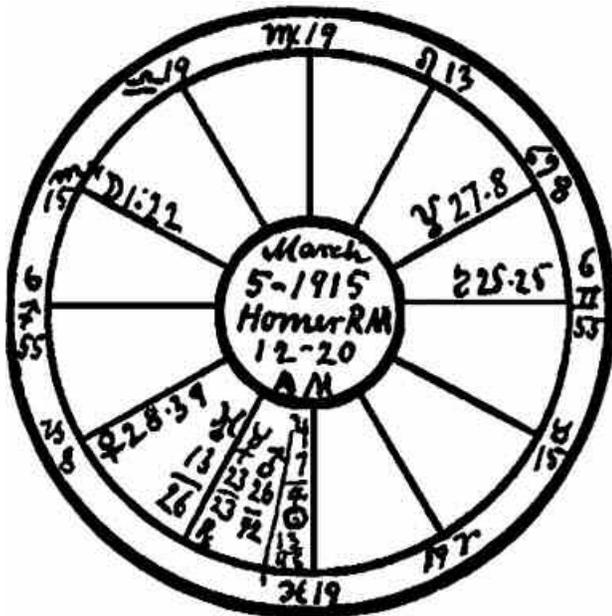


whole horoscope and requires a great deal of help from parents. Venus is square to Uranus, the latter planet placed in the sixth house, indicating disease. This shows that Carl will have a very amorous nature and be apt from the earliest youth to indulge it regardless of the conventions and he is also liable through this excess to contract disease of the most dangerous nature. It is the duty of the parents to instruct him very carefully as soon as he can possibly grasp the idea in matters regarding sex and sex hygiene. He needs very careful watching to save him from the unfortunate consequences of such abuses.

Homer H. M., born March 5th, 1915, 12 :20 A. M., San Diego, Calif.

This is an attractive little fellow, for his life-ruler, Jupiter, the planet of philanthropy and benevolence, is conjoined with the Sun and trine to the Moon, giving him an unusual magnetism and an expansive, jovial nature. He also has a splendid



mentality for we find Mars, the planet of dynamic energy, conjoined with Mercury, the planet of reason, in the intellectual sign Aquarius and these are placed in the third house, which denotes the mind, also trine to Saturn in the mercurial sign Gemini. This will make Homer very quick to grasp a point, smart and resourceful in overcoming difficulties, enterprising and energetic in carrying out whatever

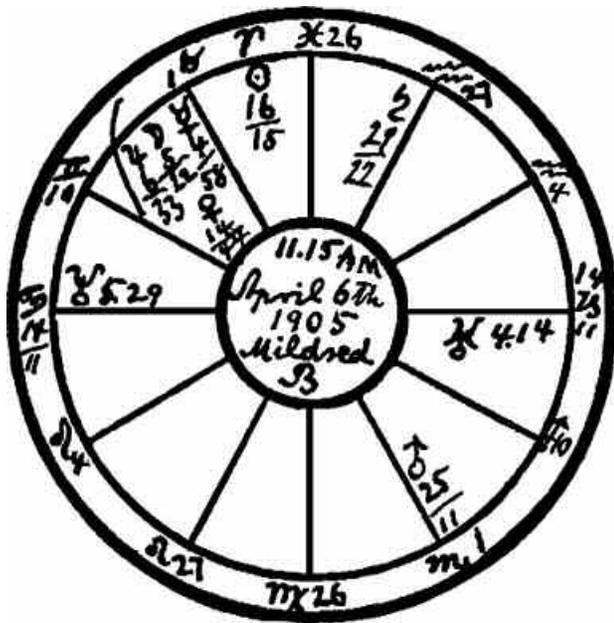
er project he has in mind, and the saturnine trine gives him an unusual depth so that he will be able to concentrate upon whatever problem confronts him with ease and see through the most abstruse proposition. These qualities will naturally make him very successful in life. He will not be a follower by any means, but a leader. We always find that whenever there are four common signs on the angles, as in this case, the person never wants to work with his hands and Saturn in Gemini, which rules these members, shows that Homer has the same disposition, but to offset this he has the genius wherewith to direct the labors of others so as to make a mark for himself in the doing of the world's work. Uranus is also in the sign Aquarius and this third house configuration shows that he will take up some inventive vocation of an unusual nature, probably electricity, navigation of the air, or maybe some things which we are not even dreaming of at the present time.

But he is not without faults either and this is where the parents must come in and help him, not alone to cultivate the talents which he possesses, but also to overcome or rather to prevent the faults which are latent from coming to an expression. In this horoscope we find the planet Neptune in Cancer, a watery sign, indicating fluids. It is in opposition to Venus, the planet of love, placed in the second house, which rules finances, and both of these planets are square to the Moon, which is placed in Scorpio, that rules the generative organs. This shows that Homer will be very fond of wine, women, and song, that he will spend his money lavishly in gratification of these desires and that he will meet the usual reward which comes with such indulgence. It is the duty of the parents to educate him to the fact that such a course of life will eventually bring sorrow and suffering, cloud the mind, and impair the health. Homer has an exceptionally good vitality, for Jupiter, his life-ruler, is conjoined with the Sun, the giver of life, trine to the Moon and it will take a great deal to break down such a constitution, but it may be done and we therefore trust you will use all your good offices in warning him and educating him to live the right life. Saturn, the planet of obstruction, is located in Gemini, which rules the lungs; it is unafflicted and even

well-aspected and therefore we may conclude that he will not have any serious trouble from this source. It has been noticed however, that wherever Saturn is placed there is always a weak spot, so it will be well for you to guard him, particularly during the days of childhood. If he does contract a cold, do not allow it to hang on without taking proper steps to eradicate it.

On the whole we may say that this is a very fortunate horoscope and the parents are certainly to be congratulated in having attracted such a fine spirit to their home.

Mildred B., born April 6, 1905, 11:15 A. M.,  
Wichita, Kansas.



Here we have an interesting young lady who is a natural inspirational musician, as shown by the four planets in Taurus, the sign of art and music. We find Venus, the planet of love and harmony, and in this sign she is essentially dignified; we also find the Moon, the planet of fecundation, which fructifies everything on earth, talents included. There is also Mercury, the planet of expression and dexterity, giving Mildred the ability not only to learn music and love music, but to perform and express herself in that manner; and last, but not least, Jupiter the planet of devotion and ideals. These planets are all in the eleventh house which rules hopes, wishes, and aspirations, showing that

Mildred's ideals and ambitions will be realized and we may also say that the Sun is in its exaltation sign Aries where it is very strong and powerful. It travels one degree a year, approximately, from the time of birth. Thus at fourteen years of age it enters the sign Taurus, and at eighteen comes in conjunction with Mercury, then the Moon, then Jupiter and then Venus. So that from eighteen to twenty-five Mildred may expect her dreams to be coming true in a most wonderful manner and at twenty-nine, when the Sun comes in conjunction with Venus, she will meet a life-companion and gain her heart's desires, for the Sun in a female horoscope always signifies the marriage partner. Mildred is not one who floats in the skies and dreams dreams only, for Saturn, the planet of tact and diplomacy, concentration, system, virtue, et cetera, is sextile to Mercury, the Moon and Jupiter. This will give her a level head and clear keen reasoning powers. There is, however, a "but" to all this and an "if." That is to say, we find that the Sun, which is the giver of life, and Mars, which is the planet of dynamic energy, are unaspected. Both of them are strong, the Sun is highly elevated and exalted and Mars is essentially dignified in Scorpio, but being unaspected they are not as strong factors in the horoscope as when configured with other planets. Therefore she may not have or express the proper energy necessary to realize all the best there is in her life and she should be made to clearly realize that the horoscope only shows tendencies but does not bring things to pass unless we work for it. It is necessary for everyone to help their stars or their stars cannot help them. Let us take an illustration for instance. The human system is to a great extent automatic and when we have accustomed ourselves to eat dinner at twelve o'clock then we will automatically feel hunger at that time. Thus we are being urged by this craving for food to go and get our dinner; but though the craving may appear unless we walk to the table and do the physical work of eating and masticating our food, the hunger will remain. It is the same with the aspects in the horoscope. They will give the inner urge and the opportunity for the realization of every quality and everything good or bad, but unless we ourselves help to bring these things

about they will remain latent. Mildred is old enough now to understand this point and realize that she must do some work herself or otherwise the things which stand for her in the horoscope cannot come to pass. She cannot develop her musical faculties by just simply sitting down and dreaming of some day being in a grand concert hall where she is the cynosure of all eyes and all ears while she is producing marvelous symphonies. She must go through the usual course and begin with little things before she can do great ones. She must do the work and then in time she will realize her ambition.

The parents ought to prod her on and encourage her to study in every possible manner. She will be most attracted and most successful in encompassing the devotional side of music, particularly on the pipe organ. This is shown by the placement of Saturn in the ninth house, governing church or religious work, and the inspiration comes from his trine with Neptune in Cancer, the inspirational psychic sign.

At the time of Mildred's birth Neptune was rising in Cancer. This configuration always gives a tendency to colds and Cancer is a sign of poor vitality, hence it will be well to guard Mildred against these tendencies. It also gives a tendency to trouble with the stomach and Mars in Scorpio is apt to produce hemorrhoids, if her desire for highly spiced food is indulged.

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**G**WENNYTH C. C., born August 3rd, 1901, 7 P. M., North Wales.

You have asked for a vocational reading, but with a woman it is not always certain that the business prospects are requested and we wish it had been stated more specifically whether you wanted advice on marriage and motherhood rather than business. We find that at your birth Saturn was rising in its own sign Capricorn and was retrograde. So are Jupiter and Uranus. The planets are also scattered all over the horoscope. This shows that you have a very versatile nature and are able to turn your hand to many things, but are timid in appearing before the public or before anyone who is a stranger to you and this condition will continue at least until your twenty-seventh year when some of the planets mentioned become direct. At

that time, however, the Sun, which is the significator of the marriage partner in a woman's horoscope, will be in conjunction with Venus in your seventh house and it is probable at that time you will meet someone whom you will feel inclined to marry. This then would end any career that you might choose in the business world, for you would take up the duties of caring for house and home. But in the meanwhile, if it is necessary for you to find some employment wherewith to support yourself, we see that it must be an occupation in some secluded place, away from the public eye and you will probably find work as a nurse in a hospital more congenial than anything else, for Jupiter is in the twelfth house which governs such institutions. Whatever occupation you take up, however, you may be sure that it is only temporary, for, as said, in your twenty-seventh year a marriage will probably take place and the person indicated in your horoscope by the Sun trine Uranus will be a very good and devoted husband.

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Ethel C., born January 1, 1899, 4 A. M., Yarmouth, Nova Scotia.

At the time of your birth, Jupiter, the great benefic planet of good fortune, was rising in the martial sign Scorpio. This gives you an energetic nature and a jovial disposition, filling you with vitality and a magnetism which makes you very attractive to all with whom you come in contact, but particularly those of the opposite sex, for Jupiter is also sextile to the Sun, which indicates the marriage partner in a woman's horoscope. Therefore we doubt very much if you will take up any business vocation for any length of time. You are bound to find someone who will wish to monopolize you and it is also a foregone conclusion that the marriage will prove happy and beneficial to you. From a financial standpoint, this configuration of Sun and Jupiter, the former being ruler of your second house, shows that you will always have an abundance of the world's goods, so that in many respects everything looks well and prosperous for you, but there is one particular point in which you may meet trouble and which may cause you a great deal of heartache so that it will be best to prepare for it and, if possible, apply

the “ounce of prevention” rather than have to buy the “pound of cure.” This is in connection with motherhood. Mars, the planet of surgery, is highly elevated and placed in the fifth house sign Leo. He governs the fifth house, which rules children, courtship, and pleasure. This shows, by his configuration with Uranus, that there may be trouble in childbirth and it would therefore be to your advantage to take a great deal of exercise during the time of expectant motherhood. If you will do this we have no doubt that you may be able to escape and go through the danger of these events without the

application of any surgical instruments, but if you allow yourself to become negative during that period and indulge in rest you will be inviting trouble. Should it be necessary for you to seek employment until the time of marriage, Jupiter in Scorpio, the great healing sign, and in the twelfth house indicates success as a nurse and as the planets in your first house all show that you have a very benevolent and attractive nature, a great magnetism, and a soothing effect upon others, these qualities will help you to benefit others by alleviation of their pain and sufferings.

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## A Talk in the Pro-Ecclesia

Eva G. Taylor

LET US consider for a few moments the words of the Christ recorded in the Gospel of St. John, 8th Chapter, 31st verse. “Ye shall know the truth and the truth shall make you free.”

Everywhere the pathetic cry, “What is truth?” meets us and the age-long custodians of spiritual truth seem powerless to answer. The Orthodox church has many dogmas for theological training, many systems of activity, and much altruistic teaching, but still it fails to answer some of life’s deepest problems. It frankly tells us that they cannot be answered this side the veil, in the one physical experience accorded us—for orthodoxy admits of only one existence in the dense physical body. As a natural result, this answer does not fully satisfy either mind or heart.

“What is the matter with the church today?” is the question world-wide and parallels the question, “What is truth?” Both arise from humanity’s awakening soul. A wise understanding of the first question would clear away the difficulties of the latter. To know the truth and to let it shine out through the world would dispel all illusions and complete the half truths which present so grotesque and distorted an appearance to the earnest seeker. These half-truths are often more harmful than errors, for they possess enough spiritual light to render them vitally potent to convince, while error may be dissolved in the blinding white light from the Infinite Center.

The great trouble with the world at large is that it has lost out of its calculations the true philosophy of life. It emphasizes the wrong things. This is an error which might be easily dissolved if the church could rise to her possibilities and privileges, but while blinded by partial truths and failing to let the true Light shine forth from her altars, much of her power is lost, and humanity stumbles blindly on in the darkness.

This is the church’s position in the age-long conflict, but what about ours? We of the esoteric school have caught a far clearer vision of truth, but what responsibility it entails! We cannot shelter ourselves behind the plea of ignorance when we fail to let our light shine. We know what we should do and therefore have the greater condemnation when we do it not.

We know something of the power of thought, of the spoken word, and we know what it means in humanity’s evolution. If then we fail to use that power aright, or permit it to slumber within us through sloth or indifference, we fail in our duty to humanity, therefore in our duty to God. For us to fail at any point is no light thing, for of us much is required. The eyes of many are upon us.

We are as a city set upon a hill whose light cannot be hid. So too were the disciples of Christ. He compared them to such a city and He called them the Light of the world, yet He intimated that they might fail and urged them to let their light shine. In

the words of our text He tells them that if they continue in His word they are His disciples indeed.

We might fancy them saying in remonstrance: "But, Master, have we not taken certain degrees of initiation and are we not Thy disciples indeed?"

Yet Christ plainly implies that they might fail. We know that Judas did fail. The Master entreats them to *continue* in His Word that they might be His disciples indeed. In another place He tells them that His words are spirit and life. We know that they were so. We know the power to heal and bless, and even to raise the dead to life. And He tells His disciples that if they continue in His word, which is spirit and life, they shall indeed be His disciples. It emphasizes the importance of *continuing*, not merely starting. It is so easy to slip back, to let the world and its vanities sway us, to let self creep in, even into the dedicated life, into the spiritual life.

The illusions of self are so subtle, and may influence us when we least suspect that they exist. We need to be very watchful, very careful, lest in some unguarded moment they may acquire dominion over us. It is the subtle sins that attack those whose lives are dedicated to God. It is not the grosser ones that the flesh has to fight. As a rule, these are left behind before one goes far on the preparatory Path. It is the subtle, unsuspected sins of spiritual pride and selfishness that Christ's followers have to guard against.

If there is one weak point in the armor, they penetrate to the soul and the beautiful spiritual life will either ebb away or be contaminated by poison. The evil may seem such a small thing at the outset, merely a hasty temper uncurbed, a harsh or critical speech, a stiffness or brusqueness of manner that repels, or an over-conciliatory manner that desires to make peace at all cost—even sometimes at the expense of truth and justice.

A latent cowardice may be shown in the refusal to champion or defend a friend—or even an enemy—when unjustly attacked. It may seem a small thing at first merely to keep silent when another is slandered or unjustly criticized, to appear to lean to the side of the popular or the influential party, but it betrays a very ugly flaw in the character—a cowardice and weakness that will

bring great trouble to the one who permits the venomous weed to grow.

The unsuspected evil may assume the form of spiritual pride—pride of intellect, of attainments, of graces that charm and please, but it is a dangerous foe and to be—not combated but conquered through a sweet humility and love that always puts self last. We cannot say of any fault; "This one is greater than that." Each one recognizes his own—or should—and to him that is the most serious because it hampers his spiritual progress.

Whatever hampers our progress delays that of the humanity which we are pledged to serve and help to find the path back unto God. Each fault is more serious in those who are treading the preparatory Path, and when we pass the initial stages and our feet are firmly upon the Path itself the smallest fault becomes as a crime. We cannot afford to permit one little weed of selfishness or pride to grow. The most insignificant appearing little fault may very soon become a vice and we cannot know how far-reaching its consequences may be. The thought-forms which we create when we speak unkindly of another may soon be endowed with vitality and grow until a crime results.

A little root of jealousy may grow until it distorts the purest acts and motives of others into a monstrous thought-form of evil which at last turns and destroys the one whose foul imagining sent it forth upon its wicked errand. Homes have been broken up and the noblest lives clouded with sorrow because this evil was fostered and encouraged, instead of being rooted out at the very beginning.

A repellent manner may hurt and chill sensitive souls, turning them from the Path which they were nearly ready to tread, had a cordial greeting, a loving word welcomed them to the portal. Harsh judgments have turned many pure souls away from the light, filling them with silent despair. We may think ourselves free from the ugly sin of jealousy, but it may assume a very subtle disguise and cause friction and antagonism between workers along the highest lines. We may not recognize it as jealousy, but it is nevertheless that ugly trait subtly disguised when workers in the Master's vineyard cannot harmonize. Self-seeking is the root from

whence it springs.

The moment we emphasize our own personality, our own work and fail to recognize the other personality and the *other's* work as *our own* the danger line begins. When we forget our teaching and our pledge to the extent that we fail to bring our work, our talents, our abilities to the plane of unity and recognize our brother's labor as our own and ours as his, our work becomes valueless in the Master's sight. There should be absolutely no room for any jealousy, any self-seeking, any inharmony and friction in the vineyard of Christ. All selfishness must be purged away before we can be used as efficient co-laborers with Christ.

Thus we see how necessary it is for us to continue in the love of Christ! And what does this continuing promise? Listen again to the Master's words, "If ye continue in my word then are ye my disciples indeed; and ye shall know the truth and the truth shall make you free."

*To know the truth*—that would be worth all effort merely to know! After the long pilgrimage through matter, the long journey away from our Father's House, and the weary journey back toward the Homeland, after all the strife, sorrow, toil, and pain, merely to know, to understand—never to grope anymore through mists and blinding tears—that would be blessed compensation, but *more* than *this* the Christ promises, "The truth shall make you free." Free! Free from bondage, from the law of sin and death. To stand forth in the glorious liberty of the children of God!

Imagine the galley slave who has been bound for a lifetime to his oars down in the stifling darkness of the ship, unable to move, save to the swinging of the oars, unable to stop the weary toil for a moment while thus manacled. Imagine him suddenly *freed!* Or take the life prisoner in a dungeon cell, strike off his fetters and try to imagine his joy at release and freedom. But all that the most vivid imagination can picture, all that these slaves can know of the joy of freedom falls far short of the ecstasy which the liberated spirit feels when it stands forth in the liberty of the children of God. To attain this freedom is worth all sacrifice. We should strive for it unremittingly, we who are upon

the preparatory Path and who know what our success will mean to our brothers who are behind upon the Path.

The sooner we attain, the sooner we can help humanity in its long upward climb. And this is what we at Mt. Ecclesia are pledged to do. How then can we stop to trifle, to differ over personalities, to seek anything, no matter how small, for self? How can we falter, or delay when we know what it means to others who are weaker? We should have counted the cost before we chose this way. Having counted it we should press on unflinchingly to the goal. It is a glorious privilege—this of treading in the way the Masters trod, of serving the Christ and working with the Elder Brothers who have trodden the Path, yet who unselfishly choose to stay with the struggling race and help blinded humanity to the Light. We should esteem it a great privilege and never render grudging or unwilling service.

The Master has little use for faulty and inefficient laborers in His vineyard. He requires perfection in every part—in the minutest details, and until we strive with all our hearts for this perfection in our particular corner of the vineyard, we are not truly serving the Christ. No glossed-over defects, either in our work or character, will ever bring us to the goal. If we realized what that goal means, and what we must be and do to reach it, we would strive more earnestly and diligently than ever to abide in Christ and continue in His word. God help us all my dear brothers and sisters to serve more faithfully than ever before. Let us put on the whole armor of God, for truly "we wrestle not with flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

We need all courage, all strength, to press on through the narrowing Path so beset with dangers. And we must not permit the indulgence of any besetting fault or sin to rob us of the strength we so sorely need. Our motto should be "*All for Christ.*" So indeed shall we be His disciples and will continue in His Love and we shall know the truth and the truth shall make us free.

# Studies

in

## The Rosicrucian Cosmo Conception

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### Atlantis

Kittie Skidmore Cowen

**L**EMURIA was situated in the Indian Ocean. Madagascar, the Peninsula of India, and the Island of Sumatra formed parts of the submerged continent. Volcanic cataclysms destroyed the greater part of Lemuria and in its stead arose the Atlantean continent, where the Atlantic Ocean is now situated.

There were many ways in which ancient Atlantis differed from our present world. The greatest difference, however, was in the constitution of its atmosphere and in the water of that Epoch. Relative to the atmospheric conditions of this time the *Cosmo*, page 291, says:

“From the southern part of the planet came the hot, fiery breath of the volcanoes, which were still abundantly active. From the north swept down the icy blasts of the Polar region. The continent of Atlantis was the meeting-place of these two currents; consequently, its atmosphere was always filled with a thick and murky fog. The water was not so dense as now, but contained a greater proportion of air. Much water was also held in suspension in the heavy, foggy Atlantean atmosphere.

“Through this atmosphere the Sun never clearly shone. It appeared to be surrounded by an aura of light-mist, as do street-lamps when seen through a dense fog. It was then possible to see only a few feet in any direction and the outlines of all objects not close at hand appeared dim, hazy, and uncertain. Man was guided more by internal perception

than by external vision.”

On such a continent, and under such conditions, the people who inhabited it must of a necessity have been very differently constituted from those of our present era. On page 292 of the *Cosmo* we get a most excellent description of man in the making, as he then existed. “Not only the country, but also the man of that time was very different from anything existent on earth at the present time. He had a head, but scarcely any forehead; his brain had no frontal development; the head sloped almost abruptly back from a point just above the eyes.

“As compared with our present humanity, he was a giant; his arms and legs were much longer, in proportion to his body, than ours. Instead of walking, he progressed by a series of flying leaps, not unlike those of the kangaroo. He had small blinking eyes and his hair’ was round in section. The latter peculiarity, if no other, distinguishes the descendants of the Atlantean races, who remain with us to the present day. Their hair was straight, glossy, black and *round* in section. That of the Aryan, though it may differ in color, is always *oval* in section. The ears of the Atlantean sat much farther back upon the head than do those of the Aryan.

“The higher vehicles of the early Atlanteans were not drawn into a concentric position in relation to the dense body, as are ours. The spirit was not quite an indwelling spirit; it was partially out-

side, therefore could not control its vehicles with as great facility as though it dwelt entirely inside. The head of the vital body was outside of and held a position far above the physical head. There is a point between the eyebrows and about half an inch below the surface of the skin, which has a corresponding point in the vital body. This point is not the pituitary body, which lies much deeper in the head of the dense body. It might be called 'the root of the nose.' When these two points in the dense and vital bodies come into correspondence, as they do in man today, the trained clairvoyant sees them as a black spot, or rather as a vacant space, like the invisible core of a gas flame. This is the seat of the indwelling spirit in the man—the Holy of Holies in the temple of the human body, barred to all but that indwelling human Ego, whose home it is."

It is interesting to note how closely the constitution of man, the microcosm, is related to the globe, the macrocosm, which he inhabits. On page 293 of the *Cosmo* we note how a change in one invariably produces a corresponding change in the other: "On account of the distance between the two points in the vital and dense bodies, the Atlantean's power of perception or vision was much keener in the inner worlds than in the dense Physical world, obscured by its atmosphere of thick, heavy fog. In the fullness of time, however, the atmosphere slowly became clearer; at the same time, the point spoken of in the vital body came closer and closer to the corresponding point in the dense body. As the two approached each other, man gradually lost touch with the inner worlds. They became dimmer as the dense Physical World became clearer in outline.

Finally, in the last third of the Atlantean Epoch, the point in the vital body was united to the corresponding point in the dense body. Not until then did man become fully awake in the dense Physical World; but at the same time, that full sight and perception in the Physical World were gained, the capability of perceiving the inner worlds was gradually lost to most of the people."

*The Lemurians*—the first and only race belonging to that Epoch, entirely lacked Feeling, in

the finer signification of the word. They had the sense of touch and could feel the physical sensations of pain, ease, and comfort, but of the mental and spiritual sensations, such as joy and sorrow, sympathy and antipathy, they knew nothing.

*The Rmoahals*, who were the first of the Atlantean Races, had very little memory and that was connected chiefly with sensation. They remembered colors and tones and thus to some extent evolved Feeling. With memory came the rudiments of a language. The Rmoahals evolved words and no longer made use of mere sounds as the Lemurians had done. They also began to apply specific names to things. They were a spiritual race and their soul powers, being like the forces in nature, they not only named the objects around them, but their words had power over the things they named. Their language was holy, for to them it was the highest direct expression of the spirit, and therefore it was never degraded or used for gossip or small talk. Feeling themselves as spirits inspired them and they never did harm to each other.

The second of the Atlantean Races was *the Tlavatlis*. This was the first race to begin to feel their worth as separate human beings. They had evolved ambition and desired that their deeds be remembered. Memory became a great factor in their lives, and the remembrance of great deeds done by certain members of the community caused them to form into groups and select one whom they considered worthy to become their leader. This was the first germ of Royalty. This remembrance of worthy deeds performed soon spread beyond the lifetime of the leader and mankind began first to honor and then to worship the memory of their ancestors. This was the beginning of a form of worship which is practiced at the present day by some of the people of Asia.

The third Atlantean Race was the *Toltecs*. Modern historians mention this Race as a cultured people who preceded the Aztecs in central Mexico and were authors of the Aztec civilization. Their capital city was Tula, and is at present a small town in the state of Hidalgo, Mexico, fifty miles north of Mexico City. The occult scientist tells us

that the Toltecs carried the ideas of their predecessors still further, inaugurating monarchy and Hereditary Succession. The Toltecs originated the custom of honoring men for the deeds done by their ancestors, and at that time there was a good reason for doing so. The reason being that owing to their peculiar manner of training, the father had the power to bestow his good qualities upon his son. This we know is impossible for mankind to do at the present time. On page 295 of the *Cosmo* we learn how this was done: "The education consisted of calling up before the soul of the child pictures of the different phases of life. The consciousness of the early Atlanteans was, as yet, principally an internal picture-consciousness. The power of the educator to call up these pictures before the soul of the child was the determining factor upon which depended the soul-qualities that would be possessed by the grown man. The instinct and not the reason was appealed to and aroused, and by this method of education the son, in the great majority of cases, readily absorbed the qualities of the father. It is thus evident that there was at that time good reason for bestowing honor upon the descendants of great men, because the son almost always inherited most of his father's good qualities."

Experience became a possession of great value among the Toltecs. The man who had gained the most experience was the one most honored and revered. Memory at this time was exceedingly strong and accurate. In case of an emergency a Toltec of wide practical experience had no trouble in recalling similar instances in the past and with the light of experience was able to suggest the proper method of procedure. Accordingly, he became a valuable counselor in the community.

Mind was given to mankind in the first part of the Atlantean Epoch. At this time the Ego was weak and the desire nature strong. The mind coalesced with the desire body and as a result the faculty of *cunning* was developed, and this was the cause of all the wickedness of the middle third of the Atlantean Epoch. At this time we find the beginning of separate nations. Groups of people of similar tastes and habits would band together,

leave their old homes, and found a new colony. The divine leaders of humanity initiated great Kings to rule the people. Much power was given to these kings because the people honored and revered them and looked upon them as truly *Kings by the grace of God*.

This state of affairs, which had at first been exceedingly happy, gradually began to change, for in time the kings became intoxicated with power. They forgot that their power was a sacred trust from God vested in them for the purpose of dealing justly with and helping the people, and so they began to use it corruptly and selfishly for personal aggrandizement instead of for the common good. They arrogated privileges and authorities to themselves which were never intended for them. They became ambitious and selfish and abused their high, divinely-derived powers by using them for the purpose of oppression and revenge. Not only the Kings but the nobles and higher classes became infected with these corrupt practices, so that it is easy to understand that ere long most terrible conditions began to exist.

The fourth Atlantean Race was known as the *Original Turanians*. Modern historians also recognize the existence of this race. They refer to them as a nomadic people who preceded the Aryans in Europe and Asia and designate them as a tribe or nationality of Turkic or Tartaric stock. Turning to the *Cosmo*, page 297, we learn the following relative to these people: "The Original Turanians were especially vile in their abominable selfishness. They erected temples where the Kings were worshiped as gods, and caused the extreme oppression of the helpless and lower classes. Black magic of the worst and most nauseating kind flourished and all their efforts were directed towards the gratification of vanity and external display."

The fifth Atlantean Race was the *Original Semites*. They were the most important of all the seven Atlantean Races because in them we find the first germ of corrective thought. This faculty of Thought and forming Ideas was gained by man at the expense of loss of control over the vital forces, that is, his power over Nature. This very loss of power over the vital forces which the

dried milk will keep indefinitely, and can be used in any way in which milk would furnish a cheap and constantly available supply of animal protein. At the present time in the United States, however, dried milk, of whatever kind, can hardly be said to be available for home use. It is scarcely known except to the large consumer and is sold chiefly to him. The State of Connecticut, for some unexplained reason, prohibits the sale of milk-powders, except in the original package. Presumably the wise legislators had in mind the possible contamination of the milk after the opening of the package, but in a State where dipt whole milk may be sold without any restriction whatever, this seems like straining at a gnat and swallowing a camel.

“The sale of condensed skimmed milk is entirely prohibited in some States, and when sold it is generally in large containers, which are not suitable for family use. In the form of cheese, skimmed milk serves purposes for which whole milk is not suitable. American cheese of the Swiss type is best when made from skimmed or partially skimmed milk. Yet the label, ‘skimmed-milk cheese,’ which some States require it to bear, stamps it as inferior in the minds of persons not acquainted with the fact.

“Preference for whole milk as a beverage is said to be largely a matter of habit; but if the family does not care for skimmed milk in this form, there are many ways in which it can be employed in combination with other foods. Many appetizing and nourishing soups can be prepared with a basis of skimmed milk to which the pulp of some vegetable such as beans, peas, potatoes, corn, or cel-

ery is added to give flavor and body. It can be used in cakes, puddings, and custards, and in the preparation of cereals, while in bread-making it can be substituted with great advantage for water. In British experiments it was found that the use of skim milk not only increased the nutritive value of the bread, but increased the yield from a given quantity of flour....

At the Maine Agricultural Experiment Station it was found that bread made from skim-milk contained one-eleventh more protein than water bread, and that it was quite as completely digested as the latter.

“There is, in fact, no end to the ways in which this valuable substance may be employed, and if fat is wanted, it can be added in the form of butter, which is often cheaper when separated from the milk than when sold as a part of it, or of some of the less expensive fats. Some dishes, of course, would be richer in flavor if whole milk were used rather than skimmed, but in other cases the difference is not appreciable. When the skim-milk is substituted for the water usually used there will be an improvement instead of a loss of flavor.

“A recent Government bulletin made it abundantly clear that the days of cheap meat are past and that this food is likely to grow scarcer rather than more plentiful. It is plain, therefore, that we can not very well afford to let 30,000,000,000 pounds of an animal protein food go to waste every year, or serve only as a cattle food, particularly now when the nations of Europe are engaged in destruction instead of production, and are looking to us to supply their deficiencies.”

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## The Rosy Cross Healing Circle

Healing meetings are held in the Pro-Ecclesia at Headquarters on the nights when the Moon enters Cardinal Signs in the Zodiac. The hour of service is about 6:30 p. m. The virtue of the Cardinal Signs is dynamic energy, which they infuse into every thing or enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added

power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour: 7 p. m., meditate on Health, and pray to the Great Physician—Our Father in Heaven—for the restoration to health of all who suffer, particularly for those who have

applied to Headquarters for relief.

At the same time visualize the Pro-Ecclesia where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated

Los Angeles, Cal.

Dear Friends:

I am feeling splendid this week. I know it is the wonderful help I receive from Mount Ecclesia that enable me to pull myself together so quickly. I don't know how to express my gratefulness to you. Thanking you again and again for all you have done for me,

Sincerely, Mrs. C. A.

purpose.

We print herewith some letters from people who have been helped, also a list of dates on which Healing Meetings are held.

Schenectady, N. Y.

Dear Friends:

I am getting along nicely and am getting stronger and healthier every day. The Helpers are doing wonders by me.

Very Sincerely Yours, H. C. O.

June 6—12—19—27

July 4—10—17—24—31

August 6—13—20—27

## Menu from Mt. Ecclesia

### Breakfast

Boiled Whole Wheat and Cream

Corn Muffins

Sliced Oranges

### Dinner

Money, Milk or Coffee

### Supper

Rice Soup

Asparagus Salad

Baked Spinach and Egg

Cheese and Pimento Sandwiches

Creamed New Potatoes

Nuts and Olives

Whole Wheat Bread, Butter and Honey

Bread, Butter Milk and Honey

## Recipes

### BOILED WHOLE WHEAT

Wash and soak half pint of wheat in one quart of water, allow to stand for four hours, while cooking dinner set this heat with the water on the back of the stove and allow to cook very slowly until soft. Fresh young wheat will cook in two hours, while old wheat will take from three to four hours. The next morning warm this over with a little salt and butter to flavor, serve with cream.

### RICE SOUP

Take half cup of rice and one pint of cold water, allow to boil for five minutes, add one quart of soup stock (see menu August magazine, page 123), one-half can tomatoes, one cup celery leaves cut fine. Salt to taste and allow it to simmer one hour. Serve with croutons.

### BAKED SPINACH AND EGG

After carefully washing fresh spinach through several waters, cook for five or ten minutes in boiling water (longer cooking robs it of life and deprives it of mineral salts). Drain through a

colander and chop fine, add melted butter and salt to taste. Place in a baking dish, add eggs scrambled lightly and bake ten or fifteen minutes.

### CREAMED NEW POTATOES

Boil new potatoes until tender, drain and add fresh milk, season with butter and salt and bring to a boil, then stir in a slight thickening made with a tablespoonful of flower stirred into a little cold milk. Let it boil up just long enough to thoroughly mix the ingredients. A slight sprinkling of finely cut parsley adds to the flavor and serves as a garnish.

### ASPARAGUS SALAD

After boiling asparagus stalks until tender, drain and place on lettuce leaves and serve with mayonnaise.

### CHEESE AND PIMENTO SANDWICHES

Take a third each of cottage cheese, cream cheese, and pimentos. Mash the pimentos fine and thoroughly mix all together. Place between thin slices of buttered whole wheat bread.

# Echoes from Mt. Ecclesia

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## An Australian's Impression of Mt. Ecclesia

On the 17th of March last (St. Patrick's Day) our little party, consisting of my wife, our little boy, and myself, traveled from Los Angeles to Oceanside, where we hired a jitney to convey us to our destination, Mt. Ecclesia, the home and establishment of the Rosicrucian Fellowship. In about ten minutes after leaving the station we were in the grounds. Our car took us along a wide roadway bordered on either side with brilliant flowers; past the beautiful emblem of the Rosy cross—a large electrically lighted star, in which a cross with representation of roses is set—and on to the Administration building. This is a two-story structure. The printing office is in the basement here until the new and substantial brick building, now being erected, is completed.

We were met in the porch by Mrs. Heindel, who extended to us a warm and kindly welcome. We had looked forward for years to the fulfillment of our desire to visit the Rosicrucian Fellowship, and at last, after crossing thousands of miles of the Pacific, our hopes are realized.

The day was delightful and sunny, with a fresh exhilarating breeze blowing from the ocean—a mile and a half away to the west. Our cottage was shown us—as cozy and comfortable a two-roomed home as one could desire. One may sit on the porch and here enjoy the beautiful gardens in front; the song-birds and hummingbirds; the latter delighting to probe their long beaks into the sweet blue flowers, where hundreds of bees are busy all day.

We next visited the large white building opposite. This contains the dining room, library, classroom and kitchen. There is a daintiness in the meals served which appealed to us. This building is heated by an oil burner in the basement and the roof is lit up by many large electric lamps. The ventilation attracted our notice and appreciation. This could be regulated at will by sliding shutters

near the ceiling. We enjoyed some excellent singing and piano music by several talented visitors one evening.

On Sunday evening the service was held at 7 :30 and was very impressive. It was in a quaint little temple of an old continental style—just what one may expect here, and in keeping with the establishment. Mr. Heindel gave an address which touched our hearts—not an ordinary sermon, but a true Christian Rosicrucian appeal to our higher natures. That, and some fine organ music, with singing, were not the only features which impressed us, but the service was greatly enhanced by an electrically lighted emblem of the Fellowship suddenly appearing at it certain period. There was a real white rose in the center of the cross and the circle of red roses from which the golden rays shone forth. We shall never forget the spiritual and elevating influence of that sacred little temple and we often visit there even now, tho we are in our own home at Oceanside, and cheerfully walk the three miles there and back, for it is a privilege we think very highly of. The people are very kindly and welcome us heartily.

The system of law and order is as perfect as is compatible with the carrying on of such an establishment as this. The time for breakfast allows scope for exercise and meditation before-hand, while the other hours are reasonable. Sunday is observed as a day of rest and the workers indeed are happy souls.

There is a charming view over sea, valley and mountain from the grounds and buildings, and an abundance of pretty wild flowers. These I took advantage of for my sketch book and because of their own beauty, which is irresistible. We were sorry indeed when our day of departure arrived and the week was up, but we still visit this hallowed spot and take our lessons on Astrology and Mysticism while in the locality.

the valley, carrying the water 225 feet up to the summit of Mount Ecclesia and have thus an unlimited supply of water for irrigation and ample fire protection. We have built a **sanctuary** devoted exclusively to the worship of God, an **administration building** wherein our general offices and **printing plant** are located, a commodious **dining hall** to accommodate all workers, patients and pupils; we have also built a number of **cottages** for the accommodation of visitors.

Mount Ecclesia has also its own **electric lighting plant**, and every night the wonderful electric emblem of the Fellowship may be seen flashing its message of light across the country for over twenty miles in either direction. The exterior of the dining hall and Pro-Ecclesia, as we call our Sanctuary, are also electrically lighted, and thus we let the physical light shine to attract those who are seeking the spiritual, if by chance such may pass, and enquire through curiosity, which afterward turns to keen interest.

## THE CORRESPONDENCE SCHOOL

In addition to the publications of the Rosicrucian Fellowship, regularly advertised and before the public, there are two correspondence courses which furnish instruction to students all over the world, who are desirous of investigating the Rosicrucian Mysteries, and the Science of Astrology.

## WHY YOU OUGHT TO STUDY ASTROLOGY

There is a side of the moon that we never see, but that hidden half is as potent a factor in creating the ebb and flow as the part of the moon which is visible. Similarly, there is an invisible part of man which exerts a powerful influence in life, and as the tides are measured by the motion of sun and moon, so also the eventualities of existence are measured by the circling stars, which may therefore be called "the Clock of Destiny," and knowledge of their import is an immense power, for to the competent Astrologer a horoscope reveals every secret of life.

Thus, when you have given an astrologer the data of your birth, you have given him the key to your innermost soul, and there is no secret that he may not ferret out. This knowledge may be used for good or ill, to help or hurt, according to the nature of the man. Only a tried friend should be trusted with this key to your soul, and it should never be given to anyone base enough to prostitute a spiritual science for material gain.

To the medical man Astrology is invaluable in diagnosing diseases and prescribing a remedy, for it reveals

the hidden cause of all ailments.

If you are a parent, the horoscope will aid you to detect the evil latent in your child and teach you how to apply the ounce of prevention. It will show you the good points also, that you may make a better man or woman of the soul entrusted to your care. It will reveal systematic weakness and enable you to guard the health of your child; it will show what talents are there, and how the life may be lived to a maximum of usefulness. Therefore, the message of the marching orbs is so important that you cannot afford to remain ignorant thereof.

In order to aid those who are willing to help themselves, we maintain a correspondence Class in Astrology, but make no mistake, we do not teach fortune telling; if that is what you are looking for, we have nothing for you.

## Our Lessons Are Sermons

They embody the highest moral and spiritual principles, together with the loftiest system of ethics, for Astrology is, to us, a phase of religion; we never look at a horoscope without feeling that we are in a holy presence, face to face with an immortal soul, and our attitude is one of prayer for light to guide that soul aright.

## We Do Not Cast Horoscopes

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal and giving us the trouble of returning their money. Please do not thus annoy us; it will avail you nothing.

## THE COURSE IN CHRISTIAN MYSTICISM.

**Christ** taught the multitude in **parables**, but explained the **mysteries** to His disciples.

**Paul** gave **milk** to the babes, but **meat** to the strong.

**Max Heindel**, the founder and leader of the Rosicrucian Fellowship, endeavors to follow in their steps and give to interested and devoted students a **deeper teaching** than that promulgated in public.

For that purpose he conducts a correspondence course in **Christian Mysticism**. The General Secretary may admit applicants to the preliminary course, but **advancement** in the deeper degrees depends upon merit. It is for those alone who have been **tried**, and found true.

## How to Apply for Admission.

Anyone who is not engaged in fortune telling or similar methods of commercializing spiritual knowledge will **upon request** receive an application blank from the General Secretary Rosicrucian Fellowship. When this blank is returned properly filled, he may admit the applicant to instruction in either or both correspondence courses.

# How Shall We Know Christ

## WHEN HE COMES?

By Max Heindel  
30¢ post free

The title indicates sufficiently the scope of the book. It is direct and **to the point** like all the writings of this author.

## Foreign Translations

A number of books have been translated into different languages. The following may be obtained direct from Headquarters, post free.

### THE ROSICRUCIAN COSMO CONCEPTION

Spanish (3 vol).....\$3.00  
Dutch..... 2.50

### ROSICRUCIAN PHILOSOPHY

Spanish (3 vol).....\$3.00

### ROSICRUCIAN CHRISTIANITY

(20 lectures)

Spanish, each lecture.....10¢

### SIMPLIFIED SCIENTIFIC ASTROLOGY

French edition.....50¢

## Horoscope Blanks

Printed on good paper, letter size, 8 1/2 x 11 inches, with or without index or aspects, as ordered—10¢ per dozen; 35¢ per 50, or 65¢ per 100.

## Something for Nothing

This is not strictly true, but here are various *premium offers* and inducements to subscribers.

### WE WILL REFUND ALL YOU PAID FOR THIS MAGAZINE, OR MORE

Cut out the attached coupon, it is good for a 10¢ rebate on any 50¢ purchase of books. Thus, for one coupon and 40¢ you may get **The Message of the Stars**. Two coupons and 95¢ buy **The Rosicrucian Philosophy**. Three Coupons and \$1.20 buy **The Rosicrucian Cosmo-Conception**; in short, you save 20 per cent by using the coupons.

### THE ROSICRUCIAN COSMO-CONCEPTION GIVEN AWAY!

We are very desirous to carry the Rosicrucian Teachings into **new** fields, and have therefore decided

that we will give one copy of the *Rosicrucian Cosmo-Conception* to anyone who sends in five dollars (\$5) for five yearly subscriptions, or ten half-yearly subscriptions to this magazine. Provided, however, that **the said subscribers must be new**, not now on our list as correspondents or subscribers.

If you cannot get them all at once, send one at a time, and when the number is complete we will send this valuable book.

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### YOUR CHILD'S HOROSCOPE FREE!

We do not cast horoscopes for adults on any consideration; but **children are unsolved problems!** They have come to their parents for help and guidance, and it is of inestimable benefit to know their latent tendencies, that their good traits may be fostered and evil tendencies suppressed. Therefore **we will give each month a short delineation of character and tendencies of four children under 14 years** in the Astral Ray department of this magazine. **Parents who wish to take advantage of this opportunity must be YEARLY subscribers.**

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### YOUR MAGAZINE FREE

Get three new subscribers, send us their names and three dollars, and we will give you a year's subscription gratis.

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### MARRIAGE, MOTHERHOOD & VOCATIONAL ADVICE GIVEN TO YOUNG MEN & WOMEN

We are giving short readings for children under fourteen years of age, to help parents suppress faults and foster talents while the character is plastic. Life is still in the making for the young man or woman between fourteen and twenty-five years. They may also benefit by knowing what talents are latent, and what life work to select. We have therefore decided to give this advice so far as space permits. Each must wait his turn.

To obtain a vocational reading the parents, guardians or applicants must be **yearly** subscribers. Only one request from each subscriber will be entertained and unless it contains the following data it will be thrown out, for without this a horoscope cannot be cast.

- (1) Birth-year, month, date and hour (as near as possible.)
- (2) Birth-place—city, state or country.