

well; if otherwise, then ill. It is in this way one may escape fate, that is, by knowing it and providing against it. By this it will be seen that fate is not overruled at all, for its manifestation is inevitable, but the field of conflict is within the

native and mastery of fate means the mastery of self. Now this is just what God wants of each of us, the mastery of self, for he who masters self, masters all things and thus demonstrates his own Divinity.

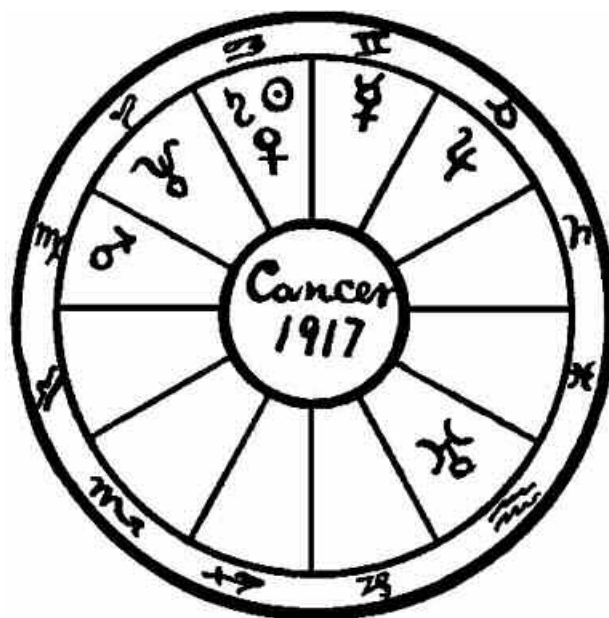
The Children of Cancer---1917

A Reading for children born from June 22 to July 23, 1917

EDITOR'S NOTE—It is the custom of astrologer, when giving a reading requiring as data only the month in which the person is born, to confine his remarks to the characteristics given by the sign the Sun is in at the time. Obviously, however, this is a most elementary reading and does not really convey any adequate idea of what these people are like, for if those were their sole characteristics there would only be twelve kinds of people in the world. We are going to improve upon this method by giving monthly readings that will fit the children born in the given month of that particular year, and take into consideration the characteristics conferred by the other planets according to the sign wherein they are during that month. That should give a much more accurate idea of the nature and possibilities of these children and will, we hope, be of some use to the many parents who are not fortunate enough to have their children's horoscopes cast and read individually. We keep these magazines in stock so that parents may get such a reading for children born in any month after June, 1917. The price of back numbers is 25¢ each.

THE watery sign Cancer is one of the weakest in the zodiac, so far as vitality goes, and when that is upon the eastern horizon of a person's horoscope it always gives rather a weak body, but usually this does not apply to the children born during the time when the Sun is in Cancer, for the Sun is the giver of life and these children are, therefore, more fortunate in that respect than the ordinary run of Cancer children. This year, however, we find Saturn, the planet of obstruction, is in Cancer, so that this year's crop of Cancer children will be weaker and more tender than usual, hence they must be given better care, particularly during infancy. Their weakest point is the stomach, which is the part of the body ruled by Cancer, and the presence of Saturn there will give them a tendency towards indigestion; therefore they should be very carefully taught by example

from the earliest days of infancy to eat for the sake of health and not to tickle the palate. Mars, the planet of fever and inflammation, is in Virgo during the time covered by our reading, and the children born in that period will therefore be liable to inflammation of the bowels and intestinal troubles, for Virgo rules that part of the body; but, as we always maintain, the horoscope only shows tendencies and if we know what the tendencies are we may be able to apply the ounce of prevention



so that we will not need the pound of cure. Parents having children born in this month should, therefore, be careful that they are protected in these particular respects.

The children of Cancer are ordinarily very timid and retiring, but this year's Cancer children will be more so on account of Saturn's presence in this sign. They will, however, be exceptionally bright, for Mercury, the planet of reason, is essentially dignified in his own sign Gemini, during the

forepart of the month. This will make the children then born quick, resourceful, shrewd and very alert mentally. It will also give them fluency of speech and power of expression. After the 11th of July Mercury enters Cancer and then this changes somewhat, giving the children born from the eleventh to the twenty-second of July a rather changeable, restless mental tendency. But all these children born during the whole month will be benefited by the rays from Mars, the planet of dynamic energy, who is in the mercurial sign Virgo, giving them an original, bold, and energetic and enterprising mind, a keen taste for science, particularly chemistry, hygiene or diet, which will stand them in good stead to offset the ravages of Saturn in Cancer. This configuration offsets the timidity conferred by Saturn in a measure, but it also gives them a tendency to irritability and fussiness. Besides, it makes them so exceedingly ambitious to accomplish whatever they set out to do that they are very liable to overtax their strength and in time break down on account of over-work.

Venus is in Cancer during the whole month and Jupiter in Taurus. Cancer rules the home, the fourth house, and Taurus is the sign of Venus, the planet of love. Thus this year's Cancer children, having the great benefic and the lesser in these signs, will be particularly affectionate and loving, but Cancer is the sign of the wet, moving, changeable Moon and Venus in Cancer unfortunately makes the affections rather changeable, so that there is a danger that these children may become very fickle, though Jupiter and Taurus intensify the affection toward the mate and give them a touch of high altruism and benevolence, making them very fond of home and of pleasures of a

domestic character. This is also a good position for comfortable financial circumstances all through the life. Cancer people usually, if they do become poor, do not stay that way very long, because the Moon by her changes always brings some relief to the situation. This year, however, Saturn being in Cancer, will have a rather detrimental effect upon the home life of those who are born during this month, for he is the planet of obstruction and indicates that the mate is likely to place a wet blanket upon the ambition of the native. Saturn always says "Don't, don't," and the mate of these children will endeavor to discourage their ambition in whatever direction they may try to express themselves, for they are liable to marry someone of a fretting, distrustful and jealous disposition; but knowing this tendency, if they will use their reason a little when the time comes to mate, and seek out someone of a bright and sunny disposition, they may overcome their stars in this respect. There are strong indications, however, that they will not be able to do so, for Uranus, the planet of liberty, in the airy sign Aquarius, will give them a tendency to disregard the conventions and look upon life from such a high idealistic standpoint that they are bound to meet with a rude awakening, and that will probably come through Neptune, the planet of spirituality, in Leo, the sign which governs the heart. Their intensity of love is liable to get a shock and suffer severely under its sway. Neptune in Leo and Uranus in Aquarius show that we are in a transition stage and the moral and physical standards of the world are about to be altered, but this is a process of gradual growth and cannot be taken at a leap, as these Cancer children will endeavor to do.

*CHRISTIAN MYSTICISM BY
CORRESPONDENCE*

A course of monthly letters and lessons are issued by the Rosicrucian Fellowship to aid those who wish to probe more deeply the Mystery of Life and Being. Upon request the General Secretary may admit students to the preliminary degree, but advancement in the deeper degrees depends upon merit.

The great soul is always humble and very compassionate. The more we behold of the infinite correlations of the mighty Cosmic plan, the more do we become conscious of our littleness. The more also do we long to become a *conscious* part of the *Universal Whole*.

Help to spread these glad tidings by introducing this magazine among your friends.

Your Child's Horoscope

If the readings given in this department were to be paid for they would be very expensive. for besides typewriting, typesetting, plating of the figure, etc., the calculation and reading of each horoscope requires at least one half day of the editor's time. **Please note that we do not promise anyone a reading to get them to subscribe.** We give these readings to help parents in training their children, to help young people find their place in the world, and to help students of the stellar science with practical lessons. If your child's horoscope appears, be thankful for your luck. If it does not, you have no cause for anger at us.

We Do Not Cast Horoscopes.

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal and giving us the trouble of returning their money. Please do not thus annoy us: It will avail you nothing.

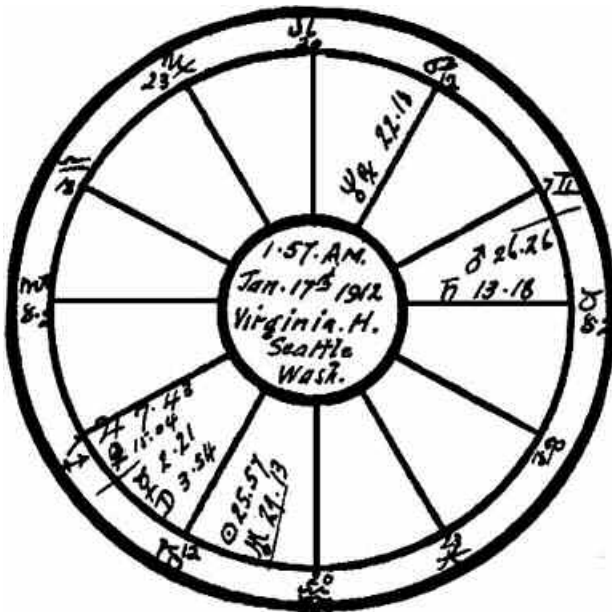
VIRGINIA H., born January 17, 1912, 1:57 a. m., Seattle, Wash.

At the time of Virginia's birth Mercury and the Moon, which are the signifiers of mind, were in conjunction in the saturnine sign Capricorn. The Sun also was in conjunction with Uranus, the planet of intuition, trine to Mars, the planet of dynamic energy. Thus it is seen that Virginia will have a quick, active, and intuitive mind of a very resourceful nature, which will enable her to grasp

things in life.

This we may modify to fit Virginia's case and say that it is better to be born with a good mind than a large fortune, for having that, all other good things are sure to come to her. But she is not neglected at all in the matter of fortune either, for Jupiter, the great benefic planet of benevolence, and Venus the planet of love, beauty, and harmony, are in the second house, Jupiter being essentially dignified. This shows that she is going to have a good share of the world's wealth, sufficient to give her a comfortable income all through life, and she will probably have many friends who will help her in that respect and make life pleasant for her. Seeing that these configurations occur mostly in the second house and that the Sun, which is the signifier of woman for marriage, is trine to Mars, the planet situated in the seventh house, which governs marriage, it is safe to say that Virginia will be very much benefited by marriage, that she will marry an energetic, ambitious man who will furnish the wherewithal to carry out her designs and ambitions.

The ninth house is the house of dreams, visions, and fancies and we find in Virginia's horoscope that Neptune is there in the psychic sign Cancer. This will give her very vivid dreams and imagination, but on account of the opposition of the Sun and Uranus these will be of an undesirable, weird, and horrible nature. This configuration will also make her mediumistic and an easy prey to spirit controls. You should therefore guard her against any possible contact with such undesirable entities. Do not take her to any spiritualistic seances or allow anyone who is of a negative, mediumistic nature to be much in her company. The dreams and visions may perhaps also be discouraged if you will be careful that she eats only a light meal



anything she desires to understand and to cope with all the problems and difficulties in life. The saturnine influence of the sign Capricorn, where these planets are located, will give her quite a deep insight and thus she has one of the greatest fortunes that can be found, something that no one can deprive her of and which will stand her in good stead all through her existence—a good mind. It is said that it is better to be born lucky than rich because one may lose riches that are inherited, but if one has luck then riches will come and all good

you must remember in the first place the horoscope shows only tendencies and that we are aiming to help him by showing the points where he may meet trouble.

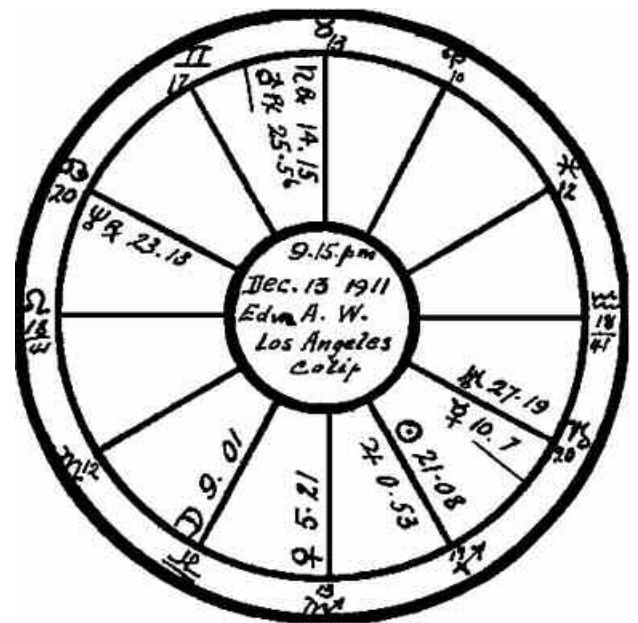
But there are also good things in Richard's horoscope. The Sun, which is the giver of life, is trine to Saturn. This brings out all the saturnine virtues and gives them to Richard so that he will have order, system, a concentrative, diplomatic disposition, likely to make a great many friends for him who will help him much. This aspect occurs from the seventh house, so it is probable that he will take part in local municipal affairs and win much honor and friendship thereby, becoming a highly valued member of the community. It is only in his own inner nature that the indecision is felt and particularly regarding his own affairs. Thus his life from his standpoint and to the general outward appearance may be very happy in another way than the conventional life usually lived by people who marry and devote themselves to their families alone.

With respect to health we find particularly that Saturn in Cancer, the sign which rules the stomach, and square to Venus in Aries, the sign which rules the head, shows that there will be a poor circulation of blood in that part of the body, with the result that he will be liable to suffer from headaches and that the cause of these headaches and poor circulation will be a wrong diet. We are therefore glad to have his horoscope so early in life, for during the first seven years the greatest number of habits are formed. A little child takes one habit after another, as you well know. Now if you will be very careful with his diet and teach him to eat carefully for the sake of health and for the sake of nourishment, instead of pleasing his palate, you may help him to overcome this difficulty.

Edmond A. W., born Dec. 13, 1911: at 9:15 p.m., Los Angeles, Calif.

At the time of Edmond's birth we find four fixed signs on the angles with Leo on the Ascendant, this makes him very strong-willed and determined. There is in the Leos, at times, a cruel

strain, but usually they are extremely soft-hearted and kind, particularly to the family and those they love. Where they love, they love dearly, but they can also hate. We find Mercury, the planet of reason, in the saturnine sign Capricorn trine to Saturn, which is in Taurus in the tenth house, and as we have often said, Saturn in a good aspect to Mercury is one of the most benefic configurations with respect to the mental qualities, for Saturn obstructing the flighty mind gives ability to concentrate and apply oneself to the deeper and more profound problems of life and it brings out in the person the best of the saturnine virtues—system, method, order, memory, tact, diplomacy and love of justice, so that Edmond is particularly fortunate



in having this configuration. As Saturn is in Taurus it may give him a little hesitancy in speech and debar him from giving fluent expression to his ideas, but they will be of such depth and value that every word he will utter counts.

We also find Uranus, the planet of intuition trine to Mars, the planet of dynamic energy, and Mars is also placed in the tenth house, which denotes the social standing. This shows that Edmond will have an intuitive grasp of things far beyond the power of reason. He will be of a very original turn of mind and possess talents that will bring him before the public. He will be very ambitious, but there is only one thing to be guarded against; if he

allows himself to be carried away by an inordinate desire for publicity, this may bring about his downfall. Saturn and Mars in the tenth house are always dangerous in that respect. They give the person the ambition to rise and the inherent power to do so, but they also usually bring about a fall. However, in the case of Edmond we find no bad aspects of either Saturn or Mars. On the contrary, they are extremely well aspected and therefore let us hope that this will not apply in this case. It will do no harm for you, however, to sound the voice of warning from time to time so that he may not become too egotistical with success.

The Moon is square to Mercury; this operates upon the mind in such a manner that under certain planetary conditions Edmond will be subject to worry and indecision, also a lack of continuity and mental stability, but the other mercurial aspects are so good that this needs scarcely to be taken into consideration. It will only be a very passing phase of his consciousness. Mercury is also sextile to Venus and this of itself will give a cheerful nature that will dispel any gloom that may gather. Uranus is close to the cusp of Aquarius where it is particularly strong and it is sextile to Jupiter, the planet of optimism and benevolence. Jupiter is also strong in Sagittarius, and therefore this configuration makes for general success in connection with the houses where they are placed, the third and sixth. This shows that Edmond is likely to benefit by a legacy and that he will have general success through life in financial matters. His occupation is also shown to be something connected with sixth house matters, as a doctor or surgeon, or in charge of some institution where the sick are cared for, or in chemical laboratory work. Of these occupations the Uranus-Mars configuration seems to favor the vocation of surgeon.

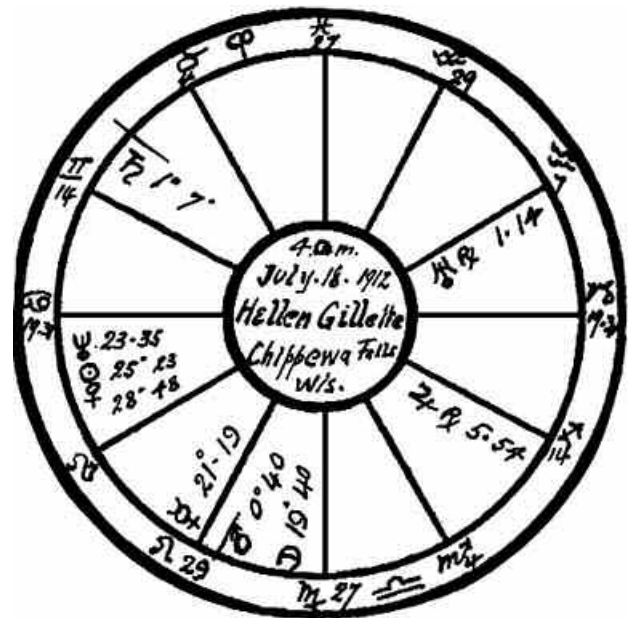
With respect to health we find that Edmond is very well fixed. The strong sign Leo rising with Mars, the planet of dynamic energy, highly elevated and well-aspected, and the Sun in the fiery sign Sagittarius, gives good vitality and shows that he will readily recuperate if anything happens to disturb his health. But Saturn in Taurus shows that the throat is the weakest point in his anatomy and

it will be well for you to guard him against colds. Not, however, by muffling him up, but rather by hardening him so that he will not feel the changes of weather.

With Neptune in the twelfth house of sorrow, trouble, and self-undoing in opposition to Uranus in the sixth house, it would be dangerous for him to enter any spiritualistic circles where he may be seized upon by the visiting spirits, who would probably find him an easy victim.

Helen G., born July 18, 1912, 4 a. m., Wisconsin.

At the time of Helen's birth we find the weak sign Cancer rising and this usually gives poor vitality, but in the case of Helen this omen changed by the fact that the Sun and Venus are there and the Sun is in sextile to the Moon. That is a wonderful configuration for strengthening the



constitution and it is one of the most favorable aspects for a successful life. It increases the energy and ambition, makes her adaptable to circumstances and it shows that she will have the assistance of people above her in the social scale who will help her and befriend her all her life, so that she will rise to a high position in her sphere of existence and gain the honor, esteem and friendship of others. Should it be necessary for her to seek employment, she will have no difficulty in

finding it and will receive good compensation and rapid promotion. She will win her way by her outwardly kindly and considerate manner.

Mercury, the planet of reason, is unaspected in Helen's horoscope. This shows that she will not be a good and logical reasoner. At the same time, she will arrive at the correct conclusions, for Uranus, the planet of intuition, is sextile to Jupiter and trine to Saturn. This, taken together with the sextile of the Moon to Neptune, shows that intuition will flash to her a correct solution of whatever problem she takes up.

But there are also faults in Helen's horoscope. We find that underlying this outward nature there is another which comes to the front at times and it is indicated by Mars square Saturn and Jupiter. When she is under the sway of that configuration she will show a violent temper and a very impulsive nature. Saturn and Jupiter are in opposition from the fifth and eleventh houses, and under such conditions she may also enter into speculations and lose by them. Then also ties may be formed with people of a dishonest nature, indicated by Saturn in the eleventh house, and they may then work for her undoing. You still have a few years in which it is possible to teach her the needed control of temper and we would earnestly urge that you allow no opportunity to pass and no display of passion to show itself without dealing with it in an adequate manner, for this is about her worst fault and may operate in a very detrimental manner against her success in life.

We have already said something with regard to her health in connection with the configuration of the Sun and Moon, but Saturn, we find, is in Gemini, the sign which rules the lungs. He is in square to Mars and in opposition to Jupiter. This shows that the lungs are the weakest spot in Helen's anatomy and that she needs warm clothing to keep these organs always well protected. You ought also to have her attend a physical culture class and take breathing exercises, especially in the younger years, as the habits then formed will stand by her all through life and prevent any serious developments. It is one of the greatest blessings of the horoscope that it shows us our

weak spots and enables us to apply the ounce of prevention which will make the pound of cure unnecessary and we trust you will take proper advantage of this advice.

MISKA Maria D., born October 28, 1901, 11 p. m., Denver, Colorado,

From your horoscope it appears that the Moon and Mercury are unaspected. This will make mental work difficult for you, although the Sun and Mercury are placed in the martial sign Scorpio and thus energize the mind in a measure. But to offset this unfavorable omen we find Uranus, the planet of intuition, in conjunction with Mars, the planet of dynamic energy in the ninth house sign Sagittarius, which rules the mind. You will therefore be able to grasp things intuitively and be of a very original turn of mind so that it will not be necessary for you to use the slower process or reasoning things out. You may always depend upon your first impression and you will find that it will be to your detriment if you do not act according to the promptings of that inner voice. Saturn, the planet of obstruction, is in conjunction with Jupiter, the planet of law, religion, and philosophy in the Saturnine sign Capricorn. This also has an effect upon your mind. It will steady it so that you are not liable to go off at a tangent. All the planets but the Moon and Neptune are grouped about the fourth, fifth and sixth houses and in our judgment the interest centers about the fifth house, which has to do with teaching and amusements, educational pursuits, et cetera. There we find Uranus, the planet of originality, in conjunction with Mars, the planet of dynamic energy, and Venus, the planet of harmony. This shows that teaching will be a good vocation for you, but not teaching in the ordinary school. You would be mentally incapacitated for that and it would wear upon you. Your ability is along original lines in expression, physical culture, hygiene, and diet. The Sun and Mercury in Scorpio will give you an inclination in that direction and Saturn, in conjunction with Jupiter, in the sixth house will help you to stay by whatever you undertake, so that you carry it to a successful issue.

With respect to marriage we would advise you not to enter into that relationship, on account of the fifth house configurations already mentioned. You would find it exceedingly difficult to associate with young men without endangering yourself. There is such a condition of danger and trickery about the relations or courtship and marriage, if such comes to pass, that we feel it will be better for you not to undertake it, at least until the more mature years, and your horoscope also shows some liability to trouble in parturition.

Hazel P., born Aug. 27, 1895, 9:30 a. m., Iowa

At the time of your birth four cardinal signs were on the angles, showing a life of action and that you have plenty of energy. The artistic sign Libra is rising with Venus on the Ascendant, and Venus is well aspected from Jupiter, the planet of benevolence, and the Moon, the planet of fecundity. Thus you have an inherently artistic nature and a love of beauty and as the planets are scattered over about half of your horoscope, it shows you have a fair measure of versatility, but the eleventh house is best fortified with the Sun, the giver of

life, Mercury, the planet of reason, and Mars, the planet of dynamic energy, in the sign Virgo. The conjunction of Mars and Mercury there show that you have a latent ability for writing and the presence of the Sun shows that you will find friends above you in society who will help you to realize your hopes, wishes, and ambitions. If you have not already done so, you should take up the study of typewriting and language. There is one thing which particularly hinders you in life and that is timidity. Saturn, the planet of obstruction, is in your first house square to Jupiter, the planet of benevolence, opulence, et cetera. Jupiter is in the tenth house. Overcome your timidity and you will find that all obstacles will fall away from you and that your path in life will be clean.

In looking at your horoscope we notice that the Moon is in Antares, the nebulous spot in Sagittarius, and square to Jupiter and Mercury. This shows that your eyes are weak and we would advise you to consult a good occultist in order that you may obtain advice and proper glasses so that you may prevent any undue strain to these vital organs.

*MARRIAGE, MOTHERHOOD AND
VOCATIONAL ADVICE GIVEN TO YOUNG
MEN AND WOMEN*

We are giving short readings for children under fourteen years of age, to help parents suppress faults and foster talents while the character is plastic. Life is still in the making for the young man or woman between fourteen and twenty-five years. They may also benefit by knowing what talents are latent, and what life work to select. We have therefore decided to give this advice so far as space permits. Each must wait his turn.

To obtain a vocational reading the parents, guardians, or applicants must be *yearly* subscribers. Only one request from each subscriber will be entertained, and unless it contains the following data it, will be thrown out, for without this a horoscope cannot be cast.

(1) Birth-year, month, date, and hour (as near as possible).

(2) Birth-place—city, state or country.

*YOUR CHILD'S HOROSCOPE
FREE!*

We do not cast horoscopes for adults on any consideration; but *children are unsolved problems!* They have come to their parents for help and guidance, and it is of inestimable benefit to know their latent tendencies, that their good traits may be fostered and evil tendencies suppressed. Therefore we *will give each month a short delineation of character and tendencies of four children under 14 years* in the Astral Ray department of this magazine. *Parents who wish to take advantage of this opportunity must be YEARLY subscribers.*

love. All those who aspire to become the pioneers of the coming race must strive to cultivate these faculties within themselves.

As Mr. Heindel tells us in one of his series of lectures: "It is our privilege to usher in that glorious age. The Age is ready when we are. There is no outside force to bring it about, there is no exterior leader to be expected until a sufficient number have commenced to live the life. It is vain to look for a second Coming of Christ in any other way

than by making ourselves ready to receive Him, for it has been truly said of that coming that 'the day and the hour knoweth no man.' It may be long or it may be short, there is no fixed time. As we live lives of selfishness, indulge in passion or vice, we retard His coming, and vice versa do we hasten it by living lives of love that lighten the burdens and bear the sorrows of others. Only when the Christ has been formed *within* can He be perceived without."

Nutrition and Health

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The Key to All Cures

For some time I have been among the sick and many of those around me are seriously afflicted. One finds them talking every day about medicines, foods, climates and various treatments, to one or more of which they look for a cure. This is only natural; it would not seem reasonable for a sufferer to neglect the use of physical means in which he had faith. There are physical measures which will relieve every ailment and help effect a cure and if we do not employ them we are negligent in our duty. But is it right for a patient to place his faith *entirely* in something *outside himself* for a cure? We do not believe it is. We believe he is responsible for his condition and a cure must come principally as a result of his own efforts, either consciously or subconsciously put forth.

Sickness of any nature is evidence of discord—inharmony. It shows we have violated a Law of Nature—we have sinned. Very often we cannot recall a violation commensurate with the severity of our sickness. Medical Astrology will give us Light. We know it is possible to cast an infant's horoscope as soon as it is born and tell the weak parts of its body; it's tendencies toward certain ailments. Heredity, alone, will not satisfactorily explain those tendencies. We do not believe a just

God would permit any soul to be born with a permit any soul to be born with a predisposition to certain diseases unless it deserved them. The infant has not sinned or violated Nature's Laws *in this life*. There seems only one reasonable answer to what causes it to be born with those tendencies. It has sinned in a past life. In that former life it held certain false and distorted ideas which it built into this body as it came to rebirth. We build our own bodies and build them according to our previous thoughts and ideas. We learn to build right by building wrong. We only attract harmony—health—to the extent that we previously manifested them.

If sinning or violating Nature's Laws is the cause of disease, the remedy suggests itself. We must change our life. We must live in harmony with God—Good, Universal Law. We must earnestly seek to know wherein we have sinned. We must strive to control the weaknesses that brought discord into our body. And if we have grown to maturity, we know what those weaknesses are, for they have already manifested as temptations or violations in this life.

Christ taught the forgiveness of sins. He taught us that if we learned our lessons the Law would not permit former violations—sins—to react upon us and cause us to suffer. He could forgive us and

“wife the deed off the slate”; that is, if we had changed our life and there was little chance of our committing the same offense again. In that Teaching there lies a great hope for us.

We believe, in effecting a cure of any ailment, the most efficient means, aside from using all physical measures in which we have faith, is to earnestly and prayerfully seek out our weaknesses and eradicate them. For some of us this is not easy,

as it necessitates changing our lives and requires time, patience, and perseverance. But by living in harmony with Universal Law we make it possible for our Father, the Great Physician, to restore harmony in our bodies, and such a cure is a permanent cure. We have sought and are manifesting “the Kingdom of Heaven and its Righteousness and all things will be added unto us”—Health included.

The Rosy Cross Healing Circle

April 10, 1917

Evidently E. M. T. does not realize that her letter of request for healing puts her case in the hands of the Invisible Helpers. The slip containing certain questions is only sent to systematize our work, but in the case of Mr. T., who had not previously written for help, the signing of the slip constituted also an original appeal for healing, which was answered by the Elder Brothers.—Ed.

Pittsburgh, Pa., May 14, 1917

The Rosicrucian Fellowship:

With regard to my health this last week, I certainly surprised myself. I cleaned my kitchen floor and did most all the rubbing of a large washing with no bad results, and I have not done this before in fourteen years or more. I also notice I can go upstairs without suffering for breath.

Last week my little girl was very sick with fever and pains in her stomach and right side, the same night my husband was suffering from his knee that he hurt while moving. I was almost at my wits end. I asked the Elder Brothers to help me and relieve them. In less than ten minutes my little girl said to her father and me that she felt two large hands rubbing her stomach down, and my husband's knee is getting better. My little girl did not know I asked for help for her and I was surprised when it came so soon. We certainly do feel very grateful to the Elder Brothers and hope I will continue to do my duty in my home.

Sincerely,

Mrs. M. F.

Editor's Note—Until puberty, or so long as the thymus gland of the child carries the parental blood essence, the requests of the mother for healing in behalf of the child can be honored by the Elder Brothers, who take the ether from the mother's letter. This mother, being under their care, had already given them this key and they used it without waiting for a *written* request.

Pomona, Cal., May 25, 1917

Dear Friends:

Your kind letter received and it cheered me wonderfully. I have rested so well the last few nights and I want the Invisible Helpers to know how much I appreciate their wonderful work.

Thanking you from the very depths of my heart, I am,

Sincerely,

Mrs. F. M.

Dates of Healing Meetings

July 4—10—17—24—31

August 6—13—20—27

September 2—9—17—24—30

Vegetables, if wilted and not fresh, can be revitalized and made crisp by allowing them to stand in cold water for two or three hours. Dry them with a soft towel and keep in a cool place until ready to use.

Menu from Mt. Ecclesia

Breakfast

Shredded Wheat Biscuit
Baked Cheese on Toast
Honey
Coffee or Milk

Dinner

Rice Tomato Soup
Green Peas, German Style Potato Dumplings
Hot Corn Bread, Honey
Milk

Supper

Combination Salad
Date Pudding
Whole Wheat Bread
Milk or Tea

Recipes

BAKED CHEESE ON TOAST

Place slices of crisp buttered toast in baking pans. Pour over this one-half cup of hot milk to soften them. Place poached egg on each piece of toast; grate cheese over this until the toast and egg are well covered. Bake in oven until slightly browned. Serve while hot.

RICE TOMATO SOUP

Take one pint of canned or boiled tomatoes and one pint of water. Boil briskly for twenty minutes. Season with bay leaf, onion and celery salt, also one-half teaspoon of sugar and salt to taste. Boil separately one-half cup of rice in one pint of cold water. Let this boil briskly for about five minutes. Add this to the tomato; season with two tablespoonfuls of browned butter. Boil for ten minutes before serving.

GREEN PEAS—GERMAN STYLE

Cook one quart of shelled green peas for half an hour in water sufficient to cover. Put into this one head of lettuce, allowing it to boil until the peas are about half done; then carefully remove lettuce so that none of its green particles are left in the peas. This gives them a particular sweetness and flavor. Ten minutes before they are tender add one tablespoonful sugar. Brown one tablespoonful each of butter and flour, boil this for a few minutes with the peas after they are done. Grate in a little nutmeg and salt to taste. Pour into a dish, sprinkle with chopped parsley and serve.

BOILED POTATO DUMPLINGS

Grate six medium sized boiled potatoes and one small onion. Add one-half cup of bread crumbs, one heaping tablespoonful of flour, and salt to taste. Mix these well and form into small balls, drop them into boiling water, keep boiling briskly until the potato balls rise to the top. Take them out carefully with a spoon and drain well. Prepare on the side a skillet with hot oil. Drop the potato balls into this oil and allow them to fry until a light brown. Serve on a platter with chopped parsley.

HOT CORN BREAD

Take one and three-fourth cups of corn-meal and one small cup of white flour, four teaspoonfuls of baking power, one tablespoonful of sugar and one teaspoonful of salt. Beat these together well, adding one egg, two tablespoonfuls of melted butter and one and one-half cups of milk. Beat the whole well and bake in buttered pan for twenty-five minutes. Serve while hot with honey or maple syrup.

DATE AND WALNUT PUDDING

Take three-fourths cup of chopped dates, three-fourths cup of chopped English walnuts, one-fourth cup of sugar, three tablespoonfuls of corn-starch and one heaping teaspoonful of baking power. Mix these well with one-fourth cup of milk. Add three well beaten eggs. Place in buttered baking pan and bake thirty minutes. Serve with fruit sauce or cream.

Echoes from Mt. Ecclesia

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The Last Straw

It is well known to our subscribers that despite the soaring prices of paper and other materials, coupled with the handicap of a small subscription list, we have not only refrained from raising the price our magazine but we have even increased the number of pages 25 per cent. This was made possible by the generous assistance of our members and the voluntary work of our contributors, but now the last straw has been laid upon our back by the enormous increase in postal rates voted by Congress and as a result we must follow the example of all other publications and raise our subscription price sufficient to cover the increased cost of material and distribution. The magazine will therefore in the future cost Two Dollars in the

United States and Canada, Eight Shillings and Four Pence in England and Eight Marks Twenty-five Pfennige in Germany

LIBRARY SUBSCRIPTIONS

The magazine is now sent gratis to 339 Libraries. Part of these subscriptions have been paid for by members and the rest are supplied by the Headquarters fund. The price to Libraries will not be raised, so that members wishing to subscribe for one or more may do so at the former price: One Dollar a year in the United States, One Dollar and Twenty-five Cents in Canada, and One Dollar and Fifty Cents foreign.

PLEASE HELP BREAK THE DEADLOCK

Neither Mrs. Heindel nor the Editor have had a day's rest during the seven years since the Fellowship work was started. We have worked early and late, Sundays and week days. When we left Headquarters, it was always on business and while each professes to be as fit as ever, we each tell the other to take a rest. Mrs. H. will not go without the Editor and he will not go without her. Thus there is and has been a deadlock for years. We feel the work will pile up and suffer if we both go at the same time.

But if our friends will help us by not writing on matters requiring the

PERSONAL ATTENTION

of the Esoteric Secretary and the Editor, we would like to go away for a week or ten days in the latter part of July.

All orders and subscriptions will be taken care of as usual.