if placed in a liquid having a corresponding index of refraction. If a particular tissue or constituent is to be examined, the index of refraction of the particular organic constituent ... bodies need to be prepared in certain ways, such as by having gases, air, or water removed by an air-pump so that the saturation takes place in a vacuum. For the removal of water a preliminary treatment of the body with alcohol, benzol, or the like may be carried out.

“In some cases liquids may be chosen which, by virtue of their index of refraction, cause certain parts or groups of the body to disappear, so to speak, and thereby bring other parts the more prominently into view.

“Dr. Harmer added that Professor Spalteholz, in his book, stated that a license must be obtained for the purely commercial use of the patent, but its employment for scientific preparation and educational purposes was in another case. The purely scientific use of the process remained free.

“The Controller of Patents, Mr. Temple Franks, said this almost seemed to obviate the necessity for a license. There was also the question whether

the patent was good, since it seemed to endeavor to patent the use of general scientific principles. There was the further fact that this was wanted for a government and public institution. He would look into the matter. It sounded like a fairy-tale.”

—*Literary Digest*

---

### IMPORTANT NOTICE

---

It cost a great deal of work and some money to cast a horoscope, have it electroplated, read, type set and printed. Unless the data are exact and right, all this work is in vain, and the horoscope worthless. Therefore we want to impress upon parents the necessity of being definite and accurate when sending in data for children's horoscopes, for we cannot take chances, and where the data are ambiguous, the request goes into the wastebasket.

The principal inaccuracy is in stating the birth-time, of children born near noon or midnight. We do not know what you mean when write September 17, 1912, 12:14 p. m. Some people would think that you mean 14 minutes after noon. Others would say you mean 14 minutes after midnight, which would then be the morning of the 18th. This would make a most radical change in the Moon's aspects, in the place of the Sun and the house! Therefore the readings would be as different as day and night. Thus, if we happened to guess that the child was born at noon, instead of at midnight, which has happened, our work would be lost, and Astrology would be discredited if the parent happened to be a stranger.

Therefore, when sending such data, please state the hour definitely by adding the word 'noon' or 'midnight' as the case may be: September 17, 12:14 NOON, or September 17, 12:14 MIDNIGHT.

---

What is a failure?

It's only a spur to a man who receives it right,  
It makes the spirit within him stir to go in once  
more and fight.

If you never have failed, it's an even guess  
You never have won a high success.

—*Astral Ray*