

## Our Child's Horoscope

If the readings given in this department were to be paid for they would be very expensive, for besides typewriting, typesetting, plating of the figure, etc., the calculation and reading of each horoscope requires at least one half day of the editor's time. Please note that we do not promise anyone a reading to get them to subscribe. We give these readings to help parents in training their children, to help young people find their place in the world, and to help students of the stellar science with practical lessons. If your child's horoscope appears, be thankful for your luck, if it does not, you have no cause for anger at us.

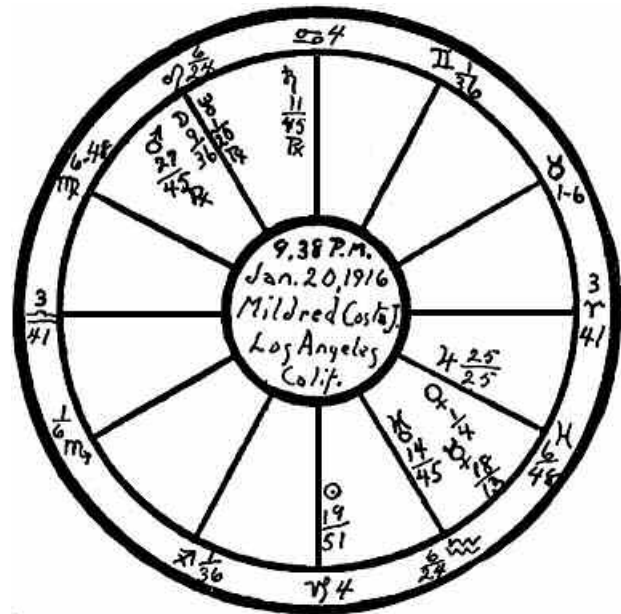
### We Do Not Cast Horoscopes

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal, and giving us the trouble of returning their money. Please do not thus annoy us; it will avail you nothing.

**M**ILDRED Costa I., born Jan. 20<sup>th</sup>, 1916, 9:38 p. m.,  
Los Angeles, Calif.

Four cardinal signs were on the angles at the time of Mildred's birth, giving her an inherently active and restless disposition. Uranus, the intuitional, spasmodic planet, is in conjunction with Mercury in the intellectual sign Aquarius. This gives her an original, intuitive, quick, and alert mind with a tendency, however, to be very independent and resentful of every restraint and restriction; she will want her way regardless of the conventionalities. The Moon, which is the other significator of mind, is in opposition to Uranus. This will further strengthen the imagination and make it exceedingly fertile so that we have before us a very unusual character which the parents will find it very difficult if not impossible to train, for most of the planets are in fixed signs and the saying "If she will she will and you can depend upon it, if she won't she won't and that's the end on it," applies with particular force to Mildred. However, you have seven years at least before you in which much good work may be done and you have some unusually promising material to work with before the vital body, which is the vehicle of habit, has set and the undesirable tendencies have become ingrained. She is very much in need of poise and self-control to guide her unusual ability into the proper channels, and now is the time for her to learn it, if ever. Be sure that you use moderation. Mildred has Saturn, the planet of obstruction, in Cancer, the fourth sign signifying the home. This shows the restraining hand of the parents, but it should be laid on as lightly as possible however, for there is nothing that kills ambition and breaks the progressive spirit in a child as much as the parental "Don't, don't, don't," which comes from Saturn in the fourth sign or the fourth House.

Financially, Mildred will be well taken care of, for the Sun, which infuses life into all things it touches and that come in contact with its rays, is sextile to Jupiter, the planet of opulence, Jupiter being in the sixth house which governs service, shows that she will always be very popular with employers and other employees. She will indeed be so well liked that people in high and fixed positions, signified by the Sun, will by their influence secure her pro-



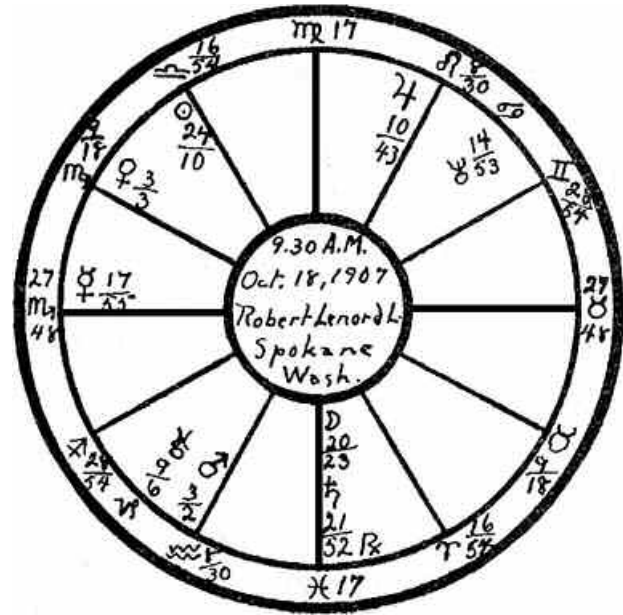
motion to a place of prominence. Should she become an employer herself or have charge over other employees, she will be very successful and popular in the management of them and gain much through them, but not so with respect to friends, for in the eleventh House we find the Moon in opposition to Uranus, and Mars in opposition to Venus. This shows that her friends will always seek to use her for their own benefit and then slander her behind her back. Therefore, Mildred would better be very careful in the selection of her friends. People who have such original dispositions are always liable to be misunderstood and therefore the subject of slander.

With respect to health we find Uranus in conjunction with Mercury and in opposition to the Moon from the signs Leo and Aquarius, which govern the spinal column, and Neptune is in opposition to the Sun, which is also on the cusp of Aquarius. This will give Mildred a supersensitive nervous disposition which should not be unduly taxed. It is like a fine watch or chronometer which needs to be in a balanced frame. It is much more valuable than a cheap alarm clock but cannot stand the same rough treatment. So it is with Mildred. She is too sensitive to withstand severe nervous strain and during the school period it

is best for her not to study too hard for she will learn far more intuitively than her school mates by the hardest kind of a grind. You need not be afraid of her in a general way, however. The Moon, which governs the female functions, is in opposition to Uranus, the spasmodic planet, and therefore you may find her irregular in her menses, but the life-giving Sun is sextile to Jupiter, the planet of plenty. This gives good fortune and good measure in health as in wealth and happiness according to the position wherein it is placed. This will counter-balance all the minor tendencies so that on the whole Mildred will enjoy good health through life.

**R**obert Leonard L., born October 18<sup>th</sup>, 1907, 9:30 a. m., Spokane, Wash.

One glance at this horoscope is sufficient to show us that Robert will be a very versatile character for the planets are scattered over the greater part of the horoscope and we find Mercury, the planet of reason, in the martial sign Scorpio, showing that he is mentally energetic, quick, and alert, but he is not impulsive, for Mercury is singularly well-aspected. It has a trine to Saturn, the planet of obstruction, which gives caution, tact, diplomacy, forethought, and the ability to concentrate deeply upon any subject so that he may know what he is going into before actually taking the venture. Mercury is also trine to the Moon, which is co-significator with him of the mind. This helps to strengthen the imagination and gives the ability to visualize the thoughts and ideas conceived by him, and finally, Mercury is trine to its higher octave Neptune, which is placed in the psychic sign Cancer. This will have a tendency to bring Robert in touch with occultism, for the configuration occurs from the eight and twelfth Houses. It will make him sensitive to the vibrations from the invisible worlds and may be the means of giving him psychic experience of a nature that will benefit him spiritually. We also find Jupiter, the planet of religion and philosophy, in the ninth House governing the mind. This will make the nature of Robert benevolent, helpful, and sympathetic. It will give him high aspirations and bring him much esteem in the community in connection with social and religious work. The Sun and Venus placed in the eleventh House, the House of friends, hopes, and aspirations is a good omen in that respect. Robert will meet with many friends, people higher in the social scale who will help him advance in life. He will also find many friends among the opposite sex, but as Venus is sextile to Uranus, the planet of originality and independence, we may judge that his relations with them will be rather too unconventional. Venus in Scorpio square Mars the ruler of Scorpio will give him unusually strong sexual tendencies and there are indications that this will bring him into trouble besides sapping his vitality. As this is not exactly



a medical journal we dare not express ourselves quite freely but we would advise that you take Robert to a physician that it may be determined whether circumcision is advisable. Where there is a superfluity of flesh there is also an irritation which additionally excites an already abnormal tendency and the removal thereof does much to relieve the person afflicted with an intense passional nature. Saturn in Pisces which governs the feet shows that Robert will have a poor circulation in the extremities which may react in the intestines governed by the opposite sign Virgo, but as Saturn is unafflicted there will probably be no serious inconvenience. Had this been a female horoscope the conjunction with the Moon would have affected the health much more seriously by obstruction of the female functions. As it is the effect will probably be confined to cold feet.

In respect to finances we see Uranus in the second House and sextile to Venus and Mars, also in the second square to Venus. This shows that Robert will always have considerable money, he has an excellent earning power, but we also find that there will be a tendency to squander his substance on the opposite sex. He has already passed the plastic age and unfortunately the indications occur from fixed signs, so that you will probably find it difficult to change him now, however, it is better to make the attempt late than not at all. We would advise that when you give him an allowance you should require him to give an account of how he has spent it and advise him what is right and wrong in that respect. There is one blessing, he has a reasonable mind and you may be able to show him logically which is the best course for him to pursue. We would also advise that you teach him the functions and the sacredness of sex together with the dreadful consequences attendant upon the abuse thereof. He has a very strong

will power and if you can convince him of these matters it is quite possible that he may be able to rule his stars in that respect. At least he will not go blindly into something with which he is unacquainted. His eyes will be opened and there is the possibility that he may catch himself up sooner than if he is not warned at all.

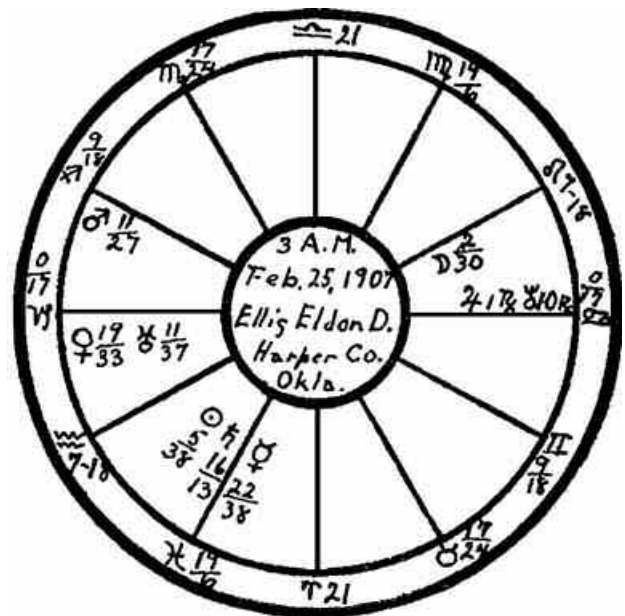
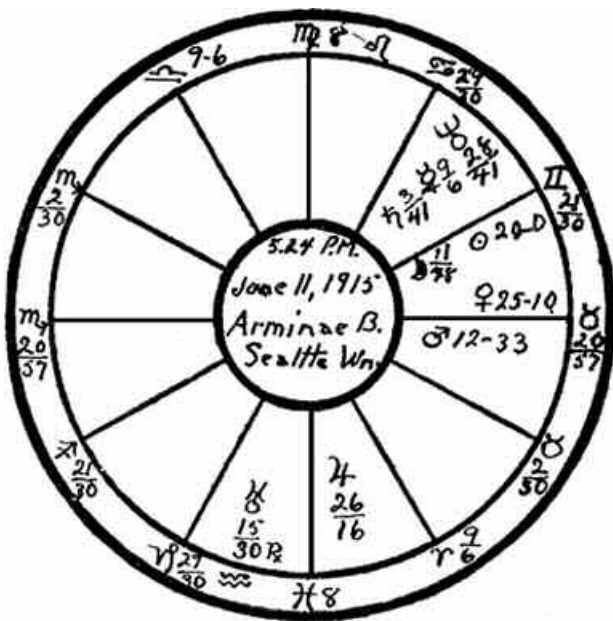
**A**rminae B., born June 11<sup>th</sup>, 1915, 5:24 p. m., Seattle, Wash. At the time of Arminae's birth we find the energetic sign Scorpio rising and Mars the ruler sextile to Mercury. This gives her a quick and alert mind, able to grasp an idea the moment it is presented. At the same time she is not impulsive for Mercury, the planet of reason, is in conjunction with Saturn, the planet of obstruction. This acts as a brake upon impulse and gives her the ability to concentrate upon whatever subject comes under her notice, but unfortunately this position also carries with it the tendency to blues and evil forebodings, specially when placed in the lunar sign Cancer. The Moon, the planet of imagination, is in the mercurial sign Gemini trine to Uranus, the planet of intuition placed in the intellectual sign Aquarius. This further sharpens the intellectual faculties so that it will not be necessary for her to reason upon things in order to arrive at a correct conclusion, but she will gain the solution to her problems mostly by intuition. This configuration will also give her originality and independence of thought.

With respect to marriage we find that Venus, the planet of love, is essentially dignified in her own sign Taurus, sextile to Jupiter, the planet of benevolence, also essentially dignified in the sign Pisces. Venus is placed in the seventh House indicating the condition of marriage, sextile to Neptune in the fourth sign Cancer, and Jupiter is in the fourth House. Thus conditions are extremely favor-

able for a happy marriage and a contented home life. But the Sun, which indicates the marriage partner in a woman's horoscope, is on the cusp of the eighth House, indicating his financial condition, and square to Jupiter, the planet of opulence in the fourth House. This shows that here is a liability to financial difficulties and loss, but there are no indications of poverty. Quite the contrary, there does not seem to be any particular or glaring fault in Arminae and the general state of the health is also good. Saturn in Cancer always gives a tendency toward some peculiarity in the choice of food and if this is indulged his conjunction with Mercury will cause nervous indigestion. But even this will probably not be of a very aggravated nature in her case as the planets are full six degrees apart and therefore weak in their operation. So that to sum up, the life is shown to be a quiet and contented one passed mostly in the home and filled with the cares and pleasures of a family.

**E**llis Eldon D., born Feb. 25<sup>th</sup>, 1907, 3 a. m., Harper Co., Oklahoma.

This is a strong horoscope, strong for good and for bad. There are four cardinal signs rising, giving Ellis an active, energetic nature. Saturn, the ruler of the Ascendant, is in conjunction with Mercury. This deepens the mind and gives him power of concentration, but also the tendency to look upon the dark side of things. This however, is considerably modified by a sextile to Venus, the planet of love, light, and cheerfulness, so that probably the gloom will not be as deep as otherwise. Furthermore, the life-giving Sun is trine to Jupiter, the planet of optimism, also to Neptune and sextile with Uranus, the planet of intuition. These are all influences which brighten the disposition and throw sunshine into the life. But Mars, the plan-



et of dynamic energy, is in the twelfth House indicating sorrow and self-undoing, square to Saturn, the planet of obstruction. This indicates that Ellis will have an unusually quick and violent temper, which is apt to bring him into trouble. It makes the nature cruel, selfish, and deceptive and on that account it breeds enmity with those about him. It even indicates a liability to imprisonment. Unfortunately he is already ten years of age and the best period for work with him is therefore past. But nevertheless, the affliction occurs from common or flexible signs and there are so many other good traits in this horoscope that it seems that even now you should be able to mould his character in such a manner that you will at least minimize the tendency. Probably you have already noticed these characteristics in embryonic manifestation and have already battled with them. In that case it should be possible to help him overcome. Above all things try to teach him how to curb his temper, for without doubt whatever trouble comes to him will be because at the time he loses control of himself and acts rashly on the impulse of the moment.

So far as the financial fortunes go Ellis will have many ups and downs in life. The Sun is trine to Jupiter, the

planet of opulence, so that at times fortune will smile upon him and give him abundantly of the world's goods, often in the most sudden and unexpected manner, as indicated by the sextile of the Sun and Uranus. But then the square of Mars from the twelfth House, the House of sorrow will bring losses and financial difficulties. He will have a considerable amount of money but will not be able to keep it and it will be something similar in the matter of health. The constitution is physically strong but the square of Mars to the Sun and Saturn shows a liability to colds and fevers, inflammatory diseases, and accidents, a sensual nature which will sap his vitality; in short as we said in the beginning of the horoscope reading, it is a strong nature divided between good and bad and according to whatever he chooses the life will be happy or unhappy. But there is one blessing, that this horoscope shows a considerable amount of latitude of free will so that *he will have a chance to choose for himself* without being very seriously handicapped and if you can only aid him in the matter of self-control you will minimize the tendencies to trouble wonderfully and enhance his chances for a successful and happy life in the same degree.

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## Vocational Readings for Young Men and Women

Vocational indications of the horoscope are outlined for the benefit of young men and women between 14 and 25 under the same conditions as those governing childrens' horoscopes; which see.

MARGARET Elsie P., born October 20<sup>th</sup>, 1903, at 3:30 a. m., Baltimore, Md.

At your birth there were four common signs on the angles. This gives an indication of a mental rather than a physical occupation. We also find that Mercury, the planet of reason, who rules the Ascendant, is trine with Saturn, the planet of patient persistence and diplomacy, and the configuration is from intellectual signs, Libra and Aquarius. This shows a strong mentality able to grapple with serious problems and to succeed in any line of work where such matters are to be solved. The Moon, which governs the imaginative faculties, is conjoined with the Sun in the scientific sign Libra, sextile with Mars, the planet of dynamic energy and Uranus, the planet of intuition. This gives you a very vivid imagination and an unusual intuitional ability. We also find the airy intellectual signs Gemini, Libra, and Aquarius on your tenth, second, and sixth Houses, which indicate the service to be rendered in life, the financial reward resulting therefrom, and the social standing attained thereby. All these things show that you will succeed best in a mental career, scientific or literary, or perhaps a blending of both. You have the ability to weave plots in your mind, deep plots and curious ones. Probably that may indicate fiction or it may be philosophy. It is certain, at any rate, that you will be

interested in the deeper problems of life and it is quite likely that they will find a place in your writings.

Winston M., born July 30<sup>th</sup>, 1902, at 6:48 a. m., Evanston, Wyoming.

At the time of your birth four common signs were rising, as in the previous horoscope, and the indications point, of course, to a career having to do with mental rather than physical work, but what that will be is not so very clearly outlined in your case, for Mercury, the planet of reason, is opposition to Saturn, the planet of obstruction. This gives you a great ambition but involves troubles, delays, and disappointments in the realization of them. You don't understand yourself and you are of course misunderstood by others also. Musical ability of an inspirational nature is shown by the conjunction of Venus with Neptune in the psychic, emotional sign Cancer. Mars is also there lending energy and the ability to prosecute that line of endeavor and if you did you would attain success in it. But there is something better in store for you if you can find it and the following indications are the pointers which will show you the way. The three scientific airy signs Gemini, Libra, and Aquarius are on the tenth, second, and sixth Houses pointing in a

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# Studies in The Rosicrucian Cosmo Conception

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## The Earth Period

LEMURIA AND THE LEMURIANS

By Kittie Skidmore Cowen

**I**T WAS not until the latter part of the Lemurian Epoch that the human life wave reached the stage of development where it could properly be called a Race. At this time the atmosphere was still very dense, something similar to the fire-fog of the Moon Period—but denser. The Earth's crust had become quite hard and solid in places, while in others it was still fiery, and between the islands that had formed, the water surged, a boiling, seething sea. Volcanic outbursts and terrifying cataclysms were very frequent, for the nether fires struggled fiercely against the formation of the encircling crust which was to imprison them.

On page 275 of the *Cosmo* we are given a very clear idea of conditions as they then existed. Here we read: "Upon the harder and comparatively cool spots man lived surrounded by giant fern-forests and animals of enormous size. The forms of both man and animal were yet quite plastic. The skeleton had formed, but man himself had great power in molding the flesh of his own body and that of the animals about him.

"When he was born he could hear and feel, but his perception of light came later. The Lemurian had no eyes. He had two sensitive spots which were affected by the light of the Sun as it shone dimly through the fiery atmosphere of ancient Lemuria, but it was not until nearly the close of the Atlantean Epoch that he had sight as we have today. Up to that time the building of the eye was in progress. While the Sun was within—while the Earth formed part of the light-giving mass—man needed no external illuminant; he was luminous himself. But when the dark Earth was separated from the Sun, it became necessary that the light should be perceived, therefore, as the light-rays impinged upon man, he perceived them. Nature built the eye as a light-perceiver, in response to the demand of the already-existing function,

which is invariably the case. The amoeba has no stomach, yet it digests. It is all stomach. The necessity for digesting food built the stomach in the course of time, but digestion took place before the alimentary canal was formed. In an analogous manner, the perception of light called forth the eye. The light itself built the eye and maintains it. Where there is no light there can be no eye. In cases where animals have withdrawn and dwelt in dark caves—keeping away from the light—the eyes have degenerated and atrophied because there were no light rays to maintain them and no eyes were needed in the dark caves. The Lemurian needed eyes; he had a perception of light, and the light was commencing to build the eye in response to his demand."

At this stage of his development the Lemurian was also unconscious of the birth of his body. He could not see it, nor could he see anything else, but he did *perceive* his fellow-beings. This, however, was an inner perception like our perception of persons and things in dreams; but there was one very important difference—his dream perception was clear and rational.

Pain was the means of making the Lemurian aware of his body, as well as of the world without. On page 277 of the *Cosmo*, we learn the following: "Thus he knew nothing at all about his body, in fact, he did not even know he had a body, any more than we know we have a stomach, when that organ is in good health. We remember its existence only when our abuse of it causes us to feel pain there. Under normal conditions we are entirely unconscious of its processes. Similarly did the body of the Lemurian serve him excellently, although he was unaware of its existence. Pain was the means of making him aware of his body and of the world without."

"Everything in connection with the propagation of the race and the bringing to birth, was done by the direction

of the Angels under the leadership of Jehovah, the Regent of the Moon. The propagative function was performed at stated times of the year when the lines of force, running from planet to planet, were focused at proper angles. Thus the creative force encountered no obstruction and parturition was painless. Man was unaware of birth, because at that time he was as unconscious of the physical world as he now is during sleep. It was only in the intimate contact of sex relation that the spirit became aware of the flesh and the man *knew* his wife. This is shown in such passages of the Bible as "Adam *knew* Eve and she bore Seth." It is also the key to the meaning of the "*Tree of Knowledge*," the fruit of which opened the eyes of Adam and Eve, so that they came to know both good and evil. Previously, they had known only good, but when they began to exercise the creative function independently, they were ignorant of stellar influences, as are their descendants, and Jehovah's supposed curse was not a curse at all, but a simple statement of the result which must inevitably follow use of the generative force which failed to take into consideration the effect of the stellar rays on childbirth.

"Thus the ignorant use of the generative force is primarily responsible for pain, sickness, and sorrow."

"The Lemurian knew no death because when, in the course of long ages, his body dropped away, he entered another, quite unconscious of the change. His consciousness was not focused in the physical world, therefore the laying aside of one body and the taking of another was no more to him than a leaf or a twig drying and falling away from the tree and being replaced by a new growth."

The language used by the Lemurian Race was very different from the one used at the present time. Turning to the *Cosmo*, page 276, we are told: "His language consisted of sounds like those of Nature. The sighing of the wind in the immense forests which grew in great luxuriance in that semi-tropical climate, the rippling of the brook, the howling of the tempest—for Lemuria was storm-swept—the thunder of the waterfall, the roar of the volcano—all these were to him voices of the Gods from whom he knew himself to have descended."

And again on page 278: "Their language was to the Lemurians something holy. It was not a dead language like ours—a mere orderly arrangement of sounds. Each sound uttered by the Lemurian had power over his fellow-beings, over the animals, and even over nature around him. Therefore, under the guidance of the Lords of Venus, who were the messengers of God—the emissaries of the creative hierarchies—the power of speech was used with great reverence, as something most holy."

And quite as different as the language was the mode of education. Page 278 of the *Cosmo* tells us: "The education of the boys differed greatly from that of the girls.

The Lemurian methods of education may seem shocking to our more refined sensibilities. In order to spare the reader's feelings, only the least cruel of them will be touched upon. Strenuous in the extreme as they may seem, it must be remembered that the Lemurian's body was not nearly so high-strung as the human bodies of the present day; also that it was only by the very harshest of measures that the exceedingly dim consciousness could be touched at all. As time went on and the consciousness became more and more awakened, such extreme measures as those used then became unnecessary and have passed away, but at that time they were indispensable to arouse the slumbering forces of the spirit to a consciousness of the outside world."

"The education of the boys was designed especially to develop the quality of *Will*. They were made to fight one another, and these fights were extremely brutal. They were impaled on spits, with full power to release themselves, but by exercising the will-power they were to remain there in spite of the pain. They learned to make their muscles tense, and to carry immense burdens by exercise of the will."

"The education of the girls was intended to promote the development of *the imaginative faculty*. They also were subjected to strenuous and severe treatment. They were put out in the great forests, to let the sound of the wind in the tree-tops speak to them and to listen to the furious outbursts of flood and tempest. They thus learned to have no fear of those paroxysms of nature and to perceive only the grandeur of the warring elements. The frequent volcanic outbursts were greatly valued as a means of education, being particularly conducive to the awakening of the faculty of memory."

Such educational methods would be entirely out of the question at the present day, but they did not make the Lemurian morbid, because he had no memory. No matter what painful or terrifying experience he endured, everything was forgotten as soon as past. The above-mentioned strenuous experiences were for the purpose of developing memory, to imprint these violent and constantly-repeated impacts from without upon the brain, because memory is necessary that the experiences of the past may be used as guides to Action.

The education of the girls developed the first germinal, flickering memory. The first idea of Good and Evil was formulated by them because of their experiences, which worked chiefly upon the imagination. Those experiences most likely to leave a recollection were thought "Good"; those which did not produce that much-desired result were considered "Evil."

And thus, it was through the manner of her education, that woman became the pioneer of culture and the first to develop the power of discrimination between "Good"

and "Evil." But, be it remembered that this seeming pre-eminence is in reality only seeming, for the Ego takes birth alternately as male and female, giving to each an equal opportunity. It is the fact that the male dense body has a negative vital body, while the female dense body has a positive vital body, that makes the Ego, when embodied in a female dense body, more susceptible to spiritual impacts.

The reason for the education of the Lemurian along these purely physical lines at this stage in the development of the Ego is explained in the *Cosmo* on page 280. Here we are told: "The Lemurian was a born Magician. He felt himself a descendant of the Gods, a spiritual being; therefore his line of advancement was by gaining not spiritual, but *material* knowledge. The Temples of Initiation for the most advanced did not need to reveal to man his high origin; to educate him to perform feats of magic; to instruct him how to function in the desire world and the higher realms. Such instruction is necessary today because now the average man has no knowledge of the spiritual world, nor can he function in super-physical realms.

"The Lemurian, however, in his own way, did possess that knowledge and could exercise those faculties; but on the other hand, he was ignorant of the Laws of the Cosmos and of facts regarding the physical world which are matters of common, everyday knowledge to us. Therefore, at the School of Initiation, he was taught art, the laws of Nature and facts relating to the physical universe. His will was strengthened and his imagination and memory wakened so that he could correlate experiences and devise ways and means of action when his past experiences did not serve to indicate a proper course of procedure. Thus the Temples of Initiation in the Lemurian times were High Schools for the cultivation of Will-power and Imagination, with 'post-graduate courses' in Art and Science.

"Yet, though the Lemurian was a born magician, he never misused his powers because he felt himself related to the Gods. Under the direction of the Messengers of the Gods, already spoken of, his forces were directed toward the molding of forms in the animal and plant worlds. It may be hard for the materialist to understand how he could do such work if he could not see the world about him. It is true man could not 'see' as we understand the term and as he now sees objects outside in space with his physical eyes. Still, as the purest of our children are clairvoyant to this day, while they remain in a state of sinless innocence, so the Lemurians, who were yet pure and innocent, possessed an internal perception which gave them only a dim idea of the *outward* shape of any object, but illumined so much the brighter its inner nature, its soul quality, by spiritual apperception born of

innocent purity.

"Innocence, however, is not synonymous with Virtue. Innocence is the child of Ignorance, and could not be maintained in a universe where the purpose of evolution is the acquisition of Wisdom. To attain that end, a knowledge of good and evil, right and wrong, is essential, also choice of action.

"If, having knowledge and choice, man ranges himself on the side of Good and Right, he cultivates Virtue and Wisdom. If he succumbs to temptation and does wrong knowingly, he fosters vice.

"God's plan is not to be brought to naught, however. Every act is a seed-ground for the law of Consequence. We reap what we sow. The weeds of wrong action bear flowers of sorrow and suffering, and when the seeds from them have fallen into a chastened heart, when they have been watered by the tears of repentance, Virtue will eventually blossom forth. What blessed assurance, that out of every evil we do, Good will eventually accrue, for in our Father's Kingdom naught but Good can endure."

This brings us to "The Fall of Man," which will be discussed from the Rosicrucian viewpoint in our next article.

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### **CHRISTIAN MYSTICISM BY CORRESPONDENCE**

A course of monthly letters and lessons are issued by the Rosicrucian Fellowship to aid those who wish to probe more deeply the Mystery of Life and Being. Upon request, the General Secretary may admit students to the preliminary degree, but advancement in the deeper degrees depends upon merit.

### **ASTROLOGY BY CORRESPONDENCE**

To us, Astrology is a phase of Religion, and we teach it to others on conditions that they will not prostitute it for gain, but use it to help and heal suffering humanity.

#### ***How to Apply for Admission***

Anyone who is not engaged in fortune telling or similar methods of commercializing spiritual knowledge will, *upon request*, receive an application blank from the General Secretary of the Rosicrucian Fellowship. When this blank is returned properly filled, he may admit the applicant to instruction in either or both correspondence courses.

#### ***The Cost of the Courses***

There is no fixed fee; no esoteric instruction is ever put in the balance against coin. At the same time it cannot be given "*free*," "*for nothing*," for those who work to promulgate it must have the necessities of life. Type, paper, machinery and postage also cost money, and *unless you pay your part someone else must pay for you*.

# Nutrition and Health

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## Why Do Middle-aged Men Break Down?

IT IS customary with the majority of male mankind to call themselves the “lords of creation” and look upon womankind with patronizing eye as the *weaker sex*, to be cherished and protected; but it begins to dawn upon the world that the masculine claim of superior strength is largely based upon a fallacy. The feminine frame may seem more fragile, but according to an ever-accumulating array of testimonials it has a power of endurance and the spirit within the feminine body is dauntless to a degree far above that of the masculine. Men may face the bullets from a battery in a crowd, there is always the chance that they may not be hurt and there is such a thing as *collective courage*. But according to the testimonies of dentists they dread taking a male patient, for the larger percentage of men tremble and even shriek at the thought of having a tooth extracted while women bear the torture for hours with patient stoicism and one can only conjecture what would happen were men called upon to bear the pains of parturition before, during, and after the event. Statistics seem to prove that in spite of all apparent handicaps women live longer than men and it also seems that there are a great many more invalid men than women.

As we have often said, this can only be accounted for by the fact that *woman has a positively polarized vital body*. On that account she needs less clothing, she can endure much greater hardship than men and still survive. The following article by a member of the New York Board of Health takes cognizance of these facts and accounts for them on a physical basis. He thinks that more men die at forty than formerly because modern methods of hygiene are saving the lives of many children who would otherwise have died in infancy because of an inherently weak constitution, also because men indulge in bad habits, such as the use of liquor, tobacco, and over-eating. But while allowing for all these factors in shortening the years of the male contingent, the real, true underlying cause is to be found in the fact as already stated that woman has a strong, positive vital body which in the first place absorbs an enormous amount of solar force that sweeps through her body with the irresistible force of a Niagara, cleansing it from deleterious organisms and expelling them in radiant streams of energy which pour out through every pore in her body. There is an enormous difference between that and the comparatively weak vital body of the man. Take

this in connection with the fact of his numerous indulgences and one ceases to wonder why men die at forty. The real wonder is that he can abuse his body to that extent and still live to so ripe an age.

“That men just past the prime of life—say, just over forty—are very much more apt to succumb to disease than they were immediately before, and that this likelihood is greater now than it was a dozen years ago, is shown by a comparative table compiled by Dr. Chas. F. Bolduan, of the New York City Health Department, to serve as the text of an article on this subject contributed by him to *The Scientific American* (New York, July 17). The numerical evidence furnished by the table is hardly necessary, he thinks, for this modern tendency to go to pieces on the part of our middle-aged men seems to be universally admitted by physician and layman alike. It is only when we begin to inquire into causes that we meet with differences of opinion. The prohibitionist reformer, says Dr. Bolduan, is sure that it is all due to alcohol. The food-faddist attributes it to denatured foods. Others still are certain that immorality is the cause; the legislators of several of our Western States even lay the blame on the ‘deadly cigaret.’ And the harassed business man sitting in his club with a high-ball beside him and puffing at a black cigar assures you most emphatically that the rush of modern business life supplies the correct answer. Dr. Bolduan’s own answer is refreshingly short and sweet. ‘Why do men over forty break down?’ he asks. ‘Indulging their appetites!’ When one has reached the age indicated he should apparently ask himself seriously, ‘What do I want to do?’—and then not do it. Says Dr. Bolduan:

“We see that men past the prime of life do not live as long now as they did some years ago....Surprising... when we recall how generally death-rates have been falling during the past twenty years. Have, then, our statisticians erred? Not so. A little study of the table will show that there has been an enormous saving of life in infancy and childhood....

“This at once supplies a clue to the cause of the increased mortality at the higher age groups—many of the children’s lives we are saving lack vital resistance; they constitute the weaker members of society, and readily succumb to the diseases common in middle life....One of the reasons why men over forty break down is because they



recovered, in childhood, of marasmus, or scarlet fever, or measles, or diphtheria, or some of the common diseases of that period.

"We can gain further insight into the reasons why men over forty break down by examining into the prominent causes of death which carry them off at that time. Without citing the figures, I may say that this reveals a marked increase, in recent years, of deaths from heart-disease, arteriosclerosis, Bright's disease, and certain diseases of the nervous system.

"These diseases are intimately related to one another, and have many causative factors in common. Among these the most important are over indulgence in alcohol and tobacco, the poisons of syphilis, gout, rheumatism, and certain other diseases, overeating, especially overeating of meat, lead-poisoning, muscular overwork, exposure to cold and wet, and exposure to great heat.

"Various factors combine, Dr. Bolduan says, to prevent health-administrators from making headway against these diseases. In the first place, the onset is insidious, so that the disease becomes established before it is recognized. In the second place, it is not easy to prove to the patient the causal relationship of the inciting factor. Thirdly, most of the cases above enumerated are associated with some form of indulgence of the appetites, and these are difficult to control. He goes on:

"At present time the average death-rate in the United States is about 14, i.e., fourteen out of every 1,000 persons die annually. The writer is convinced that if syphilis and alcohol could be entirely eliminated, the rate would at once fall to 12 or under....

"I have already mentioned that the diseases playing so prominent a part in the mortality of men over forty, namely, heart-disease, arteriosclerosis, and Bright's disease, begin insidiously. It is important to remember, however, that a competent physician is able to recognize the signs long before your own attention may be aroused by the symptoms.

"In this connection, the results recently obtained in the routine examination of the Department of Health of the City of New York may be of interest, especially since the average age of these employees, namely, 33 1/2 years for men and 32 years for the women, represents the period when preventive measures should be begun. Of the 700 employees, 20, or 2.8 per cent., were overweight to such a degree as to menace their health; an abnormally high blood-pressure, with some albumen in the urine, was found in 25 cases, or 3.5 per cent.; some derangement of the heart of varying degrees of severity was found in 92 instances, or 13.2 per cent. Altogether the number of persons who needed either advice or treatment, or both, was 327, that is to say, 44 in every 100 had, without their knowledge, some vital physical defect which might have

shortened their life, by a number of years, if it had remained undetected.

"In conclusion, let me warn you of the dangers of overeating. Most of us eat too much. We would do well to follow the advice of the great English physician, George Cheyne: 'Every wise man, after fifty ought to begin to lessen at least the quantity of his aliment, and if he would continue free of great and dangerous distempers and preserve his senses and faculties clear to the last, he ought every seven years to go on abating gradually and sensibly, and at last descend out of life as he ascended into it, even into the child's diet.' In short, why do men over forty break down? Indulging their appetites!"

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#### *KINDNESS THAT KILLS*

Dr. Thomas J. Allen

"Mother love kills more babies than any other single cause," says Dr. Harvey W. Wiley, a statement with which we can fully agree—unintelligent love.

"The little one relishes cake and candy, so why not let him have it? No reason, except that it is unwholesome food for the child and tends to ruin his digestion. Children are too much allowed to prescribe their own diet, accepting this and rejecting that, as if they were the best judges as to what is good for them."

"A child's food should be extremely simple," says Dr. Wiley. "My two little boys usually have for their dinner brown bread and butter and milk—that is all. They are healthy and happy. Whole cereal (from the entire grain), toast, an orange or an apple, are suitable for little folks. Most children eat too much and too often, chiefly through the mistaken indulgence of mothers, aunts, and other female relatives," he says.

The reader of these Hints should fully understand that children should be fed regularly and given nothing between meals, and that, as I have explained, fruit should be given at a separate meal, instead of candy, no cake or pie being allowed under any circumstances. And this is especially important now, in view of the danger of infantile paralysis, the fundamental cause of which lies, undoubtedly, in the derangement of digestion.

A parent who has been endeavoring to follow these suggestions, writes me that the chief difficulty is in making the children understand that they should not have these things that are liable to lay the foundation for whatever infection may be prevalent. Of course, it must be admitted that tea and coffee and cake are not good for us, and if we indulge ourselves it is hard to do what is best—to do our plain duty—for the children. All considered, it is always best that children be fed at a separate table, first receiving the mother's undivided attention, so that the forbidden things can be as carefully excluded as wine would

be, if that were unfortunately used at the meals.

Dr. Wiley's authority on the feeding of children is good, and the fact that he emphasizes the importance of an "extremely simple" diet for children, following the rule for his own, should be sufficient to remove any lingering doubt that the parents may have on this most important matter. It is established beyond question that the funda-

mental factor in the causation of all children's diseases, is bad feeding, variation chiefly, and the parents who wish to give their children the best foundation for life, aside from the importance of avoiding the trouble and expense of sickness, should follow this advice in regard to diet and that already given in regard to exercise and clothing.

## Menu from Mt. Ecclesia

### *Breakfast 7:30 a.m.*

Stewed Peaches  
Whole Wheat Muffins with Dates  
Cream of Wheat  
Coffee or Milk

### *Dinner 12 Noon*

Cream of Asparagus Soup,  
Danish Potato Loaf, Wild Mustard Greens,  
Whole Wheat Bread, Honey,  
Milk.

### *Supper 5:30 p.m.*

Dandelion Salad  
Nut-Olive Sandwiches, Young Radishes  
Bread, Butter, Honey  
Tea or Milk

## Recipes

### *Whole Wheat Muffins with Dates*

Mix two cups of whole wheat flour with two teaspoonfuls baking powder and one-half teaspoonful salt, rub in with spoon two tablespoonfuls butter and one egg, gradually add enough milk to make a batter that can be taken up in a spoon, add one half pound chopped dates. Oil and heat the muffin pans, drop spoonful of batter into hot pans, bake in quick oven for twenty-five minutes.

### *Cream of Asparagus Soup*

Pour the juice from one can of Asparagus, cut fine, return to juice and boil for ten minutes, gradually add one cup milk. Heat two tablespoonfuls butter and one of flour in separate pan, allowing to fry until turned a light yellow, add this with salt to the soup while boiling.

### *Wild Mustard Greens*

Wash and boil in salted water wild mustard greens for twenty minutes, or in the eastern countries dandelion may be used, be sure to use only the young and tender leaves, drain well. Heat frying pan with oil or butter to cover bottom, turn greens into pan, allowing to heat through, serve with lemon.

### *Danish Potato Loaf*

Chop two large onions fine, fry to a light brown in oil or butter. Spread mashed potatoes one inch thick in buttered baking pan, spread the fried onions on top, again a

layer of mashed potatoes, pour over one-half cup of milk and bake in oven until well browned.

### *Nut-Olive Sandwiches*

Pit one cup ripe olives, grind in vegetable grinder, mix with one-half cup peanut butter, spread between two thin slices of thin white or whole wheat bread. Cut diagonally and serve with salad.

### **John Wesley's Rule**

Do all the good you can,  
By all the means you can,  
In all the places you can,  
At all the times you can,  
To all the people you can,  
As long as ever you can.

We live in deeds, not years; in thoughts, not breaths;  
In feelings, not in figures on a dial.  
We should count time by heart-throbs.  
He most lives who thinks most, feels the noblest, acts the best.—*Selected*

March together toward His triumph,  
Do the tasks His hands prepare,  
Honest toil is holy service;  
Faithful work is praise and prayer.—*Henry Van Dyke*

## The Rosy Cross Healing Circle

Healing meetings are held in the Pro-Ecclesia at Headquarters on the nights when the Moon enters Cardinal Signs in the Zodiac. The hour being between 6 and 7 p. m. The virtue of the Cardinal Signs is dynamic energy which they infuse into every thing or enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour: 6 p. m., meditate on Health, and pray to the Great Physician: Our Father in Heaven for the restoration

to health of all who suffer, particularly for those who have applied to Headquarters for relief.

At the same time visualize the Pro-Ecclesia where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated purpose.

We print herewith some letters from people who have been helped, also a list of dates on which Healing Meetings are held.

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April 6—13—19—26

May 3—10—16—23—30

June 6—12—19—27

### “As a Little Child

Wordsworth said in his beautiful “Ode To Immortality”

Our birth is but a sleep and a forgetting:  
 The Soul that rises with us, our life's Star,  
     Hath had elsewhere its setting,  
     And cometh from afar:  
     Not in entire forgetfulness,  
     And not in utter nakedness,  
 But trailing clouds of glory do we come  
     From God, who is our home:  
 Heaven lies about us in our infancy!  
 Shades of the prison-house begin to close  
     Upon the growing Boy,  
 But he beholds the light, and whence it flows,  
     He sees it in his joy;  
 The Youth, who daily farther from the east  
     Must travel, still is Nature's priest,  
     And by the vision splendid  
     Is on his way attended;  
 At length the Man perceives it die away,  
 And fade into the light of common day.

Many of our children are clairvoyant during the earlier years of life, they often have invisible playmates who are not just “make-believe,” as we older and wiser (?) people believe but real and actual companions who are sojourning in the invisible world between earth-lives and sometimes they see other things too. In the incident we are about to relate two little sick children add their testimony to the reality of the work and personality of the Invisible Helpers. For two days the mother had struggled with them until she was exhausted and immediately after writing for help to the Elder Brothers while the ink was probably not dry on the paper the call was answered. As she

says in her letter:

Dear Friends:

I wrote the enclosed request for help as my little girls were choking with croup. For two days I had done all I could and last night the attack became so severe that I felt I must have help. Just after I had written my little girl five years old said: “I see men and women coming to me.” I asked her what they were doing and she said, “They are taking something black out of my throat and now they are working in my stomach.” (she called her abdomen her stomach). She said one man looked as tall as the room. Her throat was very sore but after that she said it was not sore at all and the next morning she was entirely well. The other little girl said also about the same thing. I did not pay any attention to that as I knew she had heard the other one. A short time ago the two little girls were going down the street and the oldest said she heard someone say, “danger,” and she turned right around and came home with her little sister. I said, “Who said it?” She said, “It was a voice from the other world and I do not want to talk about it. It scared me and no one was near,” and the tears ran down her cheeks while she said it so she seems to apply what she gets occultly as you wrote up in her horoscope that she would.

Thanking you for the help and the benefit.

Lovingly, B. C.

Norfolk, Va., Feb. 4<sup>th</sup>, 1917

Dear Friends:

I have enjoyed better health the past week than I have for many. I feel so grateful for relief from pain that I can scarcely find words to express myself. If I can only stay as free from pain as I am now, I will not complain. I know

(Continued on page 191)

# Echoes from Mt. Ecclesia

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## The New Administration Building

VISITORS to Mount Ecclesia during the past year or more have often sympathized with us on account of the crowded condition of the office and the print-shop. The prodigious amount of work we turn out has necessitated installation of one piece of machinery after another so that there is scarcely room to move about, but now we are rejoicing that the congestion is about to be relieved. On the 13<sup>th</sup> of March at two o'clock in the afternoon the brick layers will commence work on a new two-story administration building which will have 4800 feet of floor space. The print-shop will be located on the first floor and the general offices will occupy the entire second floor. This will give us room for all our present needs and provide for expansion which will evidently take place during the coming years. It is our intention to start a book-bindery on a small scale as soon as we get into our new quarters, for we have

two new books under way which we know the students will find very valuable and we want to bring them out in a handsome style.

So you see that the work is growing. It is only a little over five years since we bought this land. It was then a barren wilderness of sage brush and the reporter from the San Diego paper who witnessed the ground breaking for our present administration building and the planting of the cross said that it seemed to him at that time like planting a stick in the wilderness. But like the branch from the tree of life which, according to the old legends, became Aaron's rod that budded, so also the stick then planted has grown, budded, and the sweet scent of the Rose-Cross has spread to many thousand homes all over the world. May God bless the work that is begun in this building and may our field of usefulness increase to such proportions that we may soon outgrow the capacity of this building as we have outgrown the accommodations of the present one.

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## Good News of the Coming Year

THIS IS the last issue of our second year of publication. With the May number we shall enter upon our third year and we therefore take occasion to thank our readers for the enthusiastic support they have given us during the past twelve months which have indeed been a crisis and threatened even our existence. Many hundreds of publications have been discontinued during the past year on account of the unprecedented paper situation, but we were fortunate enough to have such a support as is not given to ordinary publications. Neither the writers nor the Editor are salaried and we have our own complete plant in which all the work is done at a comparatively small cost so that taking it all in all we may say that accounts have just about balanced despite the

extortionate paper prices. Then also we were able to make a contract for the coming year at two hundred and fifty dollars a ton for paper. This has been advanced so that it is now close to three hundred dollars a ton. We are therefore buying it fifty dollars a ton under the present market price and so we are able not only to announce that we will continue issuing the magazine during the coming year at the present price of one dollar per annum, but also to increase the size thereof twenty-five per cent. That is to say, instead of thirty-two pages as at present the magazine for the coming year will contain forty pages each month. This will give us more space for the many good articles we have waiting, and we will be pleased to have suggestions from our readers as to the use they would like

to have us make of the added space. While we are on this subject and making this announcement, however, we must not forget to say that *Uncle Sam is threatening to increase the postal charges for magazines about fifteen hundred percent and if he should do so it will be an absolute impossibility to issue any magazine for one dollar and we would then be compelled to raise the price to one dollar and fifty cents per annum in the United States*, but in the meantime, we will accept renewals or new subscriptions at the old rates of one dollar for the United States, a dollar and twenty-five for Canada, and a dollar and fifty foreign. So you would better hurry and renew if your subscription is about to expire.

You will also notice that this article is set in a different type from the rest of the magazine. This is done to show you the sample of a new font of type the same size and style as that used in the *Cosmo* and which we are going to use in the magazine during the coming year. This will make it much more readable, a feature which we are sure will be appreciated by most of our readers and we shall of course do everything in our power to keep up the standard of quality so that we may continue to merit the hearty cooperation of our readers and students. We also take this occasion to thank those who have so kindly contributed articles to the magazine during the past year and to bespeak future favors from them and others who may feel inclined to submit articles for publication.

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### ***EASTER MORN ON MOUNT ECCLESIA***

As usual there will be an early morning Easter service on Mount Ecclesia. Students and friends who are within visiting distance will be welcome. You cannot find a finer place to spend Easter, but if you cannot be with us in body please be with us in spirit and help us celebrate this sacred event. Thought knows of no distance and if you direct your prayers and aspirations toward this place when the sun is rising in your own home, then the accumulated spiritual influence will follow the sun and lend strength and power to the service held on Mount Ecclesia when the sun rises at that place.

### ***THE SUMMER SCHOOL***

On account of the building activities which will take place this summer on Mount Ecclesia and entail a lot of work incidental to the moving of the printing plant and office machinery, the workers on Mount Ecclesia will have to carry an extra load. Mr. Heindel himself will have to supervise the building operations and keep up with all the other work he has on hand. Therefore there will be no regular summer school this summer, but students who wish to spend their vacation with us may find accommodations as in former years and whenever it is possible to do so Mr. Heindel will hold classes at intermittent intervals. We reiterate however, that there will be no regular school session and students who come must be prepared to take their chances on what may be picked up in the way of classes, lectures, et cetera. For rates and reservations write the Esoteric Secretary.

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### **THE ROSICRUCIAN COSMO-CONCEPTION GIVEN AWAY!**

We are very desirous to carry the Rosicrucian Teachings into new fields, and have therefore decided that we will give one copy of the *Rosicrucian Cosmo-Conception* to anyone who sends in five dollars (\$5) for five yearly subscriptions, or ten half-yearly subscriptions to this magazine. Provided, however, that the said subscribers must be new, not now on our list as correspondents or subscribers.

If you cannot get them all at once, send one at a time, and when the number is complete we will send this valuable book.

Get three new subscribers, send us their names and three dollars, and we will give you a year's subscription gratis.

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### **YOUR CHILD'S HOROSCOPE FREE!**

We do not cast horoscopes for adults on any consideration; but, children are unsolved problems! They have come to their parents for help and guidance, and it is of inestimable benefit to know their latent tendencies, that their good traits may be fostered and evil tendencies suppressed. Therefore we will give each month a short delineation of character and tendencies of four children under 14 years in the Astral Ray department of this magazine. Parents who wish to take advantage of this opportunity must be YEARLY subscribers.

MYSTIC LIGHT DEPARTMENT CONTINUED FROM PAGE 172

soul; covering them with the bright glory of love.

The night slips lower and lower, enfolding all the garden close in its shadowy heart.

The *White Roses* alone are visible, lifting their faces heaven-ward, as though already harbingers of the Dawn.

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## The Celestial Bird

Blanche Cromarte

In her dream the Dreamer awoke and with this awakening the dream began.

She awoke to find herself lying on a big poorly-furnished bed which stood against the wall with its head to the window in an empty sordid-looking room.

As her eyes opened they rested on the dingy yellow wallpaper at the bedside, and thus, idly gazing, she became aware that a little insect was there, a creature so tiny that she could not see its form but only divined its presence because it moved.

It pleased the Dreamer that the thing was there for she loves her fellow creatures, the insects who, perhaps for this very reason, never do aught to annoy her, so she looked earnestly at the spot that she might descry the shape of her wee visitor and—as she looked, a strange thing happened. The wee creature, first rather guessed at than seen, became not merely visible, but began to increase in size so that, from seeming but the merest speck, it soon grew into a fair-sized insect, strange and beautiful to see, with a long rose-colored tail, and while the Dreamer stared in astonishment and delight, the wondrous insect spread its shining wings.

“Look! Look!” cried the dreamer, “It is growing bigger and bigger—and so beautiful!” This to an unseen friend whom she fancied was standing behind her but no one answered and, even as she spoke the glistening creature flew across the bed, increasing in size and beauty as it went.

Then the Dreamer perceived that it was no longer an insect, however beautiful, but was now transformed into a bird, and just as the insect had excelled in Beauty so now—the Bird. No gorgeous peacock, no paradise-bird in all her misty spray of gold and silver feathers could vie with this.

For they are of the earth and this, THIS was the bird Celestial, to which even the Coveted Bluebird is a thing of nought.

Feathered with rose and azure, radiant as a star, it circled round while the dreamer gazed on it with inexpressible joy.

Then suddenly she remembered that the window was only a small way open from the top, too narrow an opening for the bird to pass, thus the Celestial Thing was penned within her miserable room.

Swift as the thought she leaped from the bed and flung the window wide.

Out flew the Bird and vanished in a flash. In her mean room the Dreamer stood—alone. No: nevermore alone, for now her heart dilated with a rapture far excelling that joy she’d known in visioning the Bird, for she knew, knew with that fullness of knowledge that knows it knows, that had she sought to cage the Bird and keep it for her own she would have lost it, but now, now that she had gladly set it at liberty, freely sent it forth to gladden others, she, by that very act, had made it hers inalienably, hers for ever.

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### NUTRITION AND HEALTH CONTINUED FROM PAGE 188.

of no other blessing so great as health, and pray that I may continue to improve.

Respectfully yours,

Mrs. L. M. B.  
Seattle, Wash.

Esoteric Secretary:

I wish to thank you with all my heart for the help I have received at the time I needed it most. I did not write for help for a week or so, but I have been suffering with an infected tube in my side. I was in the greatest of pain, when to my surprise it stopped so that I could sleep. I had

not slept for nights and nights and in the day time I could not rest, as my six-weeks’ old baby needs my care—you see how much that rest meant to me. I am truly thankful.

Hoping that this great work is truly appreciated in the world, I am,

Yours in Fellowship,

M.W.H.

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### *Save Your Heart Beats*

To live long and well, save your heart by conserving your heart beats. This may be done by avoiding extreme

emotion and violent physical exertion and by sleeping long hours. The human heart beats from seventy to one hundred and fifty times a minute, and each beat means work equivalent to raising a two-pound weight 70 to 150 times a minute.

Anything that quickens the heart's action increases its labor. Accurate tests have shown that a man riding a bicycle up a 10 percent grade for 2904 feet in four minutes adds an amount of labor to his heart that would lift a ton and an eighth one foot.

Violent physical exertion of any kind quickens the heart beats. Strong emotion has the same effect. Intense anger may increase the heart's labor from 150 pounds per minute to 225 pounds. Under such a strain the heart of an animal has been known to literally break, causing almost instant death.

According to a heart specialist, he who retires to bed at 11 instead of 12 saves the heart 876,000 foot-pounds a year. Lying down one-half hour daily lessens its labors in the same period by 219,000 foot-pounds.

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### ASTRAL RAY CONTINUED FROM PAGE 181

scientific or literary direction rather than in the artistic. However, in your case Uranus and Jupiter are in mutual reception. That is to say, Uranus rules Aquarius and is placed in Sagittarius; Jupiter rules Sagittarius and is placed in Aquarius. Both of them are sextile. This shows an original independent and inventive turn of mind in the direction of air or electricity. The mechanical mind indicated by Mercury and Saturn must be brought to bear on the problems shown by Uranus and Jupiter. It will not be easy for you to find your place and to succeed in your work, for the Sun is also in opposition to Jupiter. But reading this configuration in another way we find that the Moon is sextile to the Sun and trine to Jupiter. The Moon is the most elevated planet, the vehicle of imagination so that if you persist and persevere success will finally crown your efforts and you will realize your fondest hopes and ambitions.

This is a vocational reading, but we have no apology to offer for including a hint on health as that is a very necessary factor in the success of life. We find that you have Saturn and Mercury in opposition from Capricorn and Cancer which rules the stomach. Mentally as we have already said, this gives a tendency to gloom and worry. That alone is sufficient to interfere with digestion, but when the planets are placed as here you should be very careful with regard to your food and take only a simple diet for over-indulgence of the appetite is sure to bring disaster. You should make Frugality and Cheerfulness your motto. Hold the idea in your mind that just as some people are liable to accidents so others are liable to delays, worries, and troubles. These things come to try you in order to give you mental balance and nothing in the world that you can do will help accelerate matters as much as if you can learn not to chafe because of delays and disappointments. When you have learned to hold yourself in check with regard to that matter you will find things go much more smoothly and you can apply the mental energy that is wasted in worry to a constructive

purpose and so achieve your end much quicker than otherwise.

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### *MARRIAGE, MOTHERHOOD & VOCATIONAL ADVICE GIVEN TO YOUNG MEN & WOMEN*

We are giving short readings for children under fourteen years of age, to help parents suppress faults and foster talents while the character is plastic. Life is still in the making for the young man or woman between fourteen and twenty-five years. They may also benefit by knowing what talents are latent, and what life work to select. We have therefore decided to give this advice so far as space permits. Each must wait his turn.

To obtain a vocational reading the parents, guardians or applicants must be *yearly* subscribers. Only one request from each subscriber will be entertained, and unless it contains the following data it will be thrown out, for without this a horoscope cannot be cast.

- (1) Birth-year, month, date and hour (as near as possible.)
- (2) Birth-place—city, state or country.

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### *THE QUIET ROOM*

And so I find it well to come  
For deeper rest to this still room,  
For here the habit of the soul  
Feels less the outer world's control,  
And from the silence multiplied  
By these still forms on every side,  
The world that time and sense has known  
Falls off, and leaves us God alone.

—Whittier

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Help to spread these glad tidings by introducing this magazine among your friends.

the valley, carrying the water 225 feet up to the summit of Mount Ecclesia and have thus an unlimited supply of water for irrigation and ample fire protection. We have built a **sanctuary** devoted exclusively to the worship of God, an **administration building** wherein our general offices and **printing plant** are located, a commodious **dining hall** to accommodate all workers, patients and pupils; we have also built a number of **cottages** for the accommodation of visitors.

Mount Ecclesia has also its own **electric lighting plant**, and every night the wonderful electric emblem of the Fellowship may be seen flashing its message of light across the country for over twenty miles in either direction. The exterior of the dining hall and Pro-Ecclesia, as we call our Sanctuary, are also electrically lighted, and thus we let the physical light shine to attract those who are seeking the spiritual, if by chance such may pass, and enquire through curiosity, which afterward turns to keen interest.

## THE CORRESPONDENCE SCHOOL

In addition to the publications of the Rosicrucian Fellowship, regularly advertised and before the public, there are two correspondence courses which furnish instruction to students all over the world, who are desirous of investigating the Rosicrucian Mysteries, and the Science of Astrology.

## WHY YOU OUGHT TO STUDY ASTROLOGY

There is a side of the moon that we never see, but that hidden half is as potent a factor in creating the ebb and flow as the part of the moon which is visible. Similarly, there is an invisible part of man which exerts a powerful influence in life, and as the tides are measured by the motion of sun and moon, so also the eventualities of existence are measured by the circling stars, which may therefore be called "the Clock of Destiny," and knowledge of their import is an immense power, for to the competent Astrologer a horoscope reveals every secret of life.

Thus, when you have given an astrologer the data of your birth, you have given him the key to your innermost soul, and there is no secret that he may not ferret out. This knowledge may be used for good or ill, to help or hurt, according to the nature of the man. Only a tried friend should be trusted with this key to your soul, and it should never be given to anyone base enough to prostitute a spiritual science for material gain.

To the medical man Astrology is invaluable in diagnosing diseases and prescribing a remedy, for it reveals

the hidden cause of all ailments.

If you are a parent, the horoscope will aid you to detect the evil latent in your child and teach you how to apply the ounce of prevention. It will show you the good points also, that you may make a better man or woman of the soul entrusted to your care. It will reveal systematic weakness and enable you to guard the health of your child; it will show what talents are there, and how the life may be lived to a maximum of usefulness. Therefore, the message of the marching orbs is so important that you cannot afford to remain ignorant thereof.

In order to aid those who are willing to help themselves, we maintain a correspondence Class in Astrology, but make no mistake, we do not teach fortune telling; if that is what you are looking for, we have nothing for you.

## Our Lessons Are Sermons

They embody the highest moral and spiritual principles, together with the loftiest system of ethics, for Astrology is, to us, a phase of religion; we never look at a horoscope without feeling that we are in a holy presence, face to face with an immortal soul, and our attitude is one of prayer for light to guide that soul aright.

## We Do Not Cast Horoscopes

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal and giving us the trouble of returning their money. Please do not thus annoy us; it will avail you nothing.

## THE COURSE IN CHRISTIAN MYSTICISM.

**Christ** taught the multitude in **parables**, but explained the **mysteries** to His disciples.

**Paul** gave **milk** to the babes, but **meat** to the strong.

**Max Heindel**, the founder and leader of the Rosicrucian Fellowship, endeavors to follow in their steps and give to interested and devoted students a **deeper teaching** than that promulgated in public.

For that purpose he conducts a correspondence course in **Christian Mysticism**. The General Secretary may admit applicants to the preliminary course, but **advancement** in the deeper degrees depends upon merit. It is for those alone who have been **tried**, and found true.

## How to Apply for Admission.

Anyone who is not engaged in fortune telling or similar methods of commercializing spiritual knowledge will **upon request** receive an application blank from the General Secretary Rosicrucian Fellowship. When this blank is returned properly filled, he may admit the applicant to instruction in either or both correspondence courses.



# How Shall We Know Christ

## WHEN HE COMES?

By Max Heindel  
30c post free

The title indicates sufficiently the scope of the book. It is direct and **to the point** like all the writings of this author.

## Foreign Translations

A number of books have been translated into different languages. The following may be obtained direct from Headquarters, post free.

### THE ROSICRUCIAN COSMO CONCEPTION

Spanish (3 vol).....\$3.00  
Dutch..... 2.50

### ROSICRUCIAN PHILOSOPHY

Spanish (3 vol).....\$3.00

### ROSICRUCIAN CHRISTIANITY

(20 lectures)

Spanish, each lecture.....10c

### SIMPLIFIED SCIENTIFIC ASTROLOGY

French edition.....50c

## Horoscope Blanks

Printed on good paper, letter size, 8 1/2 x 11 inches, with or without index or aspects, as ordered—10c per dozen; 35c per 50, or 65c per 100.

## Something for Nothing

This is not strictly true, but here are various *premium offers* and inducements to subscribers.

### WE WILL REFUND ALL YOU PAID FOR THIS MAGAZINE, OR MORE

Cut out the attached coupon, it is good for a 10c rebate on any 50c purchase of books. Thus, for one coupon and 40c you may get **The Message of the Stars**. Two coupons and 95c buy **The Rosicrucian Philosophy**. Three Coupons and \$1.20 buy **The Rosicrucian Cosmo-Conception**; in short, you save 20 per cent by using the coupons.

### THE ROSICRUCIAN COSMO-CONCEPTION GIVEN AWAY!

We are very desirous to carry the Rosicrucian

Teachings into **new** fields, and have therefore decided that we will give one copy of the *Rosicrucian Cosmo-Conception* to anyone who sends in five dollars (\$5) for five yearly subscriptions, or ten half-yearly subscriptions to this magazine. Provided, however, that **the said subscribers must be new**, not now on our list as correspondents or subscribers.

If you cannot get them all at once, send one at a time, and when the number is complete we will send this valuable book.

### YOUR CHILD'S HOROSCOPE

#### FREE!

We do not cast horoscopes for adults on any consideration; but **children are unsolved problems!** They have come to their parents for help and guidance, and it is of inestimable benefit to know their latent tendencies, that their good traits may be fostered and evil tendencies suppressed. Therefore **we will give each month a short delineation of character and tendencies of four children under 14 years** in the Astral Ray department of this magazine. **Parents who wish to take advantage of this opportunity must be YEARLY subscribers.**

### YOUR MAGAZINE FREE

Get three new subscribers, send us their names and three dollars, and we will give you a year's subscription gratis.

### MARRIAGE, MOTHERHOOD & VOCATIONAL ADVICE GIVEN TO YOUNG MEN & WOMEN

We are giving short readings for children under fourteen years of age, to help parents suppress faults and foster talents while the character is plastic. Life is still in the making for the young man or woman between fourteen and twenty-five years. They may also benefit by knowing what talents are latent, and what life work to select. We have therefore decided to give this advice so far as space permits. Each must wait his turn.

To obtain a vocational reading the parents, guardians or applicants must be **yearly** subscribers. Only one request from each subscriber will be entertained and unless it contains the following data it will be thrown out, for without this a horoscope cannot be cast.

(1) Birth-year, month, date and hour (as near as possible.)

(2) Birth-place—city, state or country.