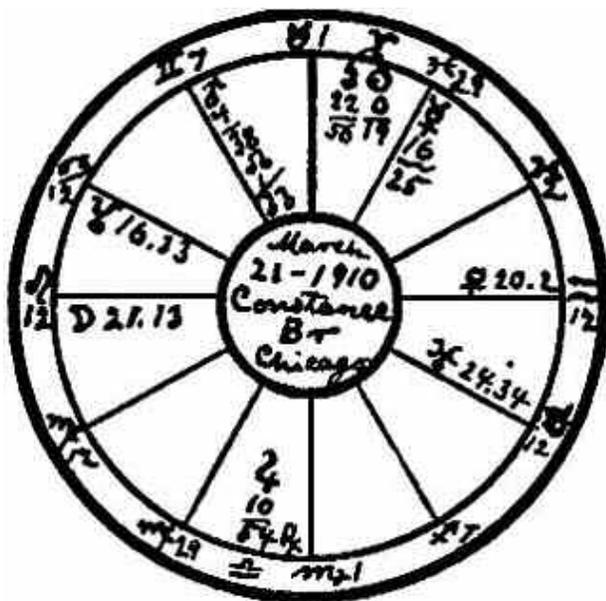


mation, the mind is really the only place where Saturn is directly beneficial. He holds down the flighty mind, and thereby makes it more usable for reasoning processes; and when he reins in the mind by a beneficent aspect, such as the sextile or the trine, we always have a very good, clear reasoner and a sensible person. Saturn in Aries, and Aries in the ninth house is a combination, however, that makes the mind somewhat melancholic. This may only appear so, because persons with this configuration have a mind



not in the slightest frivolous, but look always upon the serious side of life.

There are two aspects of Saturn in this horoscope which are not very good, however; namely, the square to Uranus and Neptune, particularly as Neptune is in the psychic sign Cancer and in the twelfth house, the house of sorrow and trouble. This gives a decided tendency to psychism and mediumship of a most undesirable nature, and it will therefore be well to watch that Constance is never

allowed to go to any spiritualistic seances or have anything to do with persons who have a mediumistic trait. For these practices are liable to wreck her whole life if she allows herself to indulge in them.

About the age of twenty-two, the Moon will reach the conjunction to Mars and Dragon's head, which has an influence like the Sun, in the tenth house. The Sun at the same time will have reached Saturn, which is Lord of the seventh house, denoting marriage. It will then also be sextile to Venus in the seventh house and trine to the Moon. This will mean that at that time she will find her mate and the result will probably be a marriage. But you must remember, Astrology does not concern itself with the legal union. It tells us only that there will be, at that time, a strong attraction to some one of opposite sex, an attraction of a nature that is likely to result in a life partnership.

Mars in Gemini, a Mercurial sign, and in conjunction with the benevolent Dragon's head in the tenth house, and the trine of the fiery planet to Jupiter in the third house, the sign of the lower mind or speech, will make Constance very quick-spoken, good at repartee, witty, but never vicious. The position of Mars in the tenth house usually lays a woman liable to slander; the trine to Jupiter shows that in this case there will be no foundation for the attacks upon her character and that she will be vindicated. However, the ounce of prevention is always better than the pound of cure, and it would be well for Constance to be schooled in comport-

ing herself in a manner that she will avoid even the slightest appearance of evil in her conduct.

With regard to health, we find that the Moon is in opposition to Venus from the sign of the heart, Leo. This shows that there is an obstruction of the venous circulation; and as Saturn governs the pneumogastric nerve and is positive in the sign of Aries, we may look for some obstruction there. This also will make her subject to sick headaches which will mostly be caused by gas on the stomach, owing to the fact that Saturn is square to Neptune in the sign of Cancer, which rules the stomach. From this source will come most of her trouble and it cannot be emphasized strongly enough that a rational diet of the simplest nature is the only

way to save her from becoming a dyspeptic. Start this very early in the home, but remember, do not you eat one kind of food while giving Constance another. Children are governed by *example*; if you give her something she considers not as good as what you eat, she will remember. And in later years, when she has grown away from under your control, the craving for the foods she saw you eat will assert itself. She will indulge; and the good effects of the care you have given her in her childhood will not avail her nearly so much. A very simple diet for the whole family will be the only efficient means to safeguard her digestion. No one is more miserable than a chronic dyspeptic and you can save her years of agony by heeding these directions.

A DREAM OF ROSES

By Blanche Cromartie

That Dreamer who has Mercury (B) and Venus (C) in Aquarius (Z) dreamed, and in her dream she saw, reaching on all sides to the horizon, a vast desert, entirely covered with stones; stones neither rare nor precious nor even picturesque, but misshapen, ugly, incrustated with soil and dust—a weary sight.

And the voice that speaks without words said to her:

“These stones are the souls in the world.” Thereupon the Dreamer turned her eyes heavenward and there beheld more beauty than the world of men’s souls dreamed, for in the blue vault there arose a vast cross, white and luminous, and its extremities seemed about burgeoning into flowers. From its center

beamed star-wise five streams of golden rays and hanging upon the Cross there seemed to be a wreath. But the Dreamer hardly heeded this, being engrossed by the wonder of the five pointed star, for its rays were more golden than the finest gold and each one, though myriad their number, was clear and individual, like a gleaming hair.

From the two lower star-streams the rays fell upon the stones and she saw that one ray went to every separate stone, to every stone one. And lo, they were stones no longer: everyone of them had become a rose.

And the voice that speaks without words said to her:

“See how these roses smell.”

And the Dreamer laughed at the thought

(continued on page 29)

Studies in The Rosicrucian Cosmo Conception

* * * * *

THE VITAL BODY

(Continued)

By Harry Wilson

During the Lemurian and Atlantean Epochs of our Earth's history man was involuntarily clairvoyant, and it was because at that time the vital body was not so firmly incorporated with the dense body (p. 241). Since then the vital body has become much more firmly interwoven with the dense body in the majority of people, but in all "sensitives" it is loose. It is that looseness which constitutes the difference between the psychic and the ordinary person, who is unconscious of all but the vibrations contacted by means of the five senses. All human beings have to pass through this period of close connection of the vehicles and experience the consequent limitation of consciousness.

In the Jupiter Period man will function in his vital body as he now does in his dense body; and as no development in nature is sudden, the process of separating the two bodies has already commenced. The vital body will then attain a

much higher degree of efficiency than the dense body of today. As it is a much more pliable vehicle, the spirit will then be able to use it in a manner impossible of realization in the case of the present dense vehicle (p. 242).

On page 422 of the *Cosmo* it is said that in the Jupiter Period the forces of the dense body will be superimposed upon the *completed vital body*. That vehicle will then possess the powers of the dense body in addition to its own faculties, and will therefore be a much more valuable instrument for the expression of the threefold spirit than if built from its own forces alone.

The Jupiter Period is the *Day of Manifestation* succeeding the Earth Period, and will mark the fourth stage of development of the vital body, just as the Earth Period marks the fourth stage of development of the dense body. The vital body will be man's densest vehicle in that Period, and was fashioned in the likeness of the present dense body so that it could become fitted for such use (p. 240).

On page 404 we learn that the higher life (Initiation) does not commence until certain work of the vital body begins. The

means used for bringing that into activity is *Love*, or rather *Altruism*. The former word has been so abused that it no longer conveys the meaning here required. During the old dispensation the path of Initiation was not free and open, except to the chosen few. The Hierophants of the Mysteries collected certain families about the Temples, setting them apart from all the other people. These chosen families were then rigorously guarded as to certain rites and ceremonies. Their marriages and sexual intercourse were regulated by the Hierophants. The effect of this was to produce a race having the proper degree of laxity between the dense and the vital bodies; also to awaken the desire body from its state of lethargy during sleep. Thus a special few were made fit for initiation and were given opportunities that could not be given to all.

The Mission of Christ, in addition to "saving the lost", was to make Initiation possible to all. By "taking away the sin of the world" (not of the individual), or purifying the desire body of our planet, the connection between all human desire and vital bodies has been loosened to such an extent that by *training* they become capable of separation. Therefore Initiation is now open to all (p. 482).

The training consists, in part, of certain retrospective exercises which, when faithfully and properly performed, bring about a union of the conscious and the subconscious mind. This enables the aspirant to voluntarily bring about the necessary separation of the vital body, and thus consciously and with safety leave the

dense body at will. He may then function in the higher worlds for the purpose of investigation and make use of the knowledge thus acquired to further his development.

These retrospective exercises, when practiced in accordance with the Rosicrucian method, will necessarily bring about a purification of our individual desire bodies, and we thus "pave the way" for individual advancement, as did THE CHRIST when He "took away the sins of the world", so that *Whosoever will may come*.

THE DESIRE BODY

The student of the *Rosicrucian Cosmo-Conception* who is looking for information regarding the desire body will first turn to page 540 of the *Cosmo*, where an alphabetical list of words and terms, used in this work, may be found. In that group, beginning with the letter "D", will be found "Desire Body" and opposite that name, "page 572". We turn to page 572 and find an index arranged topically, showing upon what page of the *Cosmo* references are made to the desire body. This index is a valuable aid to the student, and the above method, if followed, will help materially in the study of the Philosophy.

We have learned that during the first day of manifestation known as the Saturn Period, the Lords of Form implanted in the evolving life the germ which has developed our present dense body (p.206). We have also learned that in the

second day of manifestation, known as the Sun Period, the Lords of Wisdom radiated from their own bodies the germ of the vital body which has developed our present vital body, and making possible growth and propagation (p. 211).

Our index on page 572 first refers us to page 215, where it is said, in the third Revolution of the third day of manifestation or Moon Period, the Lords of Individuality radiated from themselves the substances which they helped the unconscious evolving man to appropriate and build into a germinal desire body. They also helped him to incorporate this germinal desire body in the compound vital and dense body which he already possessed.

We are at the present time in the fourth day of manifestation, or Earth Period. As the dense body was started in the first day or Saturn Period, we say that the dense body is now in its fourth stage of evolution. The vital body having been started in the second day or Sun Period is now said to be in its third stage of evolution. We then understand clearly what is meant when we say that the desire body is now in the second stage of its evolution. Its development at the present time is no greater than was that of our dense body in the Sun Period, and on page 78 is found the statement that the desire body and the mind are as yet mere clouds—almost entirely unorganized. The mind is a product of the Earth Period, and its development therefore cannot compare with that of the desire body, the desire body having the advantage in that respect of one com-

plete Period or stage of evolution.

During the life of man his desire body is not shaped like his dense and vital bodies. It has the appearance of a luminous ovoid, which in waking hours completely surrounds the dense body as the albumen does the yolk of an egg. It extends from twelve to sixteen inches beyond the dense body. It also interpenetrates both the vital and dense bodies (p. 67).

We have a dense body, which is necessary as an instrument of action. We have a vital body, by which the power of motion, necessary to action, is transmitted to the dense body. We have a desire body in order that there may be incentive to action (p. 28).

As shown in the diagram on page 54, the desire body is composed of the substance of the Desire World. On pages 38 and 39 we find that as the Chemical Region is the realm of form and as the Etheric Region is the home of the forces carrying on life activities in those forms, enabling them to live, move, and propagate, so the forces in the Desire World, working in the quickened dense body, impel it to move in this or that direction.

If there were only the activities of the Chemical and Etheric Regions of the Physical World, there would be forms having life, able to move, but with no incentive for so doing. This incentive is supplied by the cosmic forces active in the Desire World, and without this activity playing through every fibre of the vitalized body, urging action in this direction or that, there would be no experience and no moral growth. The functions of

the different ethers would take care of the growth of the form, but the moral growth would be entirely lacking. Evolution would be an impossibility, both as to form and life; for it is only in response to the acquirements of spiritual growth that forms evolve to higher states. Thus we see at once the great importance of this realm of nature (p 89).

Desires, wishes, passions, and feeling express themselves in the matter of the different regions of the Desire World, as form and feature express themselves in the Chemical Region of the Physical World. They take forms which last for a longer or shorter time, according to the intensity of the desire, wish, or feeling embodied in them. In the Desire World the distinction between the forces and the matter is not so definite and apparent as in the Physical World. One might almost say that here the ideas of force and matter are identical or interchangeable. It is not quite so, but we may say that to a certain extent the Desire World consists of force-matter (p 39).

The Desire World is the desire body of our Planet, the Earth. The fact that animals and man may roam over the Earth's surface is due to their desire to do so. This, the mineral and plant cannot do, as explained upon pages 64 and 65. Here we learn that both minerals and plants lack the separate desire body. They are permeated only by the planetary desire body, the Desire World. Lacking the separate vehicle, they are incapable of feeling, desire, and emotion, which are faculties pertaining to the Desire World. When a

stone is broken, it does not feel; but it would be wrong to infer that there is no feeling connected with such an action. That is the materialistic view, or the view taken by the uncomprehending multitude. The occult scientist knows that there is no act, great or small, which is not felt throughout the universe, and even though the stone, because it has no separate desire body, cannot feel, the Spirit of the Earth feels, because it is the Earth's desire body that permeates the stone. When a man cuts his finger, the finger, having no separate desire body, does not feel the pain, but the man does, because it is his desire body which permeates the finger. If a plant is torn up by the roots, it is felt by the Spirit of the Earth as a man would feel if a hair were torn from his head. The Earth is a living, feeling body, and all the forms which are without separate desire bodies through which their informing spirits may experience feeling, are included in the desire body of the Earth, and that desire body has feeling. The breaking of a stone and the breaking off of flowers are productive of pleasure to the Earth, while the pulling out of plants by the roots causes pain.

The planetary Desire World pulsates through the dense and vital bodies of animal and man in the same way that it penetrates the mineral and plant; but in addition to this, animal and man have separate desire bodies, which enable them to feel desire, emotion, and passion. There is a difference however: The desire body of the animal is built entirely of the material of the denser regions of the Desire World,

rents outward, and we see the beginning of passionate existence and warm blood. It is the warm, red blood in the liver of the organism sufficiently evolved to have an indwelling spirit which energizes the outgoing currents of desire stuff that cause the animal or the man to display desire and passion. In the case of the animal, the spirit is not yet entirely indwelling. It does not become so until the points in the vital body and the dense body come into correspondence, as explained in Chapter XII, page 292 of the *Cosmo*. For this reason the animal is not a "liver," that is, he does not live as completely as does man, not being capable of as fine desires and emotions, because not as fully conscious. The mammalia of today are on a higher plane than was man at the animal stage of his evolution, because they have warm, red blood, which man did not have at that stage. This difference in status is accounted for by the spiral path of evolution, which also accounts for the fact that man is a higher type of humanity than the present Angels were in their human stage. The present mammalia, which have in their animal stage attained to the possession of warm, red blood, and are therefore capable of experiencing desire and emotion to some extent, will, in the Jupiter Period (the 5th day of manifestation which succeeds the Earth Period) be a purer and better type of humanity than we are now, while from among our present humanity there will be some, even in the Jupiter Period, who will be openly and avowedly wicked. Moreover, they will not be able to conceal their passions, as is

now possible, but will be unabashed about their evil-doing (pp 69 and 70).

(To be continued)

A DREAM OF ROSES

(Continued from page 23)

thought that perfume could be seen.

The surface or the world was now completely covered with roses and she saw how, in response to the rays from the star, each rose (which had been a stone) sent an answering ray, not pure golden-bright, like those shed by the star, but rays of colors, hues, beautiful exceedingly and endlessly varied. For every rose sent its own responsive ray and no two were alike, for all the colors of Dreamland were there, matchless in beauty and variety, far beyond any which are seen by those who think they are awake!

The rays from the roses reflected to their source and fell upon the wreath of roses which hung upon the Cross.

And just as the rays from the Cross had changed the stones to roses, so now the rays from the roses worked a wondrous transformation, for, as they touched them, the Dreamer saw no rose-wreath but a halo formed of celestial beings like glowing fire, which whirled and turned like wheels, so exquisitely bright that for very joy the Dreamer awoke.

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Nutrition and Health

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ALCOHOL CONTROL IN SWEDEN

Harry Brook, in *Brain and Brawn*

From one of the most drunken nations in Europe, Sweden has become one of the most sober. Fifty years ago a self-appointed commission was organized to investigate the alcohol traffic. With Scandinavian thoroughness, the commission took a year to prepare its report. This report emphasized the right of men to satisfy their appetites, while also affirming the right of governments to control the liquor traffic, when they threaten to interfere with the welfare of society. The result was the formation of a private corporation, in Gothenburg, to take over the traffic. Among the stockholders was the King of Sweden. Profits of the corporation were limited to five per cent, all profit above that percentage to be used for benevolent purposes, including schools, libraries, workmen's houses, vacation colonies, meals for school children, workmen's reading and waiting rooms, public concerts and outdoor music, houses for consumptives, children's hospitals, out-door sports, sailors' homes and parks, a large percentage to go to financing a campaign against alcohol. Thus, every time a man takes a drink in Sweden, he is aiding in fighting the liquor traffic.

In 1863, when Gothenburg had 30,000 population, there were 200 saloons. Now, with 190,000 population, there are 14. In these places only one drink is sold to a customer within 30 minutes. The nearest liquor establishment is half a mile away, so that a man will have a chance to sober up between drinks, if he walks from one to another. The saloons are severely plain, but clean. The barkeeper has to be a tee-totaller. Over the bar are pictures, showing a drunkard's liver, and so forth, instead of the "Venus at the Bath," that you are likely to see in American "liquor emporiums". Then there are cheerful notices reading: "The drink you hold in your hand is poison," and so forth. The barkeeper is interested in the sale of soft drinks. An archway leads into the apartment where these are sold. Here everything is quite different. The room is comfortably furnished with rugs, easy chairs, tables and pictures. There are cards and checker tables. Here are served tea, coffee, chocolate, and several kinds of soft drink, including—note this—a light beer like American lager beer, which is less than half as strong as English ale. This is regarded as a temperance beverage. The fact being recognized that men in this strenuous age will partake of some kind of stimulant, they are encouraged to take beer instead spirits.

This system has been extended to all

parts of Sweden and Norway, except in a few provinces, and in those they have total prohibition. The result has been that drunkenness in Sweden has decreased 55 per cent and crime 45 per cent. In 1874, 27 liters of liquor per capita were sold in Sweden; in 1909, 10 ½ liters. Before adoption of this system there were 213 saloons to 100,000 inhabitants; now there are 84. Deaths from alcoholism have been reduced from 34 to 8 per 10,000 inhabitants.

The Swedes have many other good customs. For instance, physical education. Even the condemned criminal has to do his "stunts," up to the day of his execution. Then there are government pawn shops, tending to decrease vice, crime and drunkenness.

The Forestry Commission supplied last year \$13,250,000 worth of products, yet accumulated timber resources equal to twice that amount in timber felled. Over the entrance to the University of Upsala is a legend from the Icelandic Eddas, which reads: "Free thinking is great; right thinking is greater." Swimming is compulsory in the schools of Sweden; in other words, every boy and girl in Sweden must learn to swim.

In no country, not even in the United States, do women exercise a wider influence, direct and indirect, in the home, the school, the church, and upon the platform. Sweden was the first country to recognize equal property rights for women.

The Rosicrucian Motto: A Sane Mind,
A Soft Heart, A Sound Body!

A MENU FROM MOUNT ECCLESIA

Breakfast, 7:30 A. M.

Baked Pears
Rolled Oats and Cream
Whole-Wheat Gems, Butter and Honey
Coffee or Milk

Dinner, 12 M.

Stuffed Cucumbers
Escalloped Salsify or Vegetable Oyster
Buttered Noodles
Whole Wheat Bread, Butter and Honey
Milk

Supper, 5:30 P. M.

Stuffed Ripe Tomatoes with Cabbage
Sponge Cake, Olives
Hot White Flour Biscuit
Butter and Honey Milk or Tea

RECIPES

STUFFED CUCUMBERS

Take medium sized cucumbers, peel and cut in two lengthwise; remove inside pulp and seed, stuff with mashed potatoes, grate cheese over same, place stuffed halves in buttered pan, sprinkle with salt, place in oven and bake for twenty minutes. Serve with brown sauce.

ESCALLOPED SALSIFY

Wash, scrape, cut in pieces two cups of Salsify roots: keep well covered with cold water until ready to cook, so as to keep the colour; place in enough water to keep from burning; just before tender, salt lightly; drain, oil a shallow baking pan, place salsify in layers, sprinkle with bread or cracker crumbs between each layer, cover with cream sauce, bake until brown.

BUTTERED NOODLES

Place one pint flour in shallow dish; with a spoon make a hole in centre, break two eggs into this with a little salt, mix the egg with the flour as long as the spoon will permit, making as stiff as bread, then work with hands till as stiff as possible; roll with rolling pin into a thin sheet, allowing it to dry on baking board until it can be rolled without sticking. Cut into fine strips. Have a dish of water salted lightly and at the boiling point; sprinkle the dry noodles lightly into this boiling water and allow to boil for 15 minutes; drain, place in serving dish and sprinkle with bread crumbs that have been fried and browned in butter.

HOT WATER SPONGE CAKE

Break four eggs into a dish, beat well for 15 minutes, add 2/3 cup of sugar, beat while adding 2 tablespoons of hot water and 1/4 teaspoon vanilla flavor. Beat into this one cup flour, one tablespoon corn starch (which first mix). Bake in slow oven.

STUFFED RIPE TOMATOES WITH CABBAGE

Wash selected ripe tomatoes, hollow out from stem end; stuff with slaw prepared by slicing crisp cabbage, 1 1/4 cups mixed with 1/2 cup chopped English walnuts. Place on plate garnished with parsley leaves, with one spoonful of mayonnaise dressing on top.

WHEN FOOD BECOMES A POISON

No food that is used by man is a poison per se. If it becomes a poison, it must be when it has undergone the change of decay which renders it unfit for food: or when it is eaten beyond the digestive capacity, and is forced into an artificial decay; or the system so enervated that it has not power to rid itself of the eliminative products, and they are retained to further poison and enervate.

—J. H. Tilden, M.D., in *Food*

STARCH POISONING

Experiments conducted in Georgia and in Mississippi have confirmed the theory of United States public health service officials that pellagra is caused by eating too much starchy food.

There is no doubt that excessive eating of starchy food is harmful and a safe, wholesome diet must include a large percentage of fresh vegetables, cooked or raw, ripe fruit, as well as milk and milk products.

The excessive use of flesh meat and starchy foods has been and is the cause of much disease and suffering.

Healing Department

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A CASE OF OBSESSION

By W. Stuart Leech, M. D., in *Medical Progress*

In several recently published articles on obsession, I mentioned two classes; viz., demoniacal and elemental. The latter is an obsession or a possession of the patient's faculties, to a greater or lesser extent, by an invisible (spiritual) entity. There may or there may not be lucid intervals, but in the case recorded below they were numerous. In the occult, I do not pretend to be anything even approaching mastership, but there are lots of things I can give first-hand knowledge on.

It is not in the province of this brief article to describe the motives and the origin of such entities as elementals and nature spirits, nor will we enter into any of the higher planes to describe the form or chemical make-up of the elementals. The elemental is the simplest of all outside influences that obsess and it is the first real live outside influence or real being with which the astro-medical diagnostician will come in contact.

The real material make-up of the elemental is of one element, whence its name. It is well for the reader to remember that we are here speaking of the vibrations that are higher than the everyday physical, and that a full description of the elemental would carry us into a

prolonged dissertation of the forces that work along the negative and the positive poles or the four ethers. Suffice it to say here that the elemental has real form and possesses life, mostly gained from his poor, human victim. The casuist may demand proof of this statement before going further. I reply that it is self-demonstrable and that the road to truth and learning is open to any who is willing to pay the price. This price, however, is not money, and if the searcher is absolutely materialistic, he will do well to read the *Kybalion* or like literature before making further medical research.

It is well to remember that the most fundamental thing in the plant is invisible to physical eyes. Supersensible knowledge is accessible to all those who search diligently and persistently.

In reporting this case we will hold ourselves as much to the physical side as is compatible with the subject, and will describe this an actual typical case of elemental obsession. Enter any institution for the insane in the land and many like cases can be found. You may argue as you please and deride to your heart's content, but the truth will not be changed to suit any of our preconceived opinions.

Mrs. H., aged 26, wife of an honest mechanic; mother of three children; blond, with some marks of feminine beauty; medium size, fairly well built; came from an intelligent but neurotic

family, her father having died in an institution for the insane; lungs and heart in good condition, and no specific history. She was neat, industrious, and naturally of a cheerful disposition. During the last confinement, labor was completed in less than an hour under the able management of Dr. Muir, who attended her many times during the seven weeks following. The first week of the lying-in period she did splendidly. After about the ninth day she began to have peculiar nervous attacks of vague apprehension of danger to her well-being. There was no fever at any time. Dr. Muir, in some subtle manner, worked the case off on to me at the beginning of the eighth week. I was first called January 19th, at five o'clock in the afternoon, and found her sitting in bed holding a hot water bag to her left breast, hair dishevelled, her face displaying a maniacal expression; not a wink of the eyelids; eyes sunken in sockets, pupils dilated; hands and feet cold, showing disturbed circulation, although the room was comfortably warm; heart beat was slow, feeble but regular. Both pupils were dilated and persistently refused to contract under the influence, of either light, hyoscyamus, strychnine or bromides. Her conversation was without reason and she was apprehensive lest she would immediately die, and would repeatedly ask the same question of the attendants as to her approaching death. Regardless of the assurances to the contrary, she would inquire a hundred times or more a day if her heart was going to stop or if she would ever recover. She

was rapidly becoming bedridden and any court of insanity would have unhesitatingly adjudged a fit subject for a State institution. Her heart reacted to a hypodermic of strychnine; but the pupils, the windows of the soul (Ego) would not yield to any stimulant that I applied.

There were various metastatic nervous sensations simulating an impish brand of hysteria. The medical attendant can sense a warmer feeling or atmosphere when in the presence of the ordinary case of hysteria, be it the impish or the apish variety.

Her lucid intervals were slightly noticeable. The pentabromides produced fairly good sleep, although more or less disturbed by dreams which were of significance to any psycho-analyst.

Besides the hypodermic administration of Hys. Hydro. and the nocturnal dosage of pentabromides, I prescribed a bitter tonic, to be taken after meals. I determined to do all that was in my power as a physician to save her from the asylum; but the more I was doing, the more serious grew the symptoms, until the third day, when I decided that the diagnosis could be modified or changed from that of nervous prostration to a plain case of elemental obsession, which had its psycho-neurotic symptoms produced by a factor beyond the visible physical. The pupils and attitude were pathognemonic.

In this extremity a super-physical treatment was begun to dispossess her of the obsessing entity. It is not expedient to give to the public the super-physical part of the treatment at this time. Almost immediately the iris began to play as it

were, or to *react in spots*, the lucid intervals became longer, and within ten days the whole pupil had taken on a normal aspect. Within 36 hours of the beginning of the modified treatment, a confession came from the patient. She stated that from the age of five she had practiced self-abuse and had continued this sexual perversion at intervals throughout life; also had practiced it twice since her last confinement.

The symptoms were the direct manifestation of this elemental which functioned on the ethereal plane. As an unseen vampire it had grown great and was robbing this fair mother of her very life principle. Unaided, she was powerless to rid herself of this nature spirit.

There is no need of elaborating on the treatment as long as there is bias in the diagnostic judgment of the reader. In making a diagnosis, it is well for us to go slow in all neurotic cases, for we must first make sure that the symptoms have no physical origin, and that *there can be no obsession in toto without pupillary dilation*. It is easy to realize that to make no error in the diagnosis in these cases is of paramount importance to the reputation of the diagnostician and of serious import to the poor patient. In reality, the names hysteria, neurasthenia and psycho-neurosis are vain subterfuges, used to cover the multitudes of our ignorance.

Stated briefly, the patient had a neurotic predisposition, a hostile environment, the stress of motherhood; and an evil practice further weakened the physical and mental possession, thereby provid-

ing an ideal condition as an invitation to outside influence. The elemental obtained an area of consciousness from her at an early date, and as her acts were a surrender of life to the elemental it grew great, feeding on the *life ether* and was able to obtain possession of more areas of her consciousness. By and by the elemental became the greatest thing within the temple, dethroning the human Ego from its throne of reason.

N. B.—Although the patient is able to attend to her household duties, she is still kept under medical observation.

WHERE THE BATTLE RAGED FIERCEST THE ROSES WILL BLOOM

A VISION BY L.H.M.B.

I look, and behold a plain on which a terrible struggle is raging. The nations of the earth are gathered together to slay and to destroy. The fiercest passions contend there; the most diabolical instruments of death and destruction that the hands of man can fashion are there ranged against one another. The air is filled with the thunder of cannon, the cries of the wounded and dying, and red is the ground with the blood of the slain. Then the smoke rises up, and blots out my view.

I look again, and behold! All is still. It is evening, and the desolate country is covered with a garment of snow. The earth is at peace. Beyond the snow-clad hills the rising moon casts her silver glow upon the plain.

Once more I look, and behold! It is spring-time. The sun rises in all his beauty and splendor, and sheds his radiance o'er the earth. The air is filled with the song of birds and the humming of bees. There, where so recently fierce passions raged and the clamor of battle, the spring flowers now grow up and smile at the Sun; the roses and honey-suckle bloom upon the hedges; the lark soars upwards singing, and leaping in his joy as he sings.

The same Healing Spirit works in Nature and in the heart of man. There is no wrong that It cannot right, no wound that It cannot heal. It is the Eternal Youth within us, It is the Beauty that never fades nor perishes, the Love that never wearies nor grows old. Out of the wreck and ruin of a war-worn world It whispers still. "Behold I make all things new."

THE ROSY CROSS HEALING CIRCLE

Meets as usual about half past seven in the evening of the days when the Moon enters Cardinal Signs of the Zodiac for the purpose of preparing, by spiritual alchemy, a healing force which is then sent out into the world to aid all who call upon us in their distress—physical, mental or spiritual.

Only a few of the workers are privileged to be present in body, but thousands of faithful friends who are scattered all over the world go into the silence and join us in spirit. Thus a powerful dynamic current is generated for

use by the Elder Brothers and the Invisible Helpers. The results obtained are marvellous, to say the least. The dates of these meetings are as follows:

November 4, 10, 16, 24
December 1, 7, 14, 21, 29

We append a few letters from those who have been helped by *The Father* through our method.

Mountain Home, Ida
July 28, 1915

The Rosicrucian Fellowship
Oceanside, Calif.

Dear Friends:

I have not been writing my weekly letters to the healing department for I have been feeling so well I thought it was not necessary. Should I feel any return of the cough, I would be very glad to continue my letters.

Sincerely yours,

Mrs. G. M.

Kerman, Calif
Sept. 1, 1915

Mr. Heindel,

Dear Sir, Just a few lines this morning to tell you that I feel I am improving. My hands are much better. In fact they haven't given me any trouble at all for some time.

I wish to thank you for the wonderful help you are giving me and hope to be able sometime to contribute more to the work than at present as it is surely a wonderful work.

Very Sincerely

Mrs. V. M. L. E.

Echoes from Mt. Ecclesia

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ROSICRUCIAN FELLOWSHIP BOOTH PANAMA PACIFIC EXPOSITION

The activities of the booth were pleasantly stimulated in July by a visit of the General Secretary and his family who spent three days with us on their way to Oceanside. We have since learned of their safe arrival there and are hoping for another visit in August or September.

The Palace of Education, where the Fellowship Booth is located, has certain characteristics which distinguish it from the other Palaces. It is more especially the Palace of Ideas for the Betterment of Humanity. Within it are represented the varied ideas of thinking men and women for ideals in education, living and religion.

Back of the exhibits stands the state or institution. New York alone has spent one hundred and fifty thousand dollars in this Palace, representing her growth in Hospitals, Prison reform and schools, etc. Massachusetts has done the same, and other states in proportion.

There is a Booth representing the Sanatorium of Arequipa for the care of Tuberculosis patients; one showing the child welfare work, and a model school demonstrating the great Montessori system of education. While scattered though the Palace are the Federated churches and varied cults, and our own modest

Booth, all associated in harmonious promulgation of our Ideals. We all visit each other and I am glad to say that not only the President of our Palace but many of the most important exhibitors have visited our Booth, not only once but several times to learn more of this philosophy. I was one of several invited to meet Madame Montessori because of our teaching regarding the sacredness of Free Will and our appreciation of what this great educator is trying to bring into the method of teaching.

The spirit of commercialism is conspicuously absent from this Palace and generally speaking it is the resort of the thoughtful and thinking people who come to the Fair.

This week we had a most delightful call from the California poet Edwin Markham, who spent over four hours asking questions and listening with close attention to the answers given. He carried away every thing I had to give away and I presented him with a copy of the *Cosmo-Conception* which he expressed a desire to own. The Booth has never had a more interesting visitor.

We have had a call from the Director of the Lowe Astronomical Observatory, Mr. Edgar Lucien Larkin, author of, *Within the Mind Maze*, who took a few of us over to see the Carnegie Exhibit of the work done at the Wilson Observatory

and explained the photographs made of the heavens, marvellous beyond words.

So the days go, filled with work and the opportunity to explain as best we may this philosophy and give the spiritual interpretation of the Christian Religion.

We are most glad to meet any student who comes to the Fair and hope they will always look us up.

In Fellowship,
Annet C. Rich

ECCLESIA DRIVE

In December 1909 we made a main artery on Mt. Ecclesia, a beautiful wide winding drive, which we completed for about nine hundred feet, and planted, with large palms on both sides, which we had bought from a nursery in Oceanside. But for a year the sea breeze which blows in the middle of the day on Mt. Ecclesia proved too strong for the poor palms, and they had a hard time to accommodate themselves, now however they have grown strong and sturdy, and everything is looking well. We are afraid however, to try another experiment of the same sort and therefore we have started a nursery and planted several hundred palms of different kinds. These will grow up native to the soil, accustomed to the winds from babyhood on, and next year, when we extend Ecclesia Drive, as we call our main road, around to Ecclesia Point, where the Ecclesia is to be built, we will also plant these little baby palms so that when the Ecclesia is completed there will be a nice vegetation to set off the beautiful building.

LIVING WATER

Last month the writer went to Los Angeles on Business and there accidentally ran across the most efficient and simplest water purifier he has ever seen. The two wires from an electric lighting circuit were connected to two aluminum rods set in a piece of wood, these rods were three-eighths of an inch thick and about twelve inches long. The instrument was suspended in a glass vessel of water and the current was then turned on.

All California water contains alkali in varying degrees and there is probably no water except that melted from freshly fallen snow that has not been in contact with the ground, that is absolutely pure.

But an experiment with this simple instrument was sufficient to show its ability to purify even very hard water. When the current was turned on, a white precipitate became visible at once and in about two minutes the water was milky white. The current was then turned off and the instrument taken out, gradually the cloudiness disappeared and the white precipitate raised first to the top and later it gradually fell to the bottom of the vessel, leaving, above a quantity of water so pure, so sparkling, and so soft that we have never seen its like, it tasted just like snow water.

The device is not patented as it is merely the old principle of attaching metal electrodes to an electric circuit, and the purpose of an invention can not be patented. Therefore, we at once secured three pairs of aluminum rods and made three instruments for use on Mt. Ecclesia.

We are now enjoying the purest water in the world for cooking, drinking and minor household purposes. We can, with our present outfit, make 100 gallons of pure water per day and this is living water, it is not like the distilled water that has been superheated into steam and then condensed. In that process all the beneficial salts are removed and the water is dead.

SUPERIOR CHILDREN

Did you ever realize that a superior set of children are growing up around us? It has always been a source of great pleasure to the writer to watch the children in schools when he has been so fortunate as to pass by at recess. The type of the heads, the luster of the eyes, the shape of the limbs and body. It is a different race from our own. And the aesthetic standards these children have, standards that are far above those of their elders, is something wonderful. The father of Don B., whose horoscope was given in last issue, told the writer that two years ago Don whipped a boy larger than himself because this boy had taught Don's small brother how to cheat in the school. Once upon a time, not so long ago, it was counted legitimate to "get all you can," get it honestly if possible, but get it. The rays of Neptune and Uranus in their configurations during the past eight or ten years have made a very different standard among the people now being born into the world, and it is the opinion of the writer that in 1920-25 we will see a great revolution in the methods of business, politics and the whole social structure, when this rising generation begins to

make itself felt. The new blood is bound to purge the old impurities, for even from the selfish point of expediency, which decrees that "honesty is the policy," we feel sure that there will be a revolution of ideas and ideals in every department of our social and moral standards.

THE MAIN CHANCE

But, by the way, that does not mean that we think the youngsters of today are not awake to what is called "the main chance", or money getting, as before. They are keener in that respect also. In this connection the writer told a story to the students who came here two years ago at the opening of the school. He related how one day when it poured, rained is too mild a word, in Los Angeles, about ten years ago, the drains were unable to take care of the water and this rose to a height of about one foot or more in the streets, making it impossible for the passengers who wanted to use the street-cars to cross from the sidewalks to the street-cars without getting wet. Some youngsters seeing a chance to make money, hauled several benches from Central park to Sixth Street and there made a bridge from the curb to the street-car tracks and stood by taking toll from all passengers who desired to cross dryshod. That is what you may call catching opportunity by the forelock. But that is not the end of the story, not quite at any rate; for among the audience who listened to that story was a youngster with literary ambitions, who was spending all his spare time concocting stories and perpetrating them on magazine Editors.

Many came back, but occasionally he landed a check, for there is no doubt he was smart, and the other day he told the writer that the story about the boys and the benches, making a bridge for the flood passengers who wanted to cross from the curb to the cars or vice versa, had been opportunity to him also. He had written it up and sold it for a good price to an Editor. Who says there are no opportunities in the world? Just keep your eyes open and you will find them on every hand. If the writer had had the time to devote to it and the sense to see the opportunity that Donald Rockwell had, he might have written it up himself and devoted the proceeds to the Ecclesia fund. It makes us sigh to think what we lost, but we are proud of Donald just the same.

The Circulation list of the magazine is climbing. Our Pasadena friend, Bessie Campbell, went to her news dealer and induced him to take ten copies each month. She was going to send her friends around to get some but when they got there, strangers had already exhausted the supply.

Friend Pantaky in New York is also on the move. He got Brentanos Book Store, a very large New York Concern, to order ten magazines each month, and now he is working with the Concern that controls the news stands on the New York Subway and Elevated Railroads, millions of people pass over these lines every day and they have one-hundred-ten news stands. The news agents have made a very favorable proposition which calls

for about eleven-hundred copies per month and we will try to get together with them. How about you, are you doing what you can to further the spread of the teachings, by getting subscribers? Don't forget to talk to your news dealer and see if you cannot induce him to order a few copies each month. Every little helps.

WILL YOU HELP US?

How would you like to help work in the office of Mount Ecclesia? You may not be able to be there in person but you can help if you want to, and this is the way: Every time you send in a lesson letter, or communication of whatever kind, write your name very, very, very plainly and your full and complete address on this paper, for every month our office force spends hours and hours walking many thousand steps to the card cases to hunt up the addresses of those to whom we write.

And in this manner, if you will only help them, you can save them all this unnecessary labor.

We have some Gentlemen's "lapel buttons" with the Rosicrucian Emblem at 30 cents each. The style with "stickpin" as worn by ladies is exhausted.

YOUR CHILD'S HOROSCOPE

Did you notice our offer to cast your child's horoscope? Read it in the front part of the magazine, and if you want to take advantage of it, send us his or her Name, Birth-year, date, hour, and place. There are *five items*, do not forget any of them, or we cannot cast the horoscope and your request will be thrown out.